UNICOI COUNTY

6th-Grade Student Survey

2022-2023 Results

UNICOI COUNTY SCHOOLS

UNICOI COUNTY Prevention COALITION

Uniting the Community Through Prevention & Change

EMT

EVALUATION • MANAGEMENT • TRAINING

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Introduction

Since the 2018-2019 school year, the Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS), Division of Substance Abuse Services (DSAS), has supported a biennial school-based survey assessing the extent of alcohol, drug, and tobacco use and prescription drug misuse as well as related behavioral health measures among 8th-, 10th-, and 12th-grade public school students. This survey, known as the Tennessee Together (TN Together) survey, provides counties with local-level data on youth in their schools so that they may provide targeted prevention and intervention efforts.

In the 2022-2023 school year, the Unicoi County Prevention Coalition (UCPC) identified a community need to better understand substance use patterns and related behaviors of Unicoi County's 6th-grade students. Subsequently, UCPC partnered with EMT Associates, Inc. (EMT)—a Tennessee-based survey research and evaluation firm—to conduct the Unicoi County 6th-Grade Student Survey. This survey was adapted from the TN Together Student Survey for a 6th-grade population and included an expanded set up vaping measures to better understand this population's vaping-related beliefs and behaviors. The Unicoi County 6th-Grade Student Survey captured student responses on the following measures:

- Lifetime and past 30-day alcohol, tobacco, vaping, and prescription drug misuse;
- Age of initiation of alcohol, tobacco, vaping and prescription drug misuse;
- Thoughts about vaping and vaping behaviors;
- Ease of access to substances and methods of obtaining substances;
- Riding in a car with someone who is under the influence of alcohol or prescription drugs;
- Peer substance use;
- Personal, peer, and parental approval of substance use;
- Perceived risk of substance use;
- Psychological distress;
- Family communication about substance use; and
- Exposure to prevention messaging regarding the dangers of prescription drug misuse and exposure to other messaging promotion substance use.

This report is organized into three sections. The first section provides a brief discussion of the survey sampling, administration and analytical methods used to generate report findings. The second section describes the demographic composition of students included in the unweighted sample. Finally, the third section of the report graphically summarizes weighted survey responses in a series of tables and charts disaggregated by student gender.

Survey Methods

The 2022-2023 Unicoi County 6th-Grade Student Survey was administered to all 6th-grade students whose parents provided passive consent and who were enrolled in Unicoi Middle School in March of 2023. The final Unicoi County 6th-Grade Student Survey sample included 128 6th-grade Unicoi Middle School students. Based on school enrollment data from The National Center for Education Statistics (NCES, 2021-2022 school year), this represents a response rate of approximately 88%.

Survey Instrument and Administration

The Unicoi County 6th-Grade Student Survey was comprised of items measuring lifetime and past-month prevalence of tobacco, vaping, alcohol and other drug use, access to alcohol and prescription drugs, norms of approval, perception of risk, psychological distress, communication with parents, and exposure to substance use messaging. Unicoi Middle School administered the survey online, with guidance provided by EMT that was designed to assure the protection of student and parental privacy rights and maintain confidentiality. Students were surveyed only with the consent of their parents or guardians with Unicoi Middle School choosing to employ passive parental consent. Additionally, each student's participation was voluntary. No identifying student level information was solicited on this survey and, as such, all student data is anonymous.

Data Cleaning and Restructuring

Data cleaning consisted of checking for item nonresponse, checking for logical inconsistencies (i.e., the response to one item contradicted the response to another), recoding variables from categorical to dichotomous, and constructing key outcome variables. Please contact lacey@emt.org for a full Data Codebook and/or more information about how data was cleaned and recoded for reporting purposes.

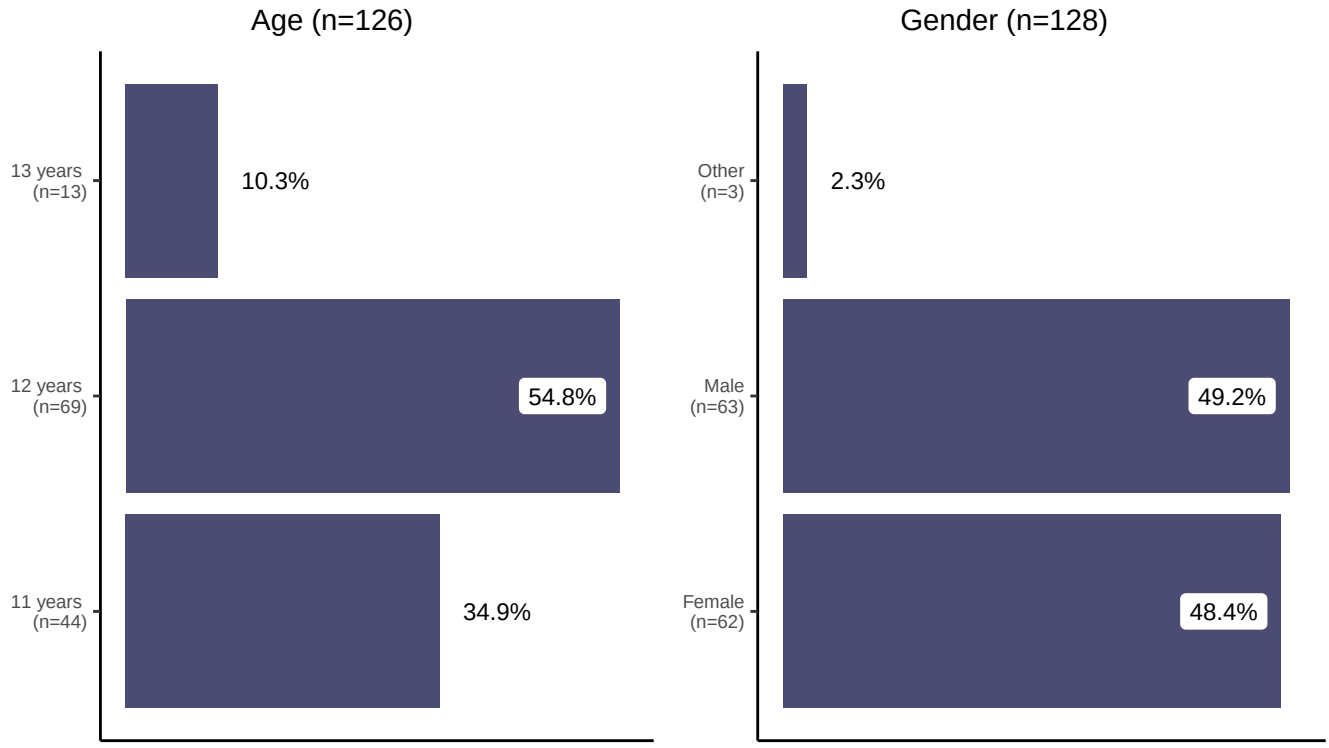
Limitations of the Data

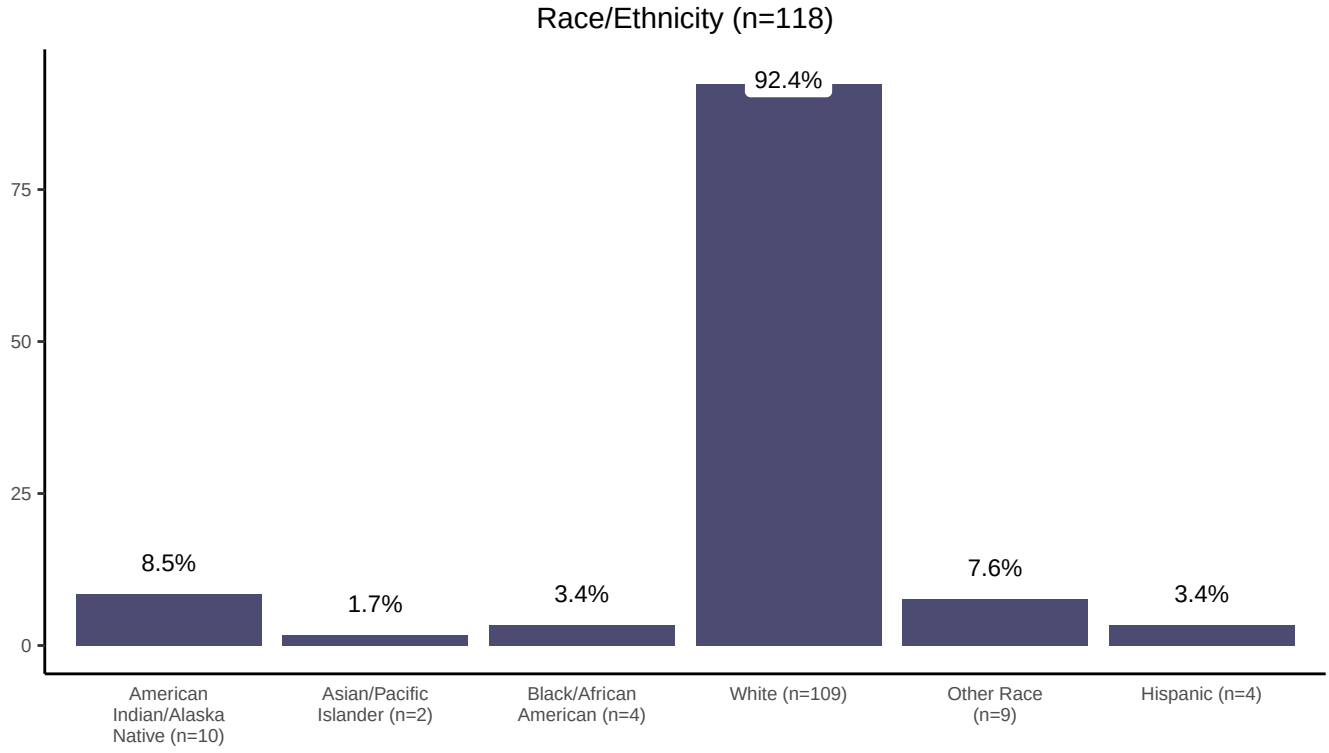
The findings in this report apply only to 6th-grade students who attend Unicoi Middle School, and therefore are not representative of all youth in this age group.

Weighting

Post-stratification weighting of survey responses by gender was used to adjust for student nonresponse. The overall weights were scaled so that the weighted count of students equaled the total enrolled 6th-grade population in the county, and the weighted proportions of students by gender matched the county population proportions. Therefore, weighted estimates are representative of all 6th-grade students attending Unicoi Middle School. Enrollment data from the National Center for Education Statistics (NCES, 2020-2021 school year) were used to estimate the school population. To account for the complex sampling designs, statistical analyses were conducted on the weighted data using R software. Prevalence estimates and confidence intervals (95% CI) were computed for all variables.

Demographic Characteristics of the Unweighted Sample





Note: For Race/Ethnicity students could select multiple options, so the sum of all race/ethnic categories reported may exceed the overall sample size.

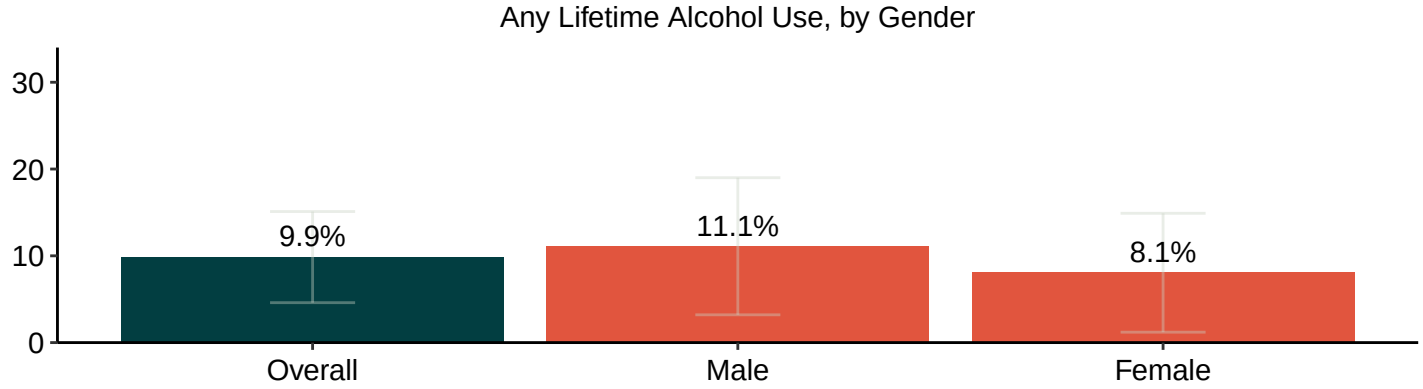
Lifetime Substance Use

Lifetime substance use was defined as using a substance at least once. Students were asked a yes or no question, "Have you ever used..." for each substance.

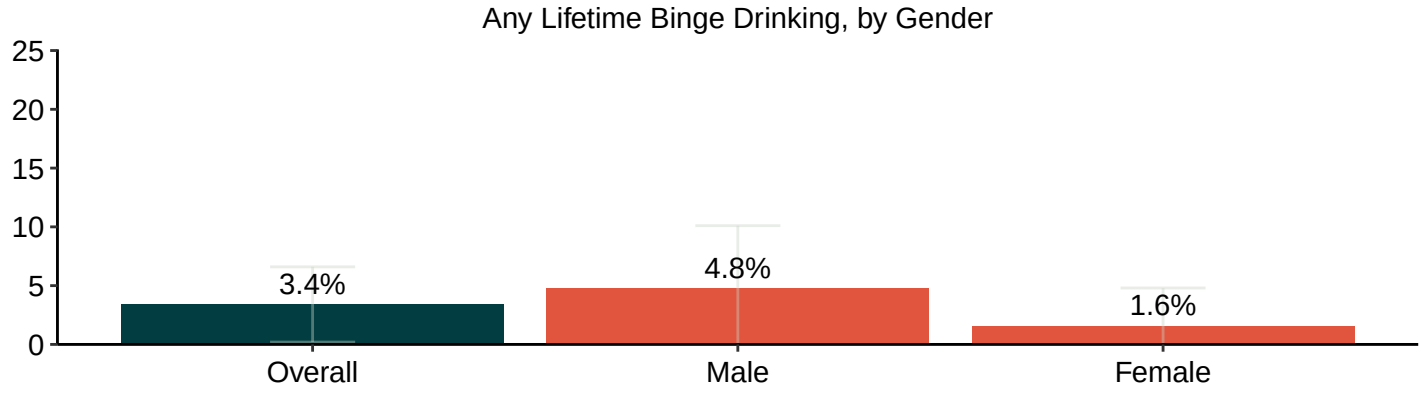
The bar graphs for each substance display the percent of students (weighted proportions) who reported any lifetime use of each substance, shown by gender. Each bar in the bar graphs also includes a light gray line that represents the lower and upper limit of the 95% confidence interval. Longer lines indicate that there is potential for more variation in the estimated value and shorter lines indicate less variation.

Lifetime Alcohol Use

Q4: Have you ever had one or more drinks of an alcoholic beverage? *Alcoholic beverages include beer, wine, wine coolers, malt beverages, and liquor.*

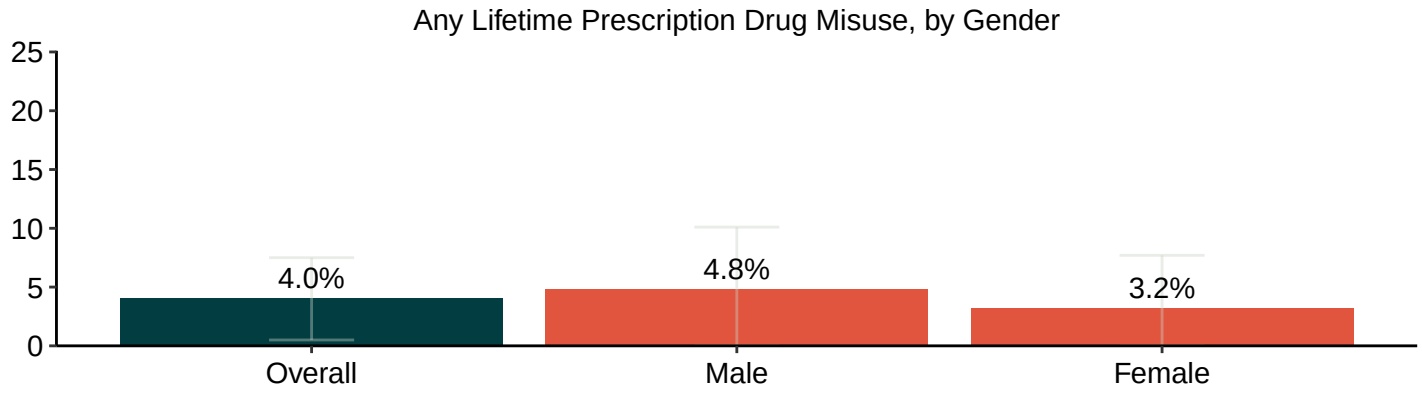


Q8: Have you ever had five or more drinks of an alcoholic beverage on the same occasion? *Alcoholic beverages include beer, wine, wine coolers, malt beverages, and liquor.*



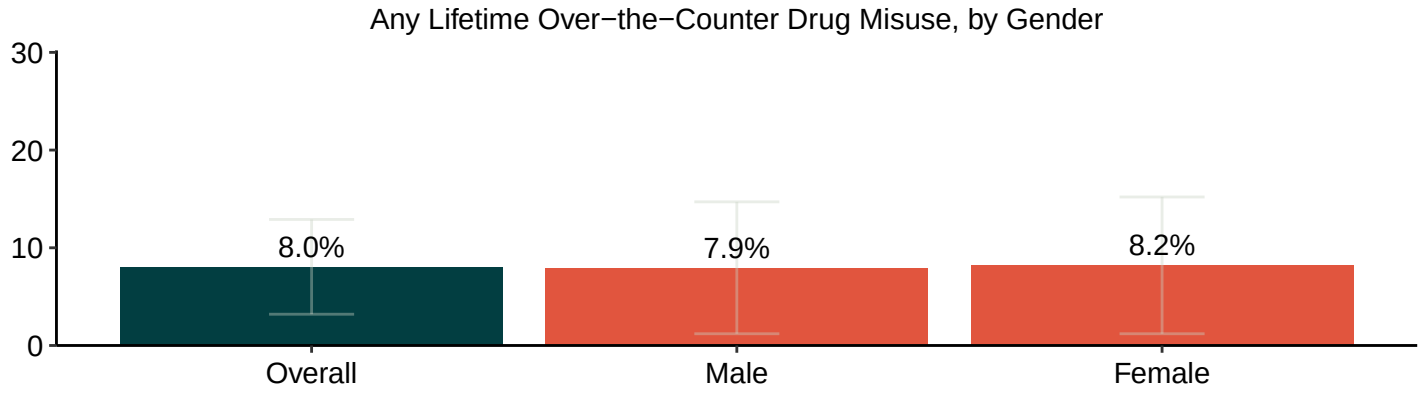
Lifetime Prescription Drug Misuse

Q12: Have you ever used prescription drugs not prescribed to you or just to get high? *Prescription drugs include drugs that require a doctor's prescription to purchase or consume like OxyContin, Percocet, Vicodin, Codeine, Adderall, Ritalin, Xanax, Klonopin, Benzos, Valium, Ativan, and Gabapentin. These do not include over-the-counter medicines.*



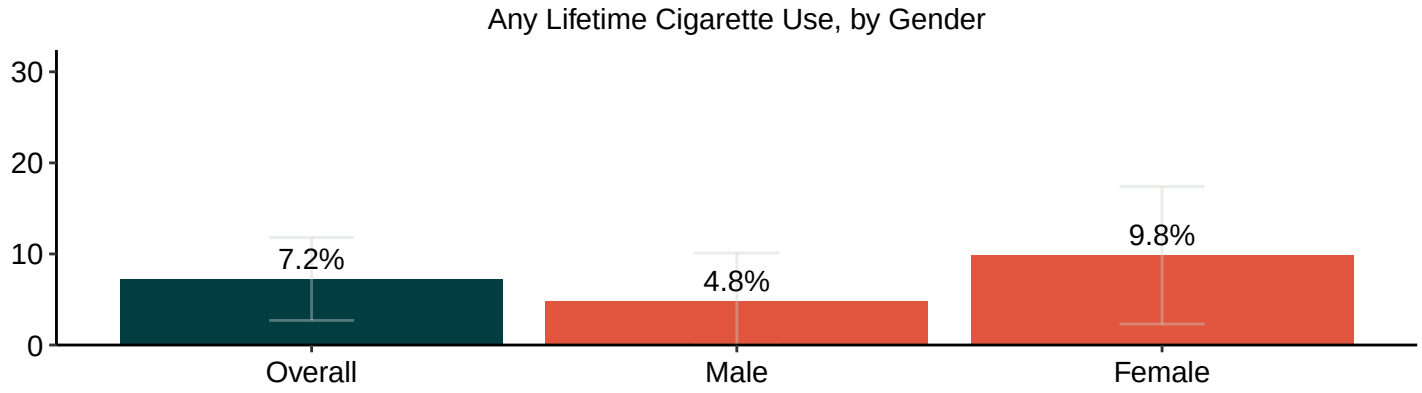
Lifetime Over-the-Counter Drug Misuse

Q16: Have you ever used over-the-counter drugs to get high or in a way other than directed? *(e.g., cough/cold medicines, diet pills, stay-awake pills, or laxatives)*



Lifetime Cigarette Use

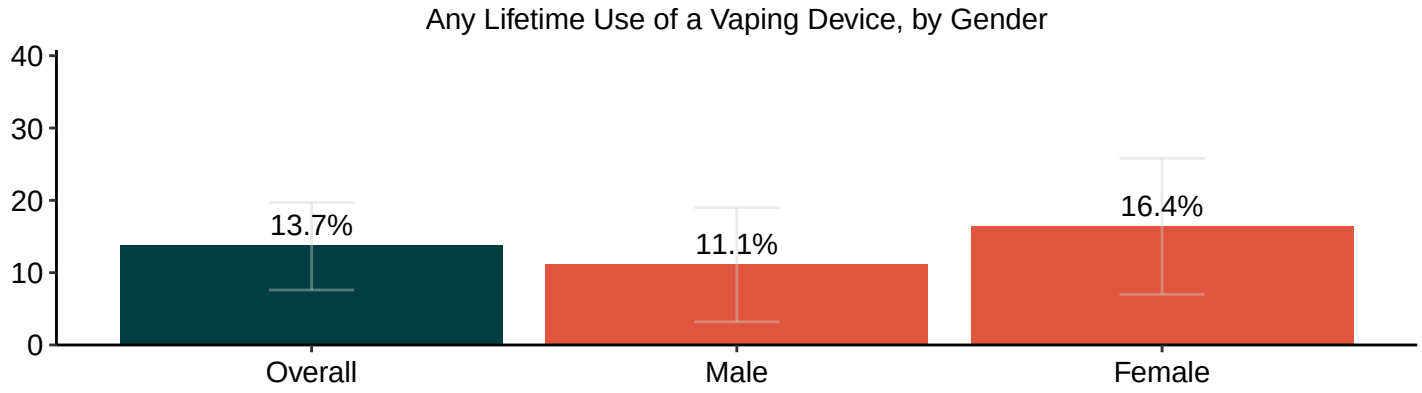
Q20: Have you ever smoked part or all of a cigarette? *Cigarettes include menthol cigarettes, regular cigarettes, and loose tobacco rolled in cigarettes. This does not include e-cigarettes.*



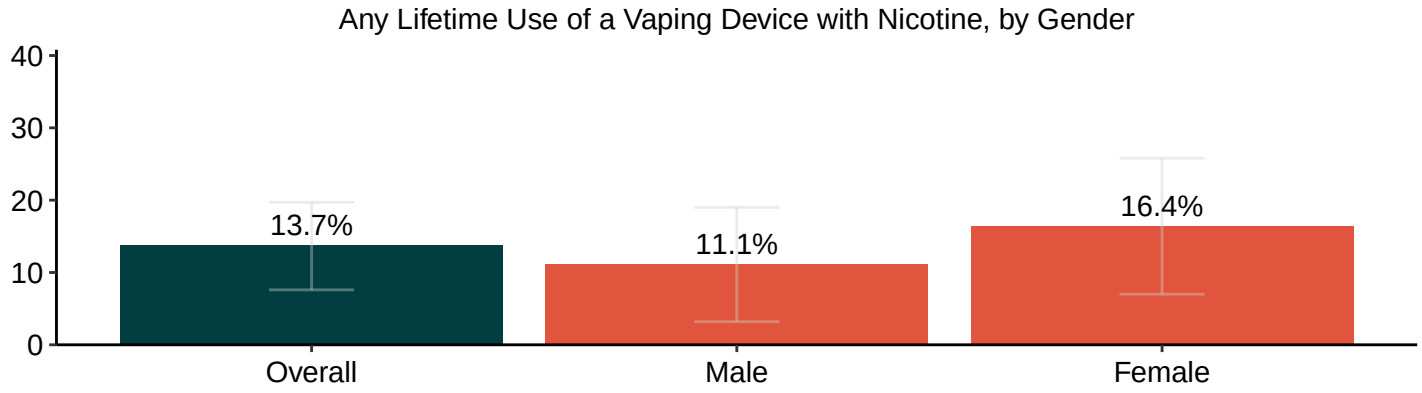
Lifetime Use of a Vaping Device

Note: For lifetime use of a vaping device with marijuana, please see the Marijuana section below.

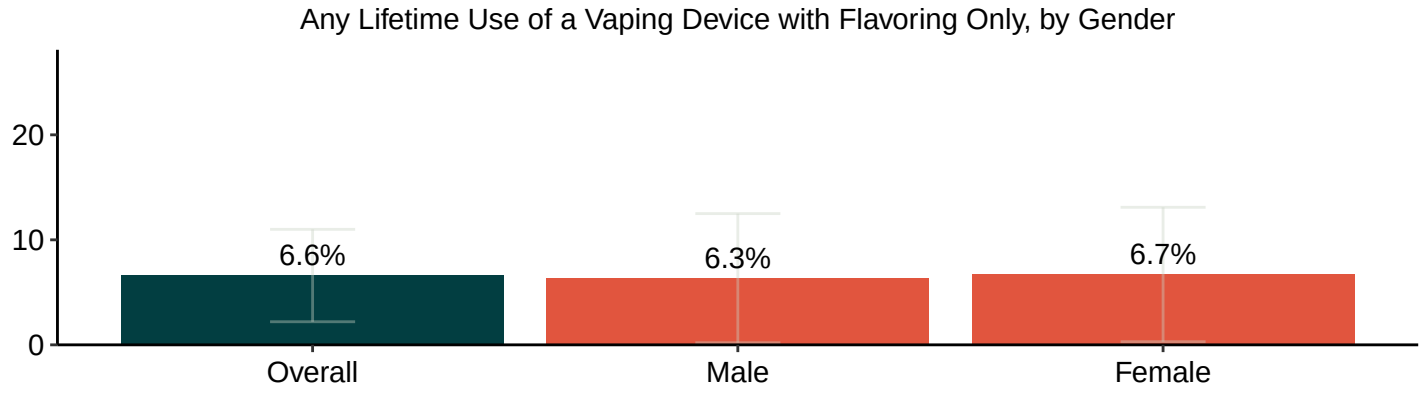
Created Variable: Any lifetime vaping (including nicotine, flavoring, and/or marijuana)



Q24: Have you ever used a vaping device with nicotine? *A vaping device includes electronic cigarettes also known as e-cigarettes, hookah pens, e-hookahs, or vape pipes.*

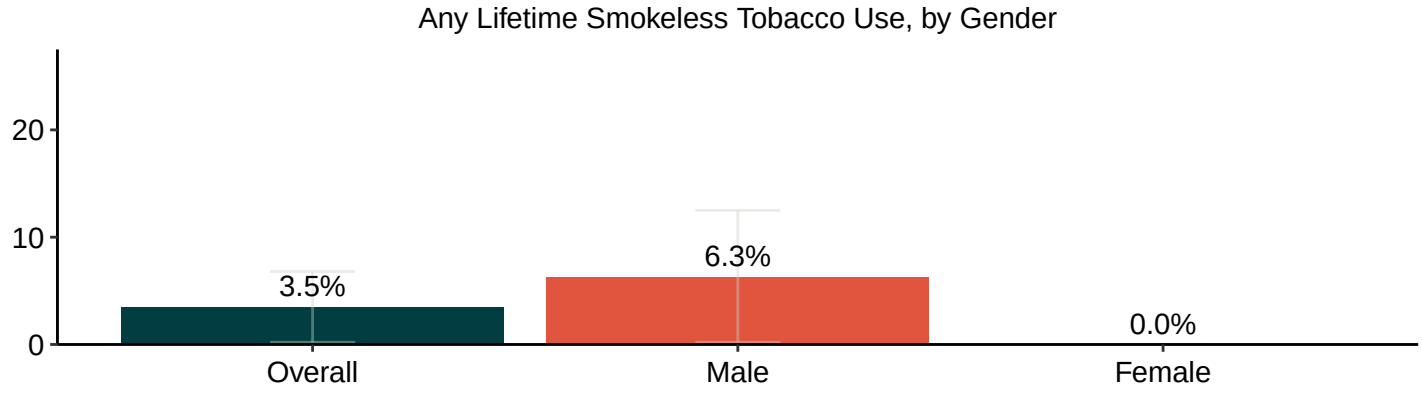


Q28: Have you ever used a vaping device with flavoring only? *A vaping device includes electronic cigarettes also known as e-cigarettes, hookah pens, e-hookahs, or vape pipes.*



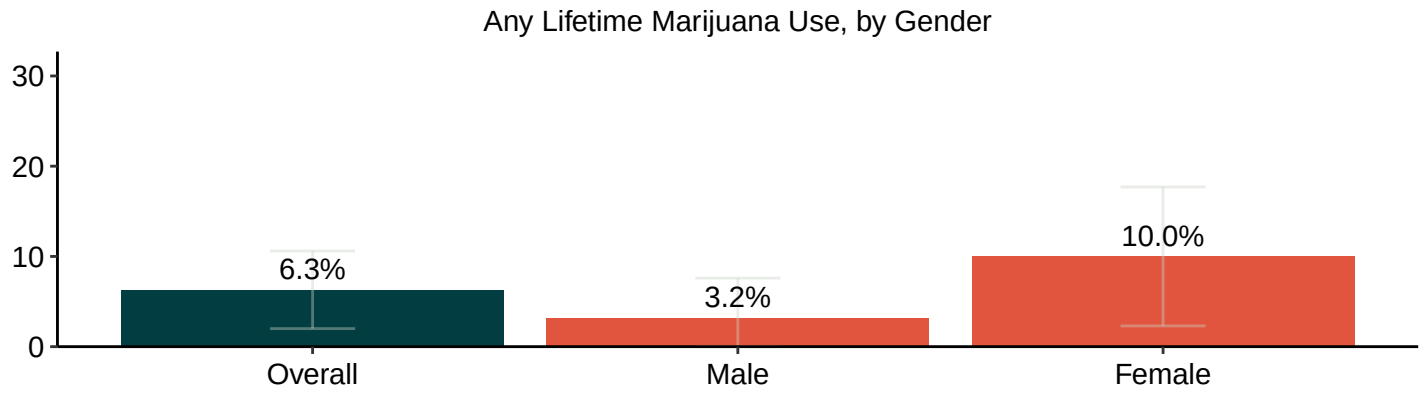
Lifetime Smokeless Tobacco Use

Q32: Have you ever used smokeless tobacco? *Smokeless tobacco can be known as chewing tobacco, spit tobacco, chew, snuff, pinch, or dip.*

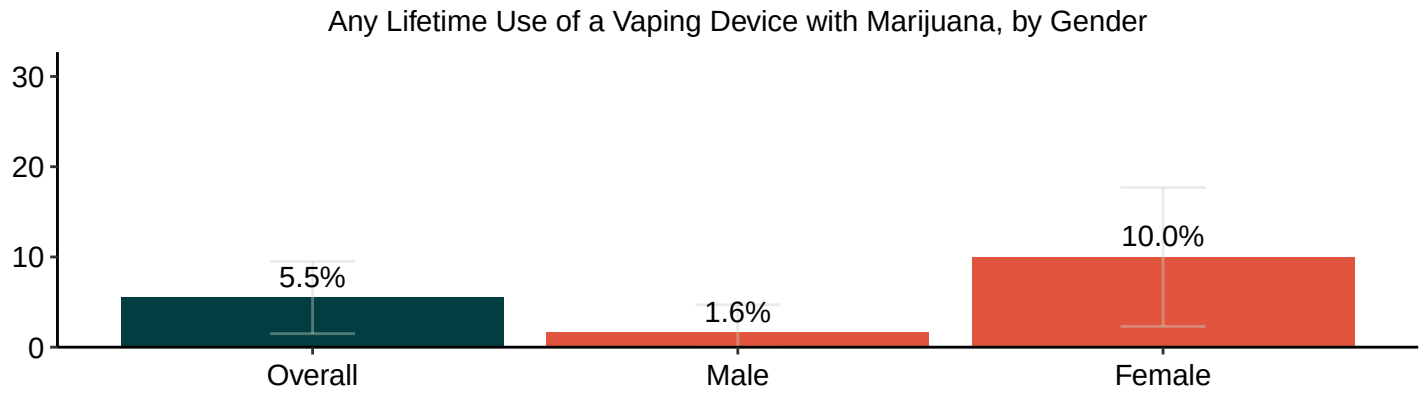


Lifetime Marijuana Use

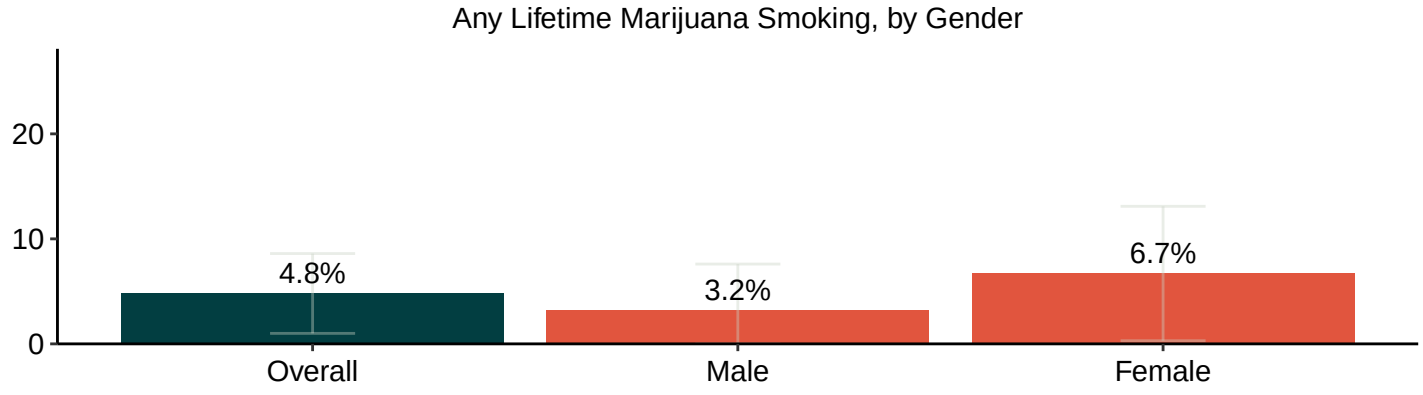
Q36: Have you ever used marijuana or hashish? *Marijuana or hashish can be known as grass, pot, weed, hash, hash oil, or edibles.*



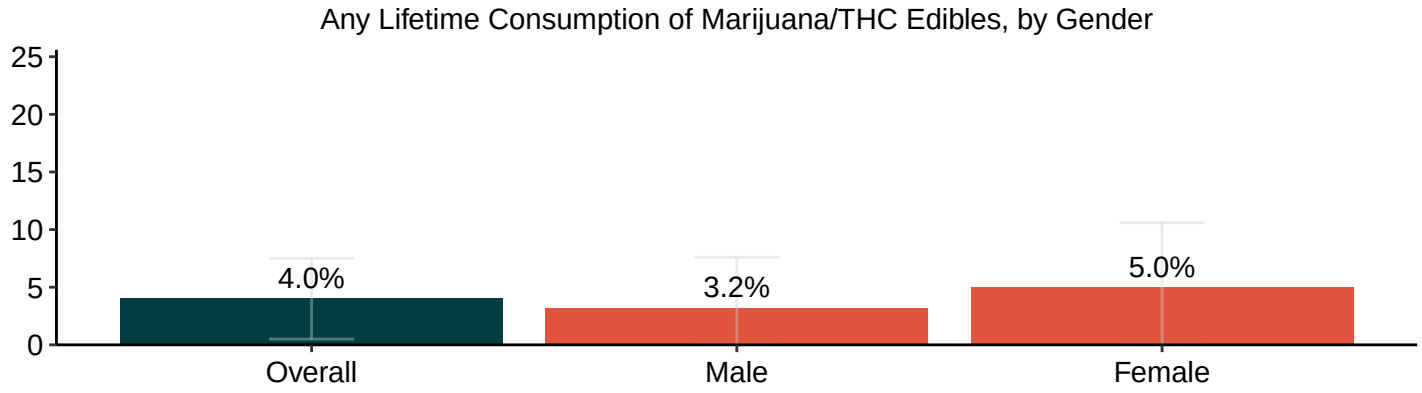
Q40: Have you ever vaped marijuana? *A vaping device includes electronic cigarettes also known as e-cigarettes, hookah pens, e-hookahs, or vape pipes.*



Q43: Have you ever smoked marijuana?



Q46: Have you ever eaten marijuana or THC edibles? *Marijuana and THC edibles include Delta-8 and other edible marijuana.*



Age of Initiation of Substances

Age of initiation was defined as the age at which a student first used a given substance. Students who reported lifetime use were asked, "How old were you when you first used..." for each substance. Tables and bar graphs are only displayed in this section if there were students who reported lifetime use of a given substance. If fewer than five students in the sample reported ever using a substance, no average age of initiation was calculated.

The tables for each substance display the percent of students (weighted proportions) who reported no substance initiation (the "Never" column) and the percent of students who reported initiation at each age, shown by gender.

The bar graphs for each substance display the weighted average age of initiation, shown by gender. Each bar in the bar graphs also includes a light gray line that represents the lower and upper limit of the 95% confidence interval. Longer lines indicate that there is potential for more variation in the estimated value and shorter lines indicate less variation.

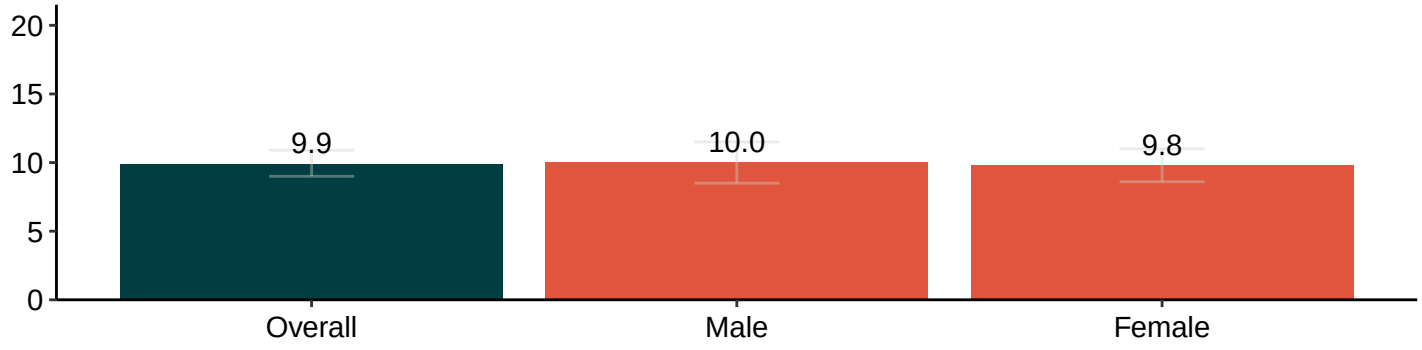
Age of Initiation of Alcohol Use

Q5: How old were you when you first had one or more drinks of an alcoholic beverage? *Table/plot will not display if fewer than five students initiated use or reported age of initiation.*

Initiation of Alcohol Use at Each Age, by Gender

	Never	Age 8 or younger	Age 9	Age 10	Age 11	Age 12	Age 13
Overall	90.9	2.4	0.8	2.7	1.5	1.7	0.0
Male	90.3	3.2	0.0	3.2	0.0	3.2	0.0
Female	91.9	1.6	1.6	1.6	3.2	0.0	0.0

Average Age of Initiation of Alcohol Use, by Gender



Q9: How old were you when you first had five or more drinks on the same occasion? *Table/plot will not display if fewer than five students initiated use or reported age of initiation.*

Age of Initiation of Prescription Drug Misuse

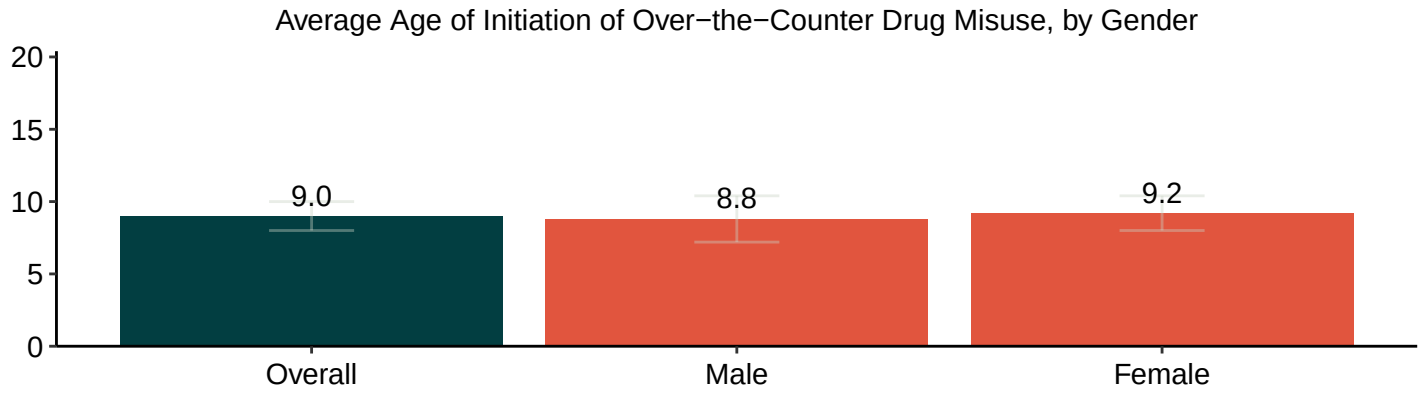
Q13: How old were you when you first used prescription drugs not prescribed to you? *Table/plot will not display if fewer than five students initiated use or reported age of initiation.*

Age of Initiation of Over-the-Counter Drug Misuse

Q17: How old were you when you first used over-the-counter drugs? *Table/plot will not display if fewer than five students initiated use or reported age of initiation.*

Initiation of Over-the-Counter Drug Misuse at Each Age, by Gender

	Never	Age 8 or younger	Age 9	Age 10	Age 11	Age 12	Age 13
Overall	92.0	4.9	0.8	0.8	0.8	0.8	0.0
Male	92.1	6.3	0.0	0.0	0.0	1.6	0.0
Female	91.8	3.3	1.6	1.6	1.6	0.0	0.0



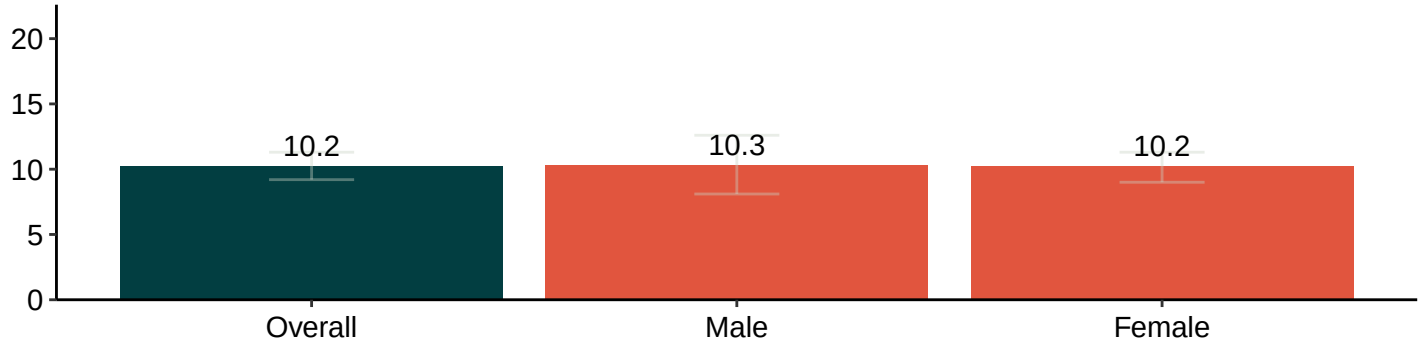
Age of Initiation of Cigarette Use

Q21: How old were you when you first smoked part or all of a cigarette? *Table/plot will not display if fewer than five students initiated use or reported age of initiation.*

Initiation of Cigarette Use at Each Age, by Gender

	Never	Age 8 or younger	Age 9	Age 10	Age 11	Age 12	Age 13
Overall	92.8	1.6	0.0	2.4	1.6	1.6	0.0
Male	95.2	1.6	0.0	0.0	1.6	1.6	0.0
Female	90.2	1.6	0.0	4.9	1.6	1.6	0.0

Average Age of Initiation of Cigarette Use, by Gender

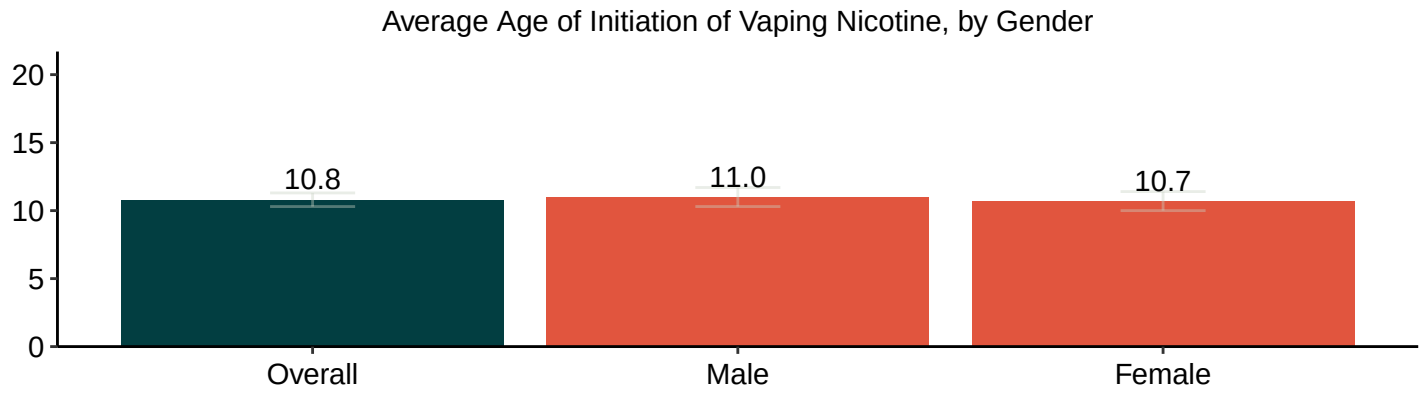


Age of Initiation of Use of a Vaping Device

Q45: How old were you when you first used a vaping device with nicotine? *Table/plot will not display if fewer than five students initiated use or reported age of initiation.*

Initiation of Vaping Nicotine at Each Age, by Gender

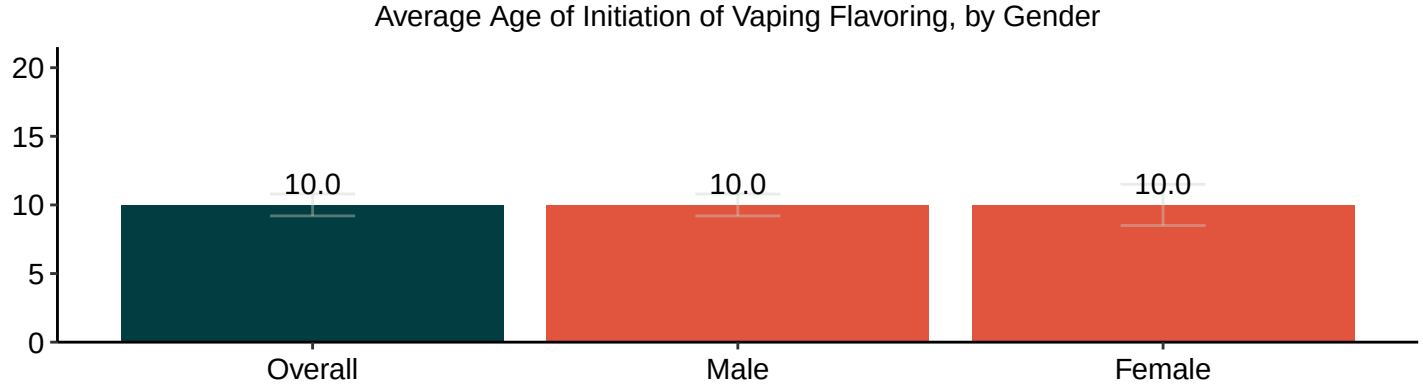
	Never	Age 8 or younger	Age 9	Age 10	Age 11	Age 12	Age 13
Overall	87.1	0.0	1.5	3.2	4.1	4.0	0.0
Male	90.3	0.0	0.0	3.2	3.2	3.2	0.0
Female	83.6	0.0	3.3	3.3	4.9	4.9	0.0



Q29: How old were you when you first used a vaping device with flavoring only? *Table/plot will not display if fewer than five students initiated use or reported age of initiation.*

Initiation of Vaping Flavoring at Each Age, by Gender

	Never	Age 8 or younger	Age 9	Age 10	Age 11	Age 12	Age 13
Overall	93.4	0.0	2.4	2.5	1.0	0.8	0.0
Male	93.7	0.0	1.6	3.2	1.6	0.0	0.0
Female	93.3	0.0	3.3	1.7	0.0	1.7	0.0



Age of Initiation of Smokeless Tobacco Use

Q33: How old were you when you first used smokeless tobacco? *Table/plot will not display if fewer than five students initiated use or reported age of initiation.*

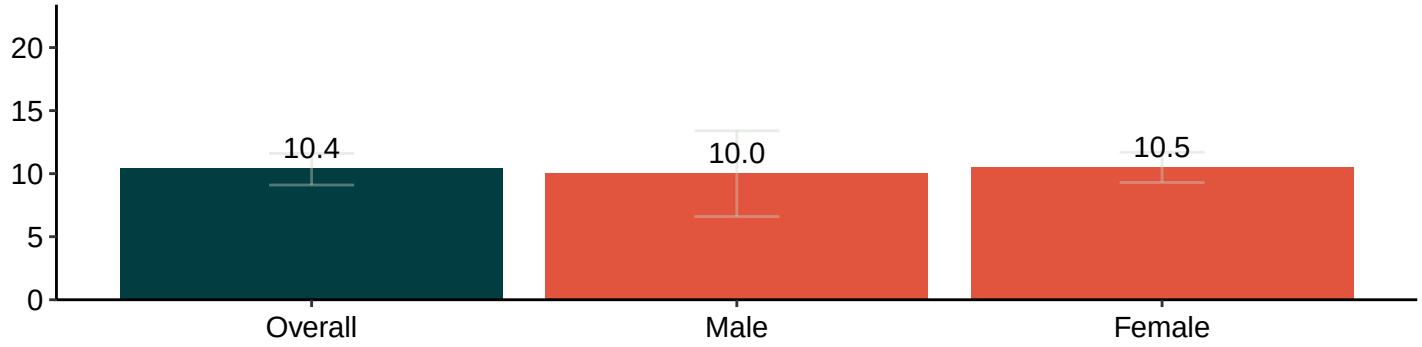
Age of Initiation of Marijuana Use

Q37: How old were you when you first used marijuana? *Table/plot will not display if fewer than five students initiated use or reported age of initiation.*

Initiation of Marijuana Use at Each Age, by Gender

	Never	Age 8 or younger	Age 9	Age 10	Age 11	Age 12	Age 13
Overall	93.7	1.6	0.0	0.8	2.3	1.6	0.0
Male	96.8	1.6	0.0	0.0	0.0	1.6	0.0
Female	90.0	1.7	0.0	1.7	5.0	1.7	0.0

Average Age of Initiation of Marijuana Use, by Gender



Past 30-Day Substance Use and High-Frequency Use

Past 30-day use was defined as using a substance at least once in the past 30 days. Students who reported lifetime use of a substance were asked to report the number of times they used in the past 30 days.

The tables for each substance display the percent of students (weighted proportions) who reported no past 30-day substance use (the "0 days" column) and the proportion of students who reported each frequency of use, shown by gender.

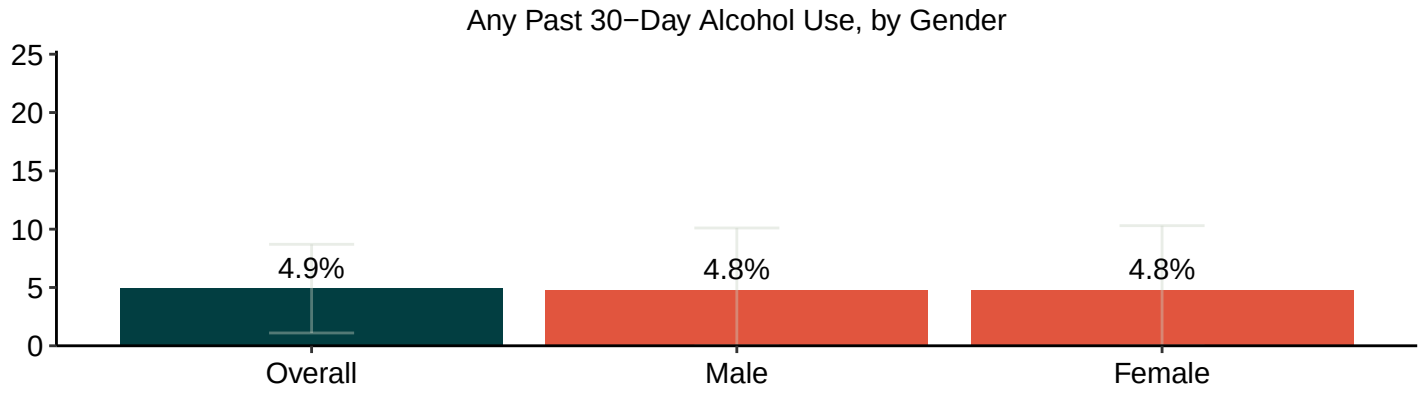
The first bar graph for each substance displays the percent of students (weighted proportions) who reported any past 30-day use of each substance, shown by gender. The second bar graph for each substance displays the percent of students (weighted proportions) who reported high-frequency use, *out of students who reported past 30-day use.* High-frequency use is defined as having used on six or more days. High-frequency use bars can be interpreted as, "of those students who used [substance] in the past 30 days, [x]% used with high-frequency (i.e., on six or more days)." Note that high-frequency use was only calculated when *at least 10 students* reported past 30-day use of a substance. On the bar graphs, each bar also includes a light gray line that represents the lower and upper limit of the 95% confidence interval. Longer lines indicate that there is potential for more variation in the estimated value and shorter lines indicate less variation.

Past 30-Day Alcohol Use

Q5b: During the past 30 days, on how many days did you have one or more drinks of an alcoholic beverage?

Alcohol Use in the Past 30 Days, by Gender

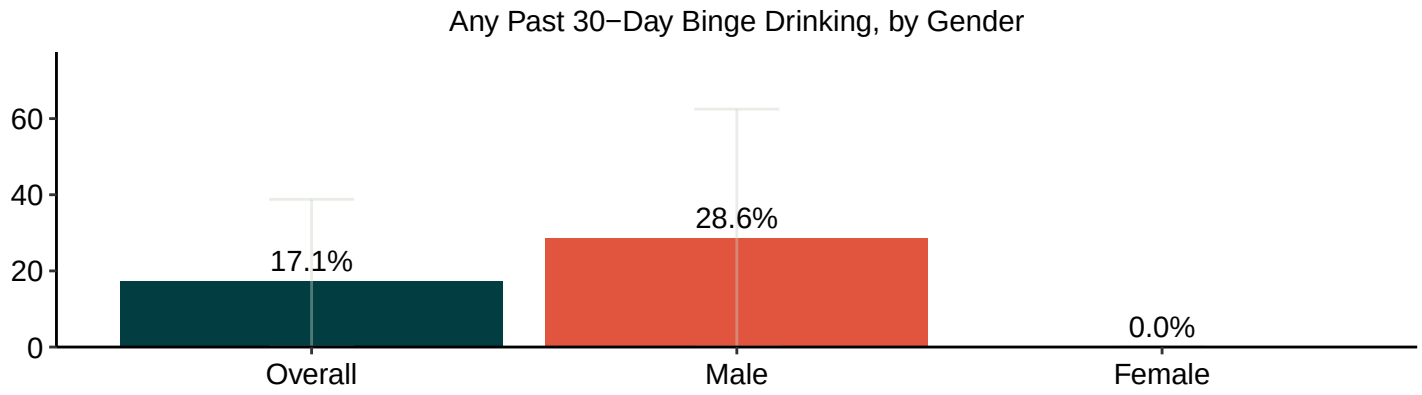
	0 days	1-2 days	3-5 days	6-9 days	10-19 days	20-29 days	All 30 days
Overall	95.1	3.2	0.8	0.8	0.0	0.0	0.0
Male	95.2	1.6	1.6	1.6	0.0	0.0	0.0
Female	95.2	4.8	0.0	0.0	0.0	0.0	0.0



Q10: During the past 30 days, on how many days did you have five or more drinks on the same occasion?

Binge Drinking in the Past 30 Days, by Gender

	0 days	1-2 days	3-5 days	6-9 days	10-19 days	20-29 days	All 30 days
Overall	82.9	8.5	0.0	0.0	8.5	0.0	0.0
Male	71.4	14.3	0.0	0.0	14.3	0.0	0.0
Female	100.0	0.0	0.0	0.0	0.0	0.0	0.0

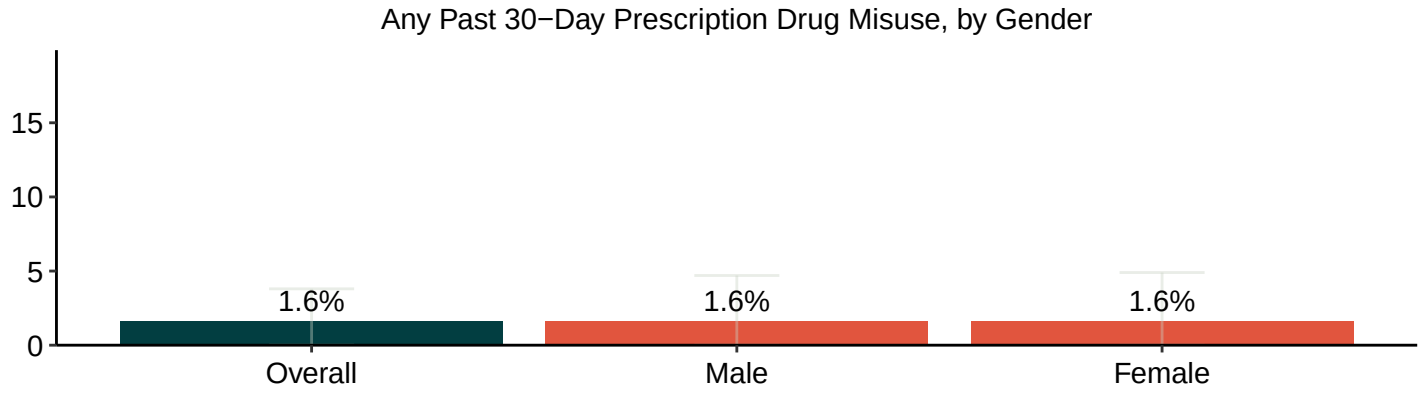


Past 30-Day Prescription Drug Misuse

Q14: During the past 30 days, on how many days did you use prescription drugs not prescribed to you?

Prescription Drug Misuse in the Past 30 Days, by Gender

	0 days	1-2 days	3-5 days	6-9 days	10-19 days	20-29 days	All 30 days
Overall	98.4	0.8	0.0	0.8	0.0	0.0	0.0
Male	98.4	0.0	0.0	1.6	0.0	0.0	0.0
Female	98.4	1.6	0.0	0.0	0.0	0.0	0.0

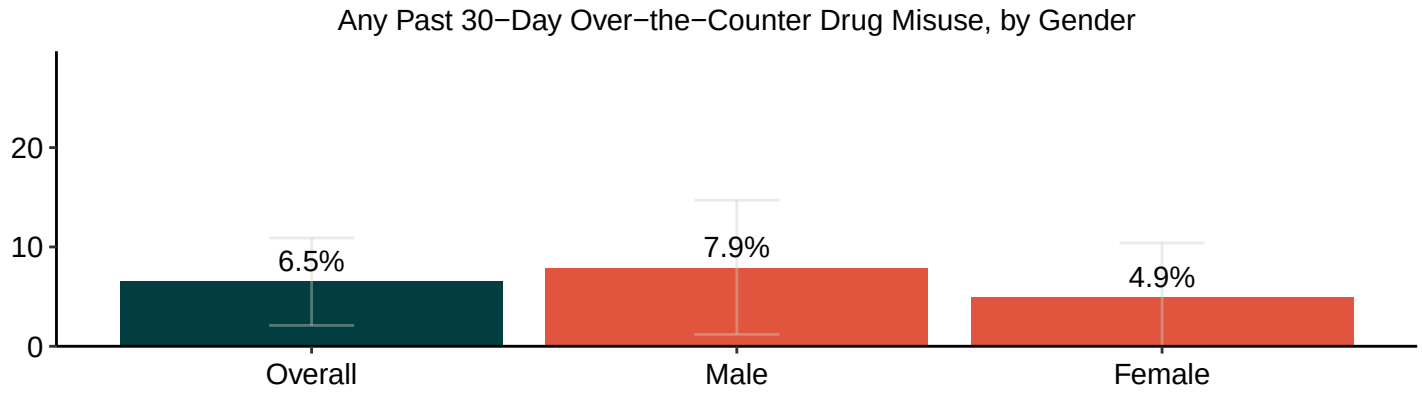


Past 30-Day Over-the-Counter Drug Misuse

Q18: During the past 30 days, on how many days did you use over-the-counter drugs?

Over-the-Counter Drug Misuse in the Past 30 Days, by Gender

	0 days	1-2 days	3-5 days	6-9 days	10-19 days	20-29 days	All 30 days
Overall	93.5	4.0	0.0	0.8	0.0	0.8	0.8
Male	92.1	3.2	0.0	1.6	0.0	1.6	1.6
Female	95.1	4.9	0.0	0.0	0.0	0.0	0.0

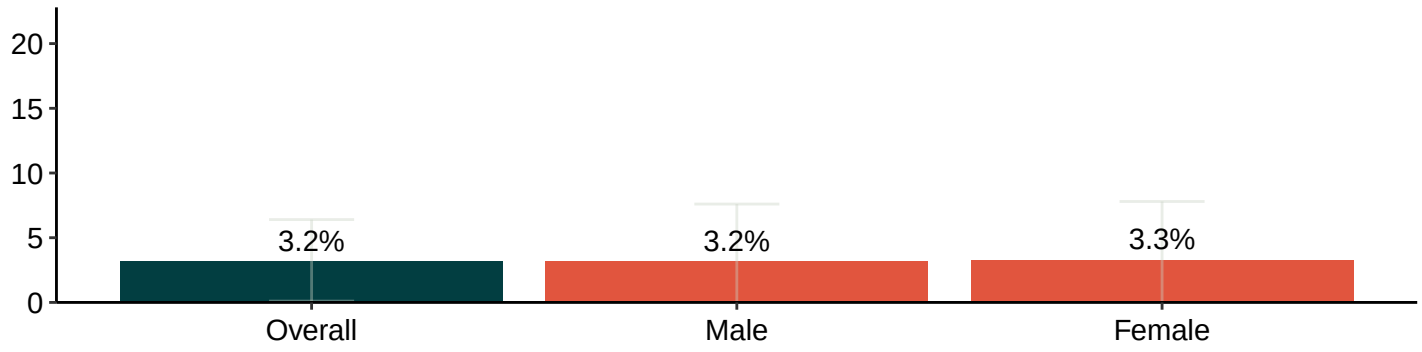


Past 30-Day Cigarette Use

Q22: During the past 30 days, on how many days did you smoke part or all of a cigarette?

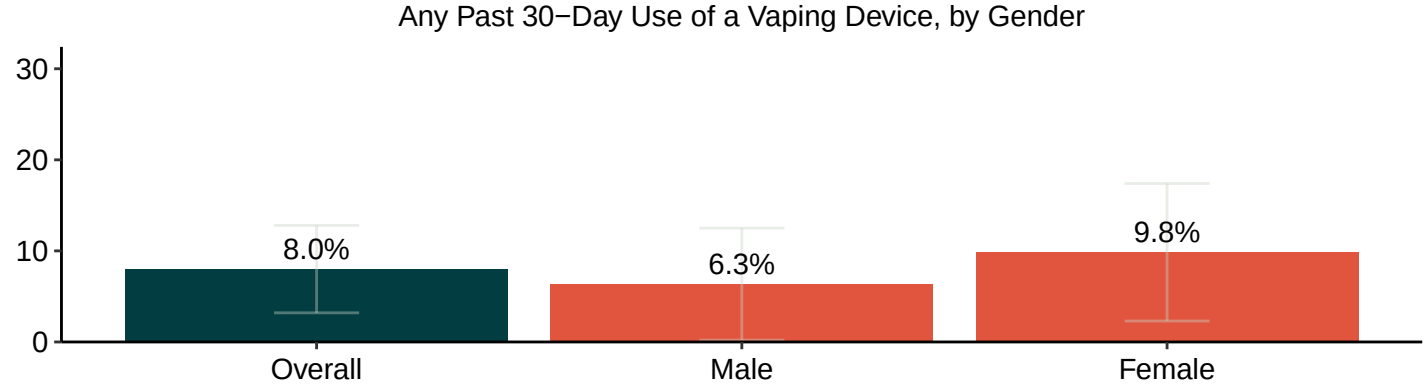
Cigarette Use in the Past 30 Days, by Gender

	0 days	1-2 days	3-5 days	6-9 days	10-19 days	20-29 days	All 30 days
Overall	96.8	0.8	0.8	0.8	0.0	0.0	0.8
Male	96.8	1.6	1.6	0.0	0.0	0.0	0.0
Female	96.7	0.0	0.0	1.6	0.0	0.0	1.6



Past 30-Day Use of a Vaping Device

Created Variable: Any past 30-day use of a vaping device (with nicotine, flavoring, and/or marijuana)

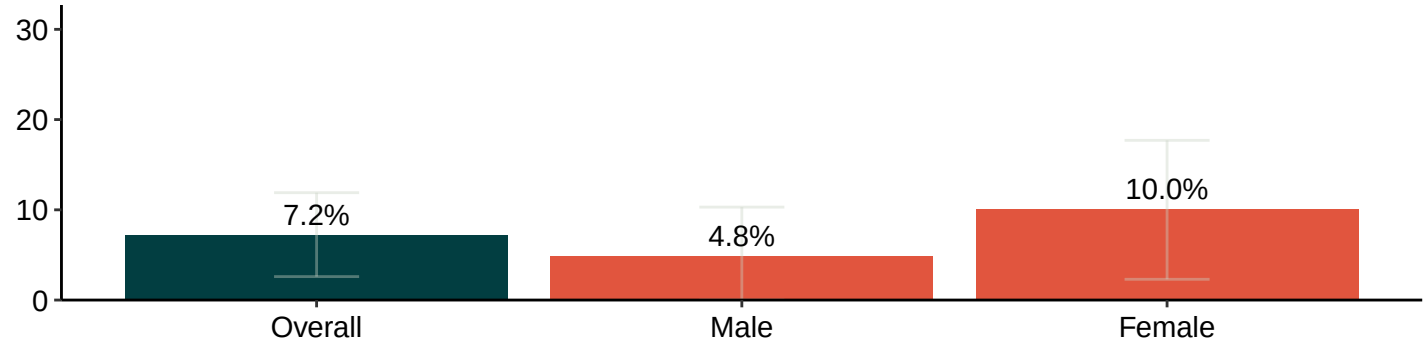


Note: For past 30-day use of a vaping device with marijuana, please see the Marijuana section below.

Q26: During the past 30 days, on how many days did you use a vaping device with nicotine?

Use of a Vaping Device with Nicotine in the Past 30 Days, by Gender

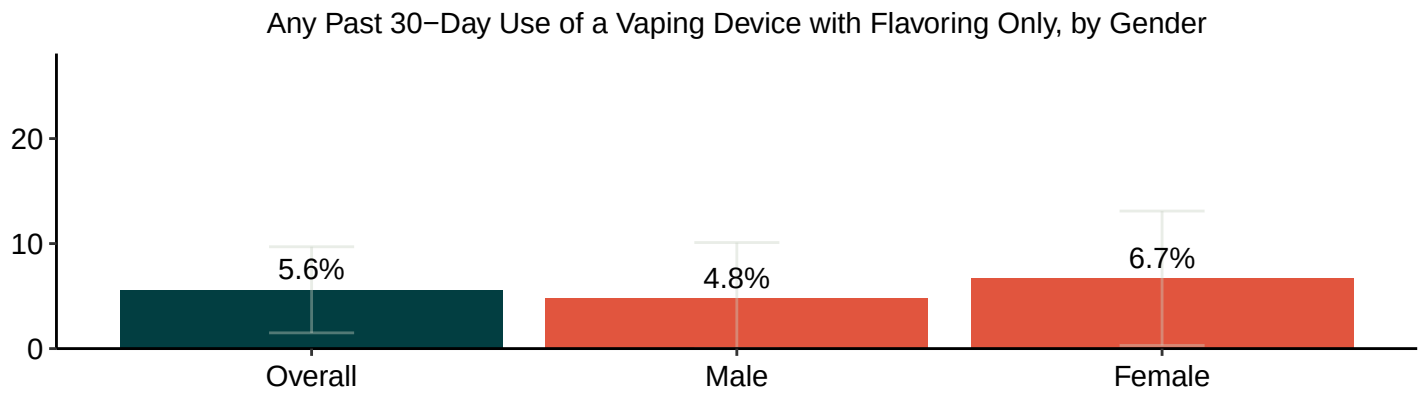
	0 days	1-2 days	3-5 days	6-9 days	10-19 days	20-29 days	All 30 days
Overall	92.8	3.3	1.6	0.0	1.6	0.0	0.9
Male	95.2	3.2	0.0	0.0	0.0	0.0	1.6
Female	90.0	3.3	3.3	0.0	3.3	0.0	0.0



Q30: During the past 30 days, on how many days did you use a vaping device with flavoring only?

Use of a Vaping Device with Flavoring Only in the Past 30 Days, by Gender

	0 days	1-2 days	3-5 days	6-9 days	10-19 days	20-29 days	All 30 days
Overall	94.4	3.2	0.8	0.8	0.0	0.0	0.8
Male	95.2	3.2	0.0	0.0	0.0	0.0	1.6
Female	93.3	3.3	1.7	1.7	0.0	0.0	0.0

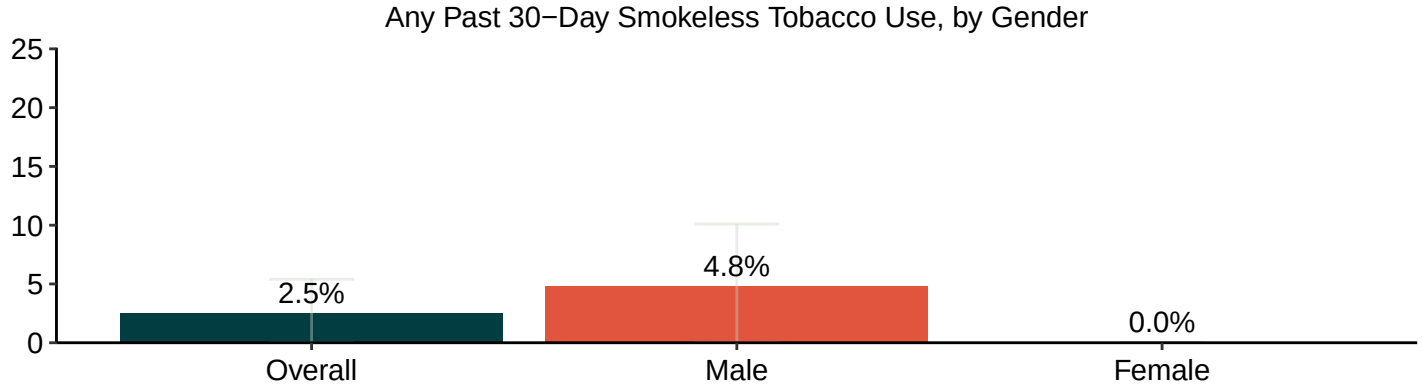


Past 30-Day Smokeless Tobacco Use

Q34: During the past 30 days, on how many days did you use smokeless tobacco?

Smokeless Tobacco Use in the Past 30 Days, by Gender

	0 days	1-2 days	3-5 days	6-9 days	10-19 days	20-29 days	All 30 days
Overall	97.5	1.7	0.8	0.0	0.0	0.0	0.0
Male	95.2	3.2	1.6	0.0	0.0	0.0	0.0
Female	100.0	0.0	0.0	0.0	0.0	0.0	0.0

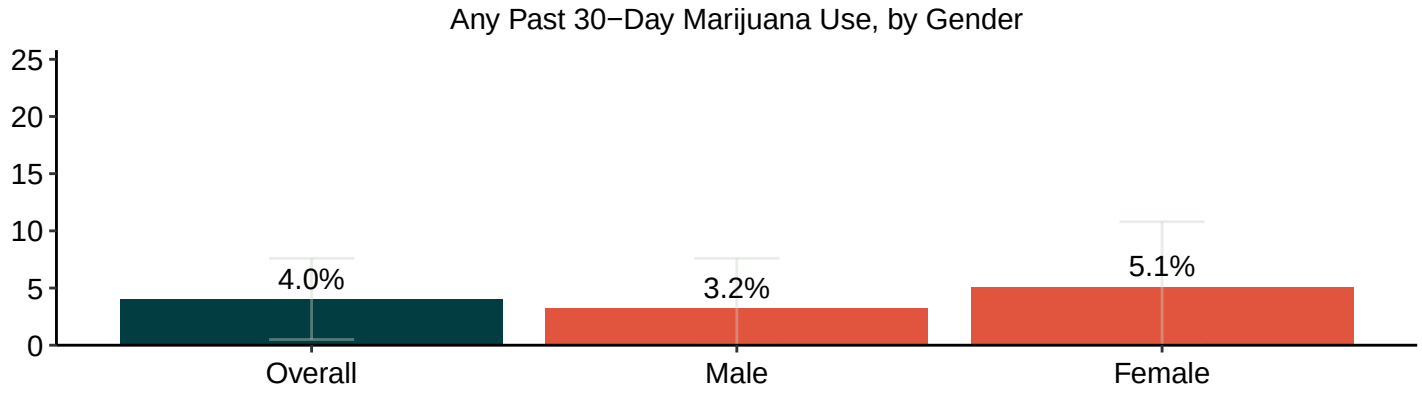


Past 30-Day Marijuana Use

Q38: During the past 30 days, on how many days did you use marijuana?

Marijuana Use in the Past 30 Days, by Gender

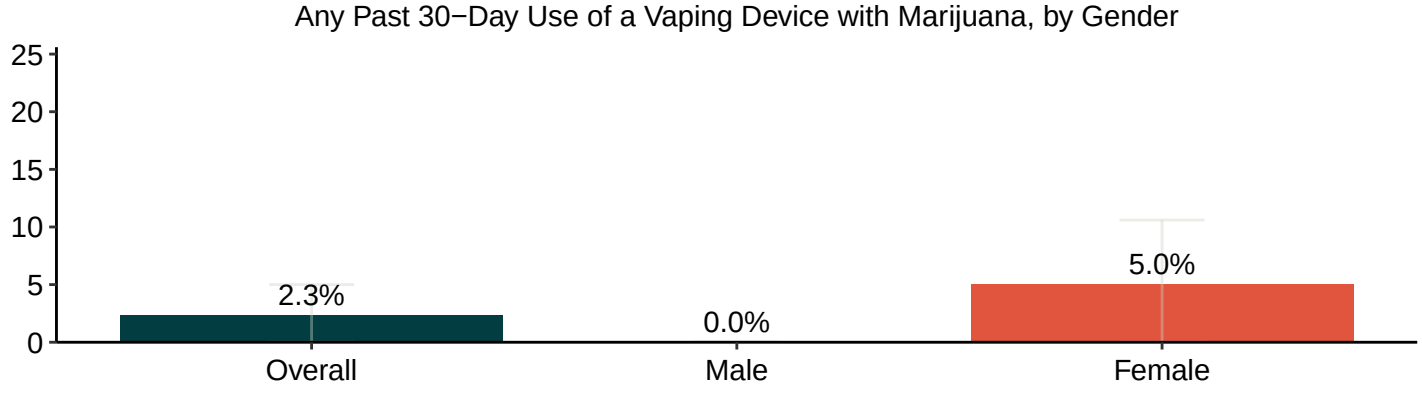
	0 days	1-2 days	3-5 days	6-9 days	10-19 days	20-29 days	All 30 days
Overall	96.0	1.6	1.6	0.0	0.0	0.0	0.9
Male	96.8	0.0	1.6	0.0	0.0	0.0	1.6
Female	94.9	3.4	1.7	0.0	0.0	0.0	0.0



Q41: During the past 30 days, on how many days did you vape marijuana?

Marijuana Vaping in the Past 30 Days, by Gender

	0 days	1-2 days	3-5 days	6-9 days	10-19 days	20-29 days	All 30 days
Overall	97.7	1.5	0.0	0.8	0.0	0.0	0.0
Male	100.0	0.0	0.0	0.0	0.0	0.0	0.0
Female	95.0	3.3	0.0	1.7	0.0	0.0	0.0

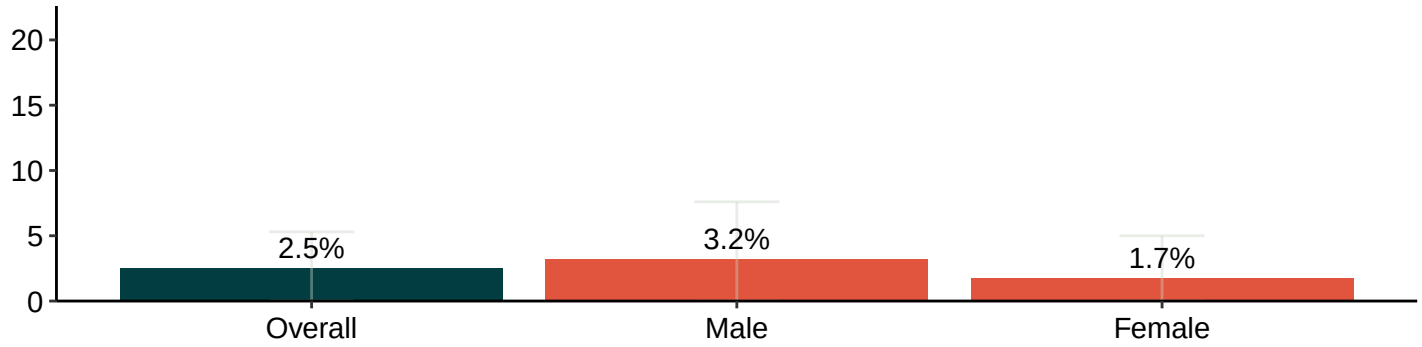


Q44: During the past 30 days, on how many days did you smoke marijuana?

Marijuana Smoking in the Past 30 Days, by Gender

	0 days	1-2 days	3-5 days	6-9 days	10-19 days	20-29 days	All 30 days
Overall	97.5	0.0	1.6	0.0	0.0	0.0	0.8
Male	96.8	0.0	1.6	0.0	0.0	0.0	1.6
Female	98.3	0.0	1.7	0.0	0.0	0.0	0.0

Any Past 30−Day Marijuana Smoking, by Gender

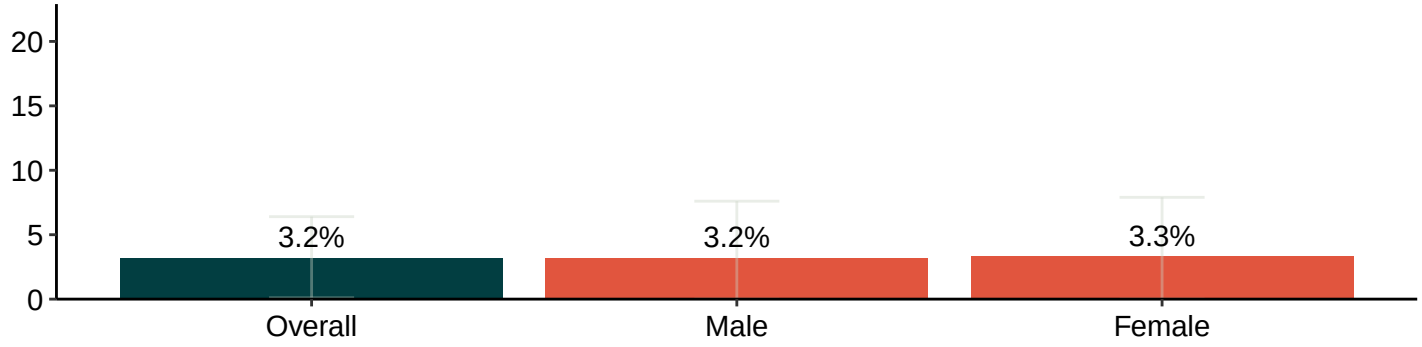


Q47: During the past 30 days, on how many days did you use marijuana or TCH edibles?

Marijuana or THC Edible Consumption in the Past 30 Days, by Gender

	0 days	1-2 days	3-5 days	6-9 days	10-19 days	20-29 days	All 30 days
Overall	96.8	1.5	1.7	0.0	0.0	0.0	0.0
Male	96.8	0.0	3.2	0.0	0.0	0.0	0.0
Female	96.7	3.3	0.0	0.0	0.0	0.0	0.0

Any Past 30−Day Consumption of Marijuana or THC Edibles, by Gender



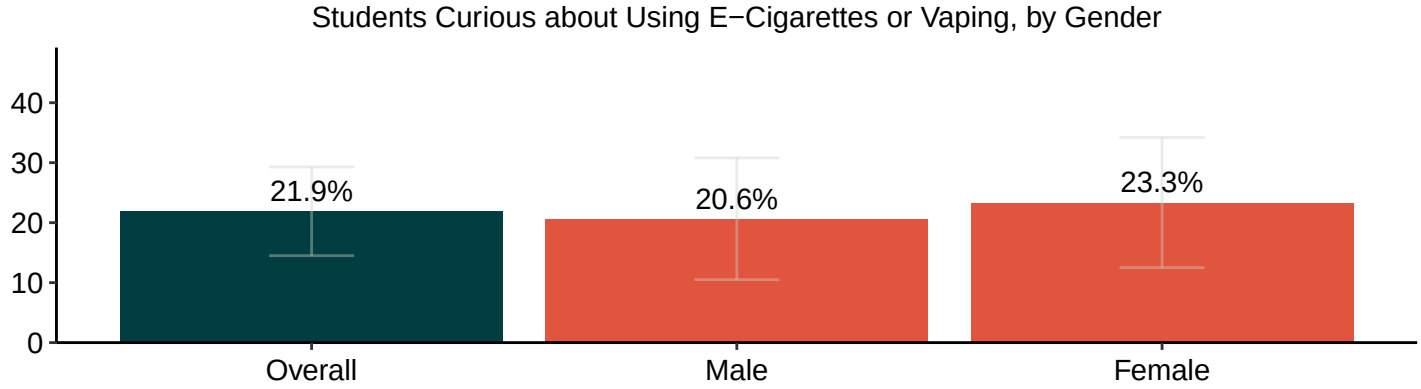
E-Cigarettes and Vaping Module

The e-cigarettes and vaping module focused on two general areas: students' thoughts about e-cigarettes/vaping and questions about students' e-cigarette use and vaping behaviors. While all students were asked their thoughts about e-cigarettes and vaping, only those students who reported ever having vaped or used e-cigarettes were asked the questions about their behaviors (Q54-Q56).

The tables for each substance (when applicable) display the percent of students (weighted proportions) who reported each answer option for a given question, shown by gender. Specific notes for bar graphs for each question are included with the question items below.

Students' Thoughts about E-Cigarettes/Vaping

Q49: Have you ever been curious about using an e-cigarette or vaping?

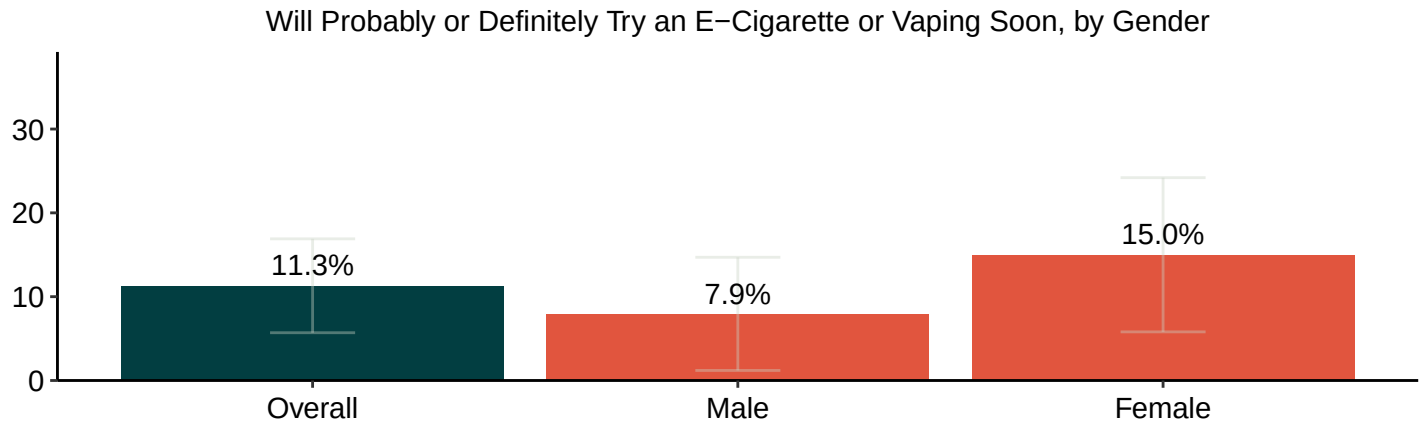


The bar graphs included with the next three questions (Q50-52) show the combined percent of students (weighted proportions) who responded "Probably yes" or "Definitely yes" to the given question, shown by gender. Each bar also includes a light gray line that represents the lower and upper limit of the 95% confidence interval. Longer lines indicate that there is potential for more variation in the estimated value and shorter lines indicate less variation.

Q50: Do you think that you will try an e-cigarette or vaping soon?

Plans to Try E-cigarettes or Vaping, by Gender

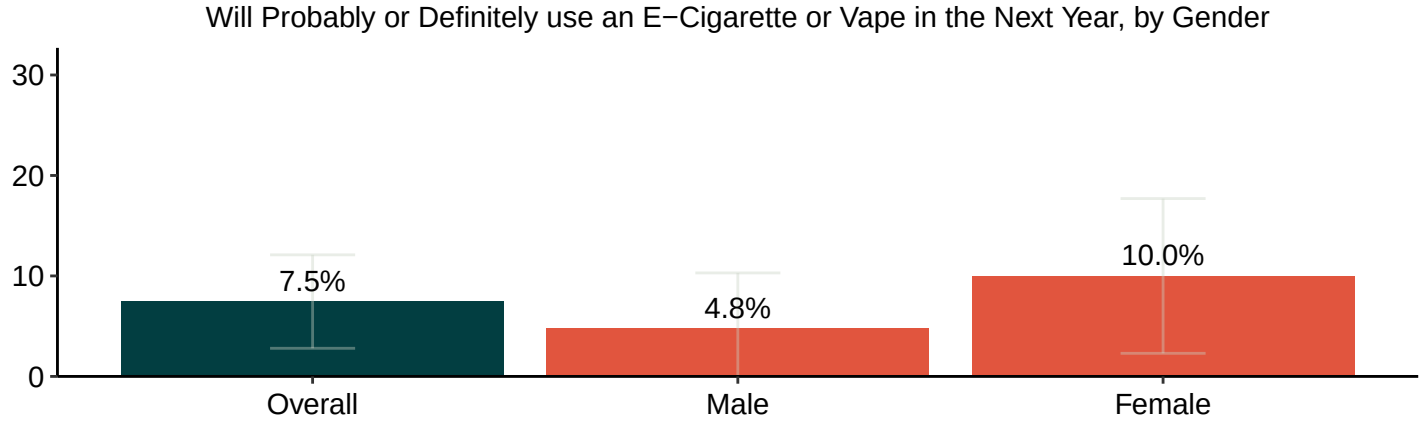
	Definitely not	Probably not	Probably yes	Definitely yes
Overall	77.3	11.4	8.1	3.2
Male	81.0	11.1	4.8	3.2
Female	73.3	11.7	11.7	3.3



Q51: Do you think that you will use an e-cigarette or vape in the next year?

Will Try E-cigarettes or Vape in the Next Year, by Gender

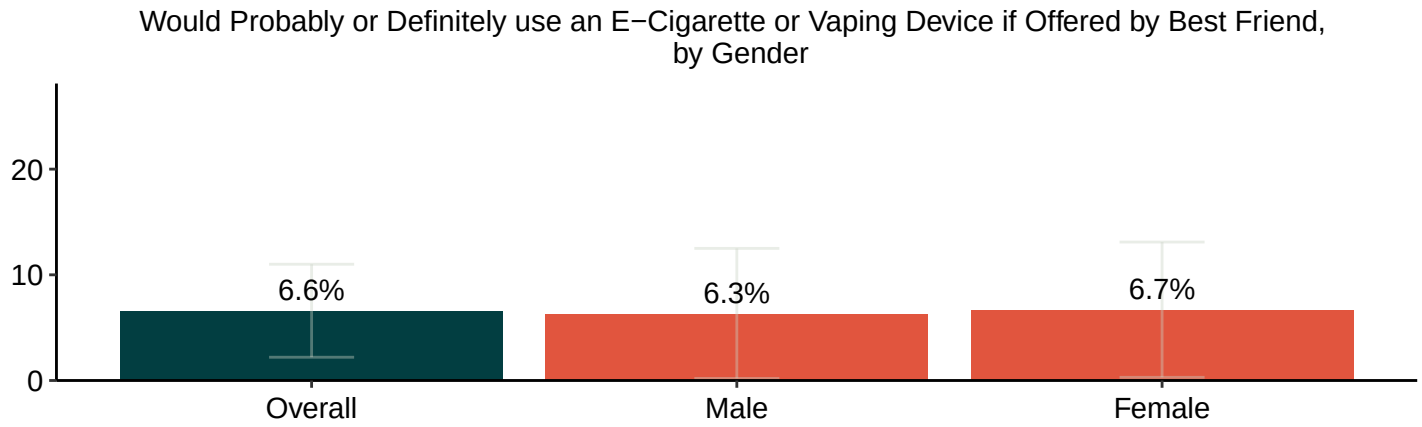
	Definitely not	Probably not	Probably yes	Definitely yes
Overall	77.8	14.8	5.8	1.6
Male	79.0	16.1	3.2	1.6
Female	76.7	13.3	8.3	1.7



Q52: If one of your best friends were to offer you an e-cigarette or vaping device, would you use it?

Use of an E-Cigarette or Vaping Device if Offered by Best Friend, by Gender

	Definitely not	Probably not	Probably yes	Definitely yes
Overall	80.5	12.9	4.2	2.4
Male	84.1	9.5	4.8	1.6
Female	76.7	16.7	3.3	3.3



Q53: Do you believe that e-cigarettes/vaping are [less/equally/more] addictive than cigarettes?

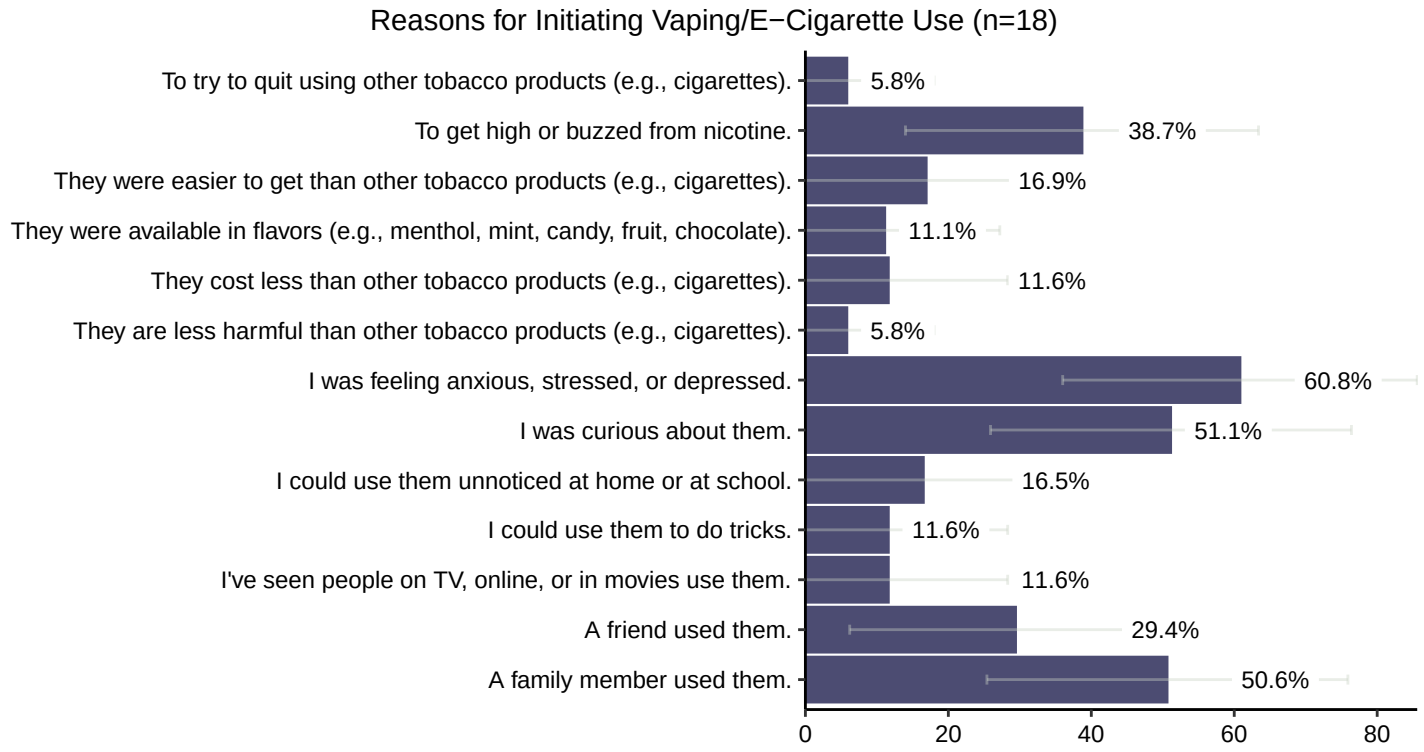
Perceived Addictiveness of E-Cigarettes/Vaping Compared to Cigarettes, by Gender

	I don't know enough about these products to compare.	Less addictive	Equally as addictive	More addictive
Overall	45.6	4.2	17.1	33.2
Male	44.4	6.3	15.9	33.3
Female	46.7	1.7	18.3	33.3

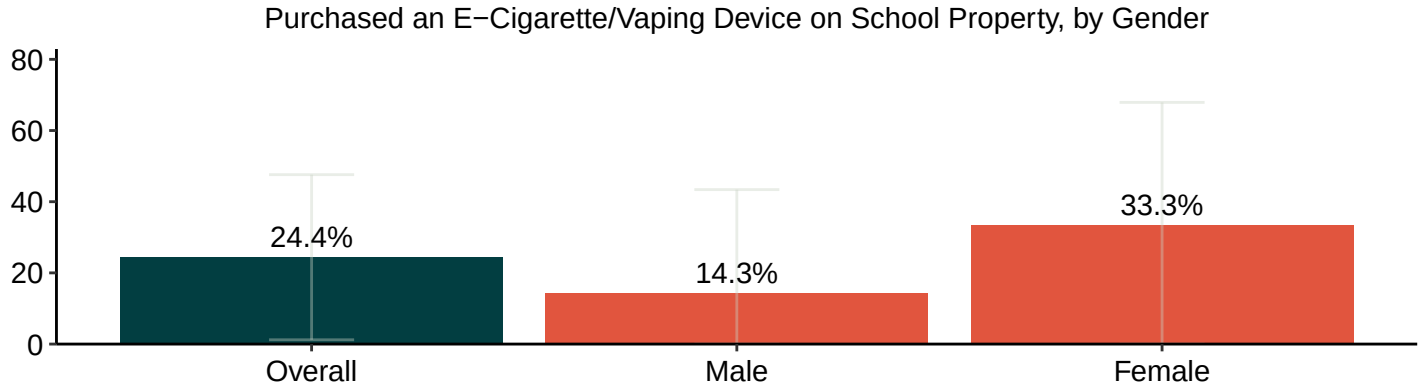
Students' E-Cigarette Use and/or Vaping

The next three questions were only asked of students who reported using an e-cigarette or vaping at least once in their lifetime (n=18).

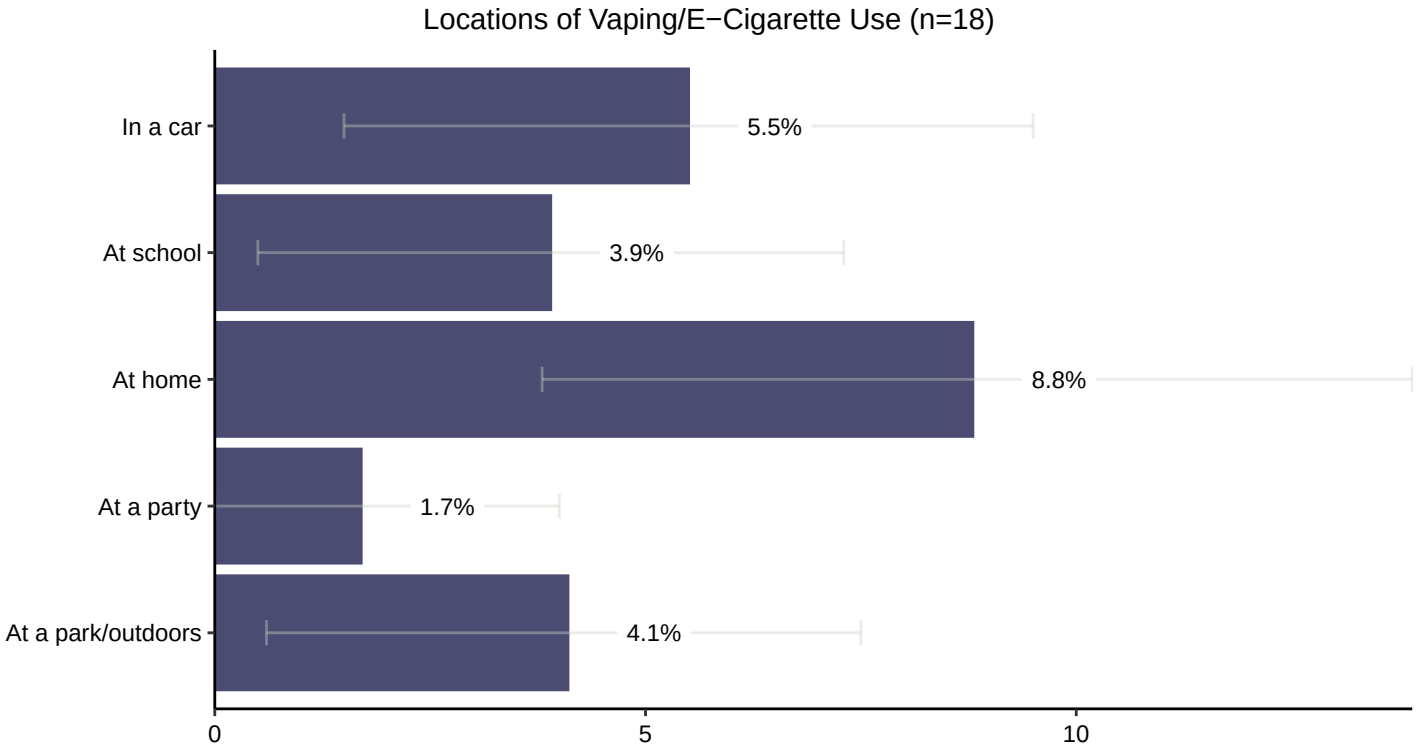
Q54: Why did you first use a vaping device/e-cigarette? (please check all that apply) *The percentages below can be interpreted as, "Out of students who reported ever using an e-cigarette or vaping device (n=18), X% reported this reason for their initiation of use.*



Q55: Have you ever purchased an e-cigarette or vaping device, pod, cartridge, single hit, or e-liquid refill while at school or on school property?



Q56: Where have you used an e-cigarette or vaping device? (please select all that apply) *The percentages below can be interpreted as, "Out of students who reported ever using an e-cigarette or vaping device (n=18), X% reported using in this location.*



Perceived Access to Substances

Access to each substance was defined using students' responses to the question, "How easy is it to get..." Students were asked to respond using a rating scale from "Very easy" to "Very difficult." If they did not know, they could select "Don't know."

The tables for each substance display the percent of students (weighted proportions) who reported each rating option ("Very easy," "Fairly easy," "Fairly difficult," and "Very difficult"), shown by gender. Students who responded "Don't know" were excluded from these proportion calculations.

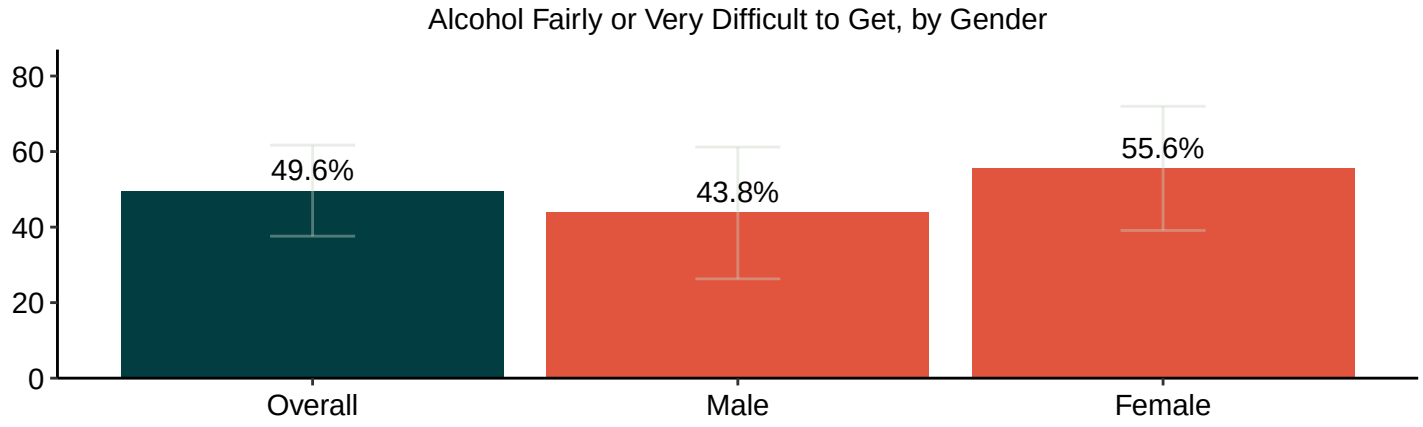
The bar graphs for each substance show the combined percent of students (weighted proportions) who reported that it was either "Fairly difficult" or "Very difficult" to obtain each substance, shown by gender. Each bar also includes a light gray line that represents the lower and upper limit of the 95% confidence interval. Longer lines indicate that there is potential for more variation in the estimated value and shorter lines indicate less variation.

Access to Alcohol

Q57a: How easy is it to get alcohol (beer, coolers, liquor, etc.)?

Perceived Access to Alcohol, by Gender

	Very easy	Fairly easy	Fairly difficult	Very difficult
Overall	16.3	34.1	10.2	39.4
Male	18.8	37.5	9.4	34.4
Female	13.9	30.6	11.1	44.4



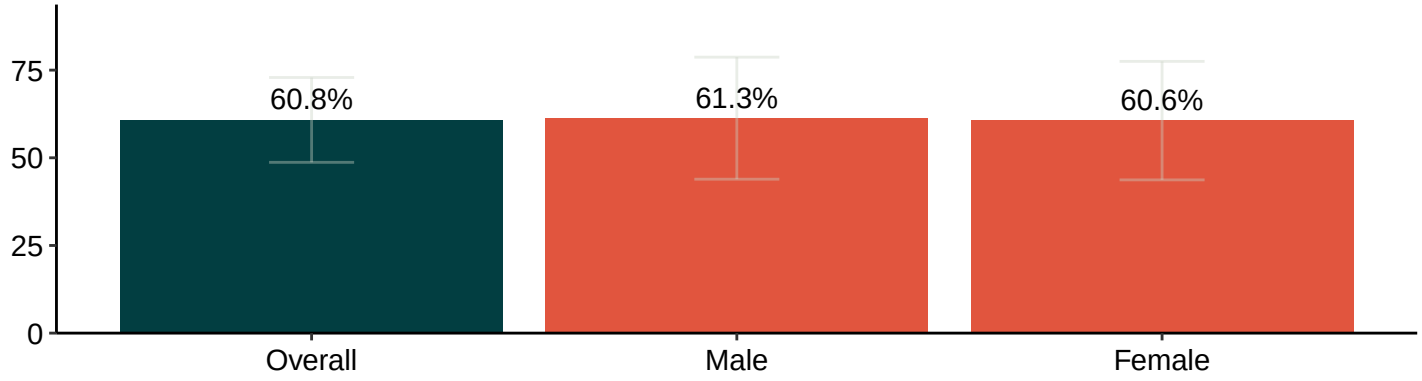
Access to Tobacco Products

Q57b: How easy is it to get tobacco products (cigarettes, dip, etc.)?

Perceived Access to Tobacco Products, by Gender

	Very easy	Fairly easy	Fairly difficult	Very difficult
Overall	20.5	18.7	17.2	43.6
Male	25.8	12.9	19.4	41.9
Female	15.2	24.2	15.2	45.5

Tobacco Products Fairly or Very Difficult to Get, by Gender

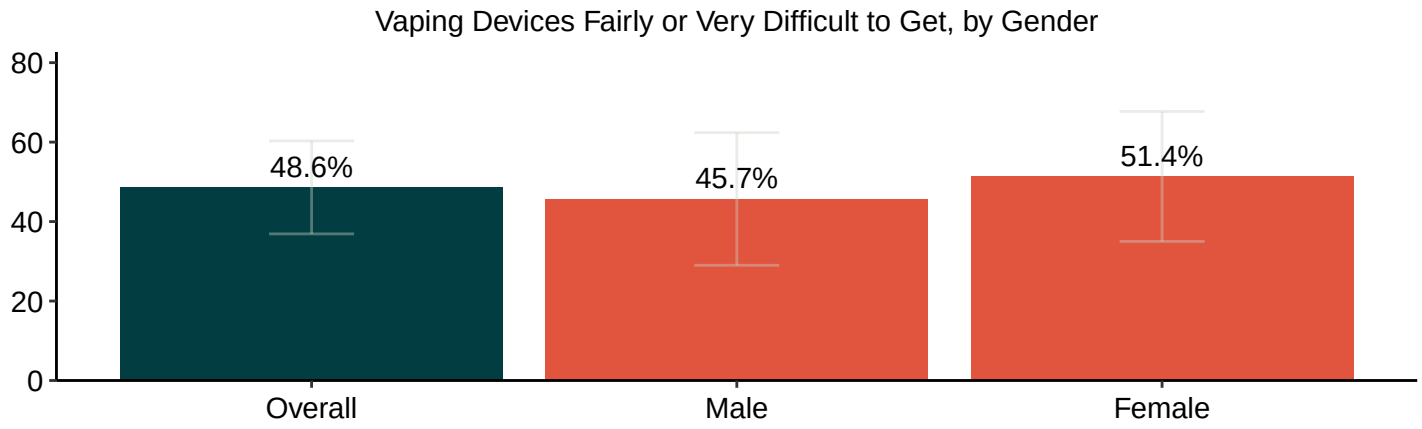


Access to Vaping Devices

Q57C: How easy is it to get vaping devices (JUULs, vape pens, e-cigarettes)?

Perceived Access to Vaping Devices, by Gender

	Very easy	Fairly easy	Fairly difficult	Very difficult
Overall	32.1	19.3	14.0	34.6
Male	37.1	17.1	11.4	34.3
Female	27.0	21.6	16.2	35.1

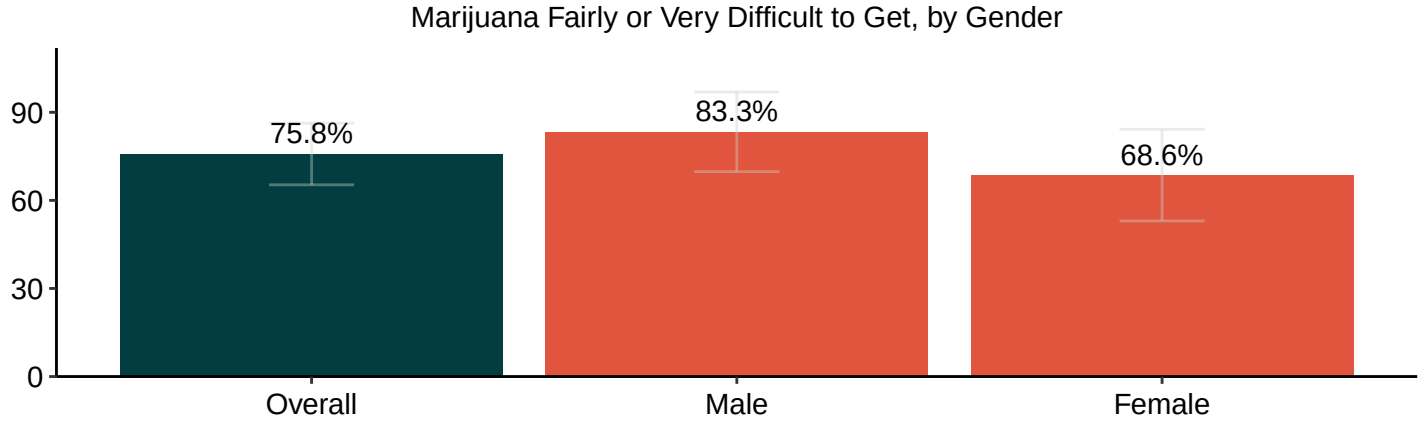


Access to Marijuana

Q57d: How easy is it to get marijuana (e.g., pot, hash, edibles)?

Perceived Access to Marijuana, by Gender

	Very easy	Fairly easy	Fairly difficult	Very difficult
Overall	7.4	16.9	29.6	46.2
Male	0.0	16.7	33.3	50.0
Female	14.3	17.1	25.7	42.9

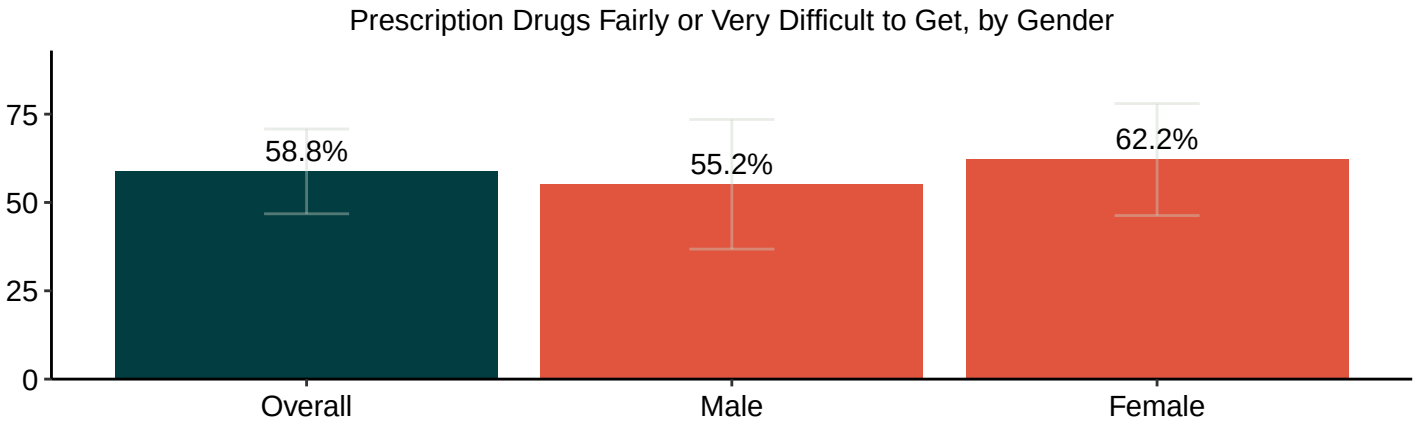


Access to Prescription Drugs

Q57e: How easy is it to get prescription drugs not prescribed to you?

Perceived Access to Prescription Drugs, by Gender

	Very easy	Fairly easy	Fairly difficult	Very difficult
Overall	23.1	18.1	14.8	44.0
Male	27.6	17.2	6.9	48.3
Female	18.9	18.9	21.6	40.5



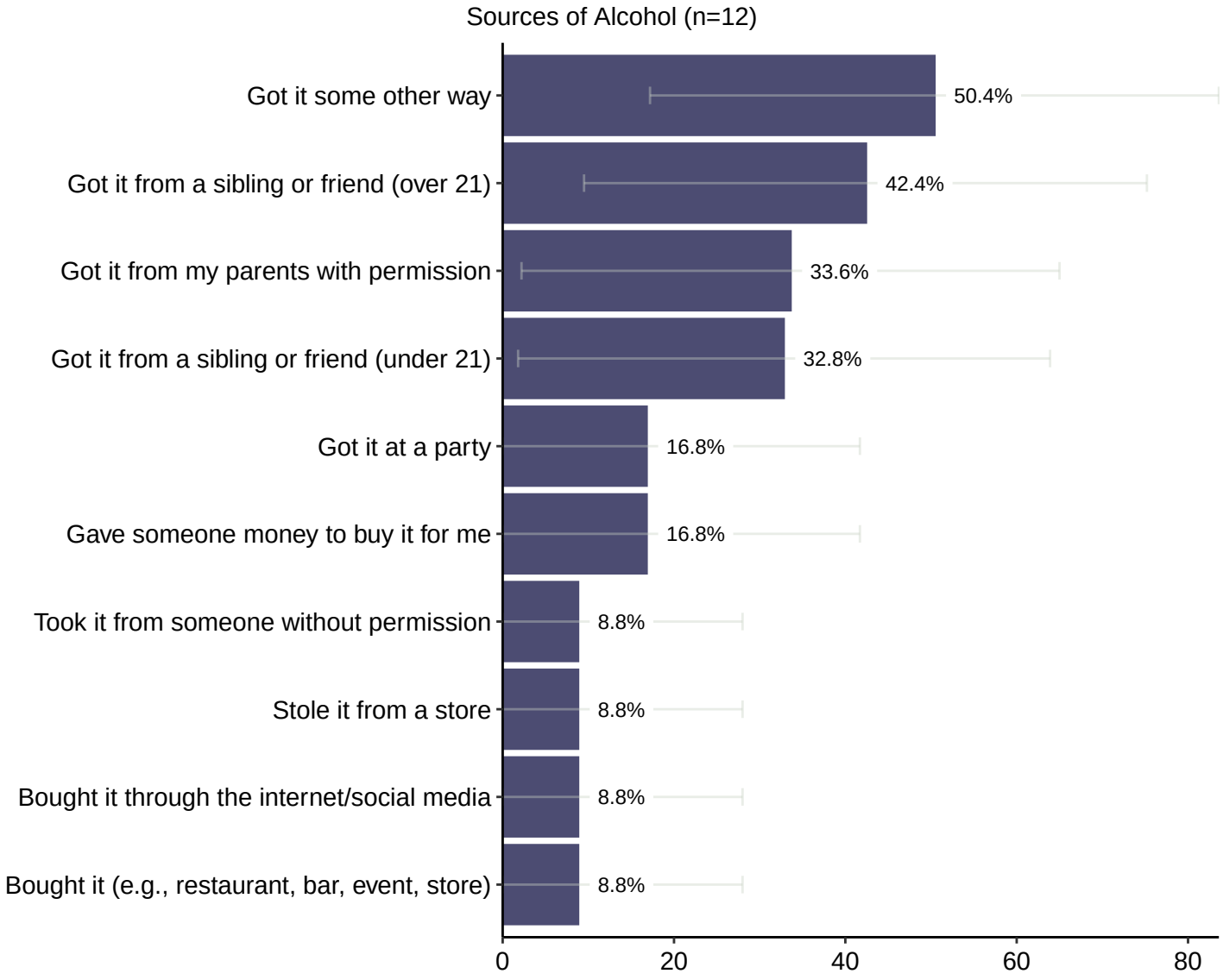
Sources of Substances

Sources for each substance was defined using students' responses to the question, "During the past 30 days, if you used… in which ways (if any) did you get…?" This question was asked for prescription drugs, alcohol, marijuana/THC, and vaping devices/substances. Students who reported past 30-day use were asked to select all of their sources. If a student did not use in the past 30 days, they were not asked to report sources and they are not included in these calculations.

The bar graph for each substance displays the percent of students who reported each source, provided that they responded to the question. Therefore, each data point can be interpreted as, "the percent of students who obtained substances from each source out of those who reported at least one source." The number of students who selected at least one source is included in the title of the graph. Students could select multiple sources, so percentages in the plots will not sum to 100 percent. Demographic breakdowns are not included for individual sources due to small sample sizes.

Sources of Alcohol

Q58: During the past 30 days, if you used alcohol, in which ways (if any) did you get alcohol? (Mark all that apply.) *Plot will not populate if fewer than ten students responded to this question.*

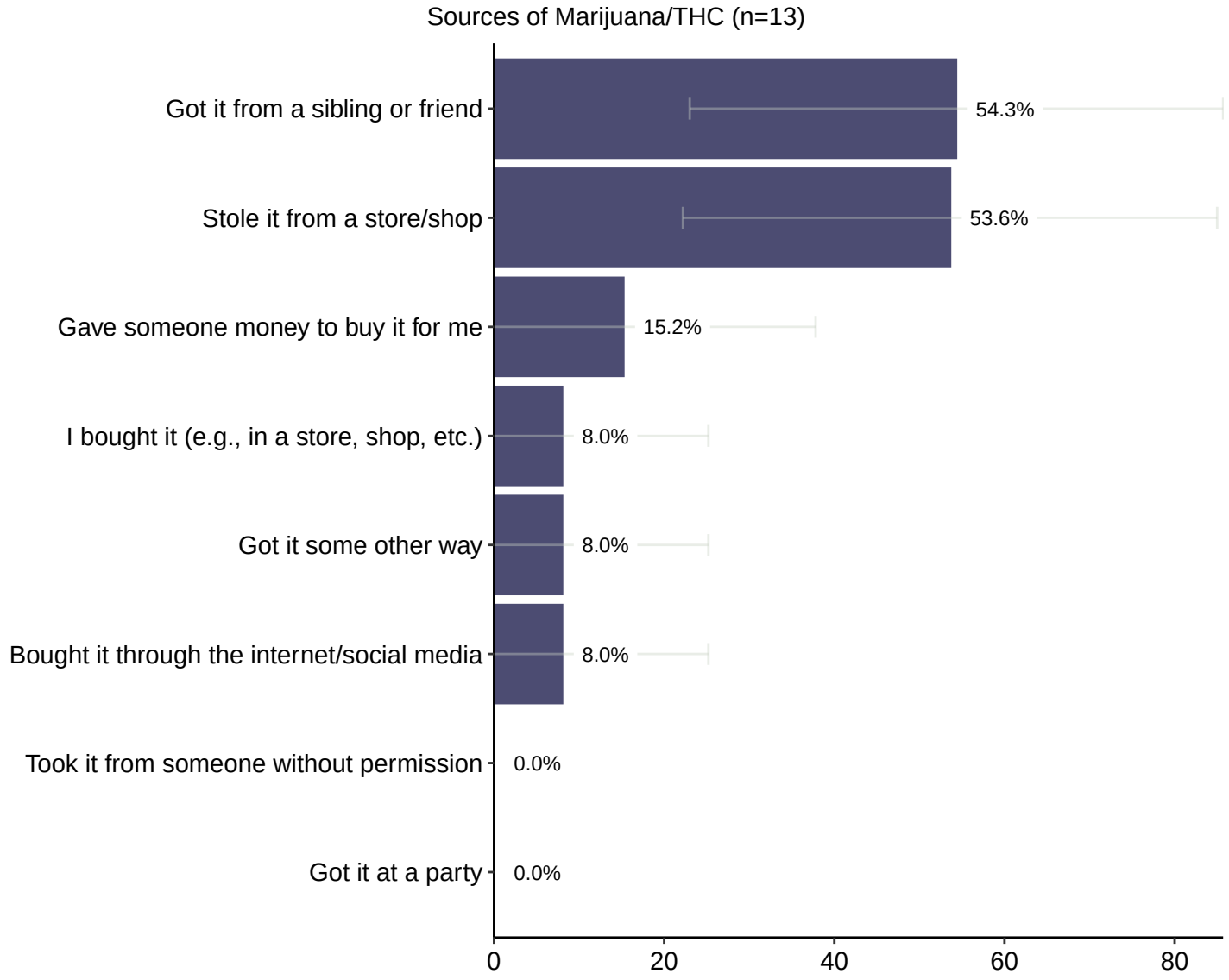


Sources of Prescription Drugs

Q59: During the past 30 days, if you used prescription drugs to get high, how did you get the drugs? (Mark all that apply.) *Plot will not populate if fewer than ten students responded to this question.*

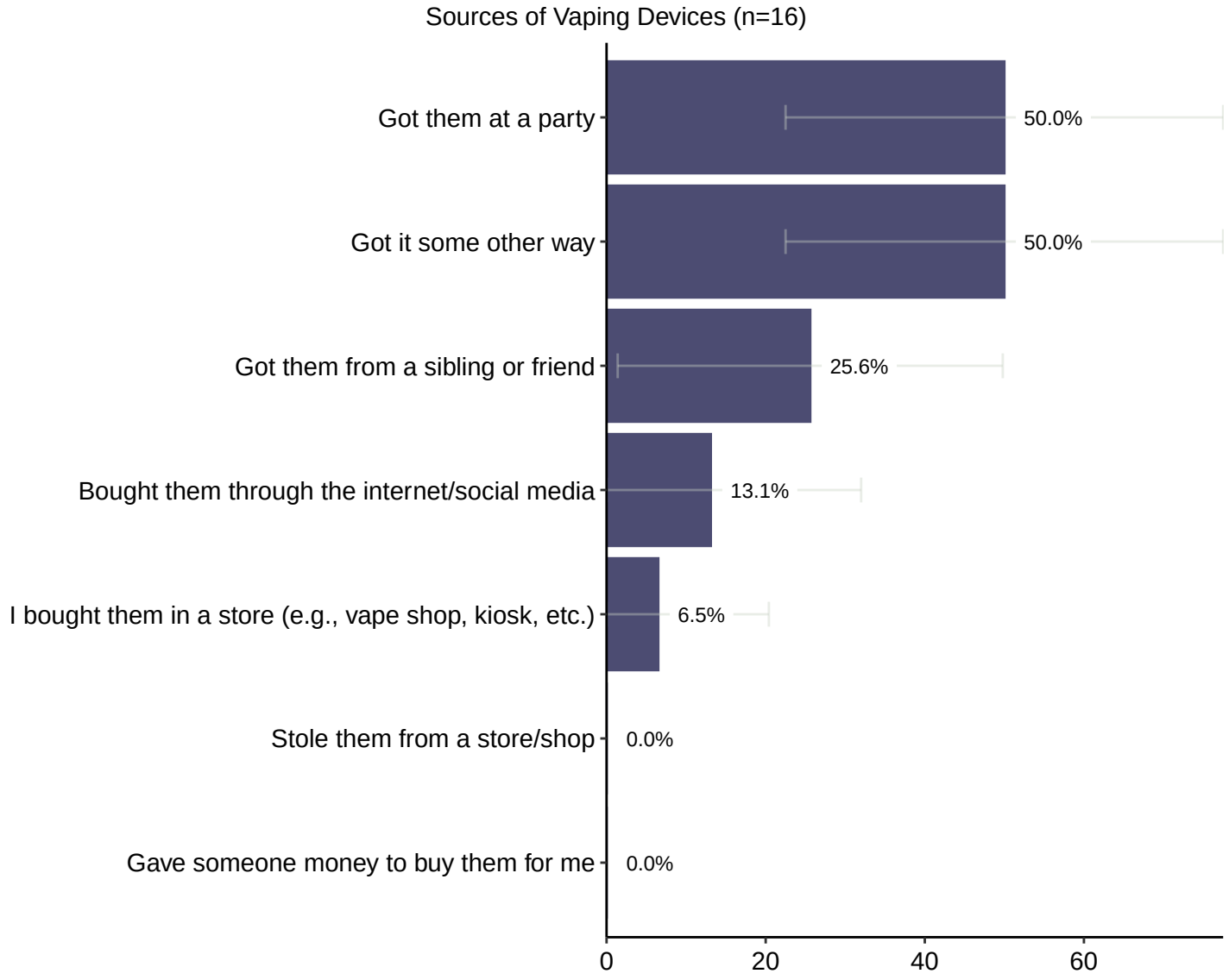
Sources of Marijuana/THC

Q60: During the past 30 days, if you used marijuana/THC (through smoking, vaping, edibles, Delta-8, or any other way), how did you get it? (Mark all that apply.) *Plot will not populate if fewer than ten students responded to this question.*



Sources of Vaping Devices and Substances

Q61: During the past 30 days, if you vaped, how did you get your vaping devices and substances? (Mark all that apply.) *Plot will not populate if fewer than ten students responded to this question.*



Riding with Impaired Drivers

Riding with impaired drivers was defined as riding in a car with someone under the influence of each substance. Students who reported ever having ridden in a car with an impaired driver were asked to report the number of times they had done so in the past 30 days.

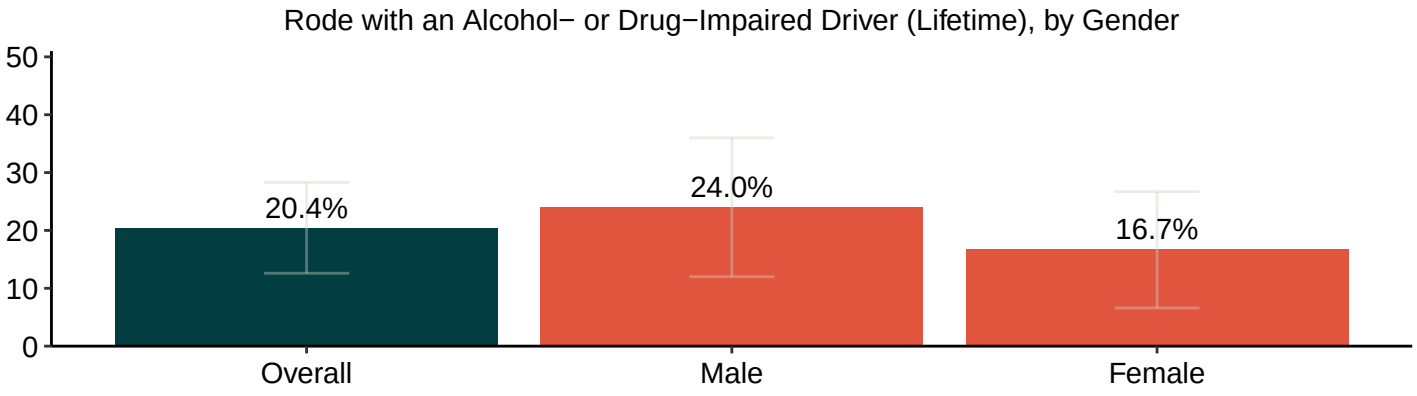
The first bar graph for each substance displays the percent of students (weighted proportions) who reported ever riding in a car with an impaired driver (lifetime), shown by gender. Each bar also includes a light gray line that represents the lower and upper limit of the 95% confidence interval. Longer lines indicate that there is potential for more variation in the estimated value and shorter lines indicate less variation.

The tables for each substance display the percent of students (weighted proportions) who reported no past 30-day substance use (the "0 times" column) and the proportion of students who reported each frequency, shown by gender.

The final bar graph for each substance displays the percent of students (weighted proportions) who reported riding with an impaired driver in the past 30 days one or more times, shown by gender.

Lifetime Riding with an Alcohol or Drug-Impaired Driver

Q62a: Have you ever ridden in a car driven by someone who was intoxicated by alcohol or drugs?

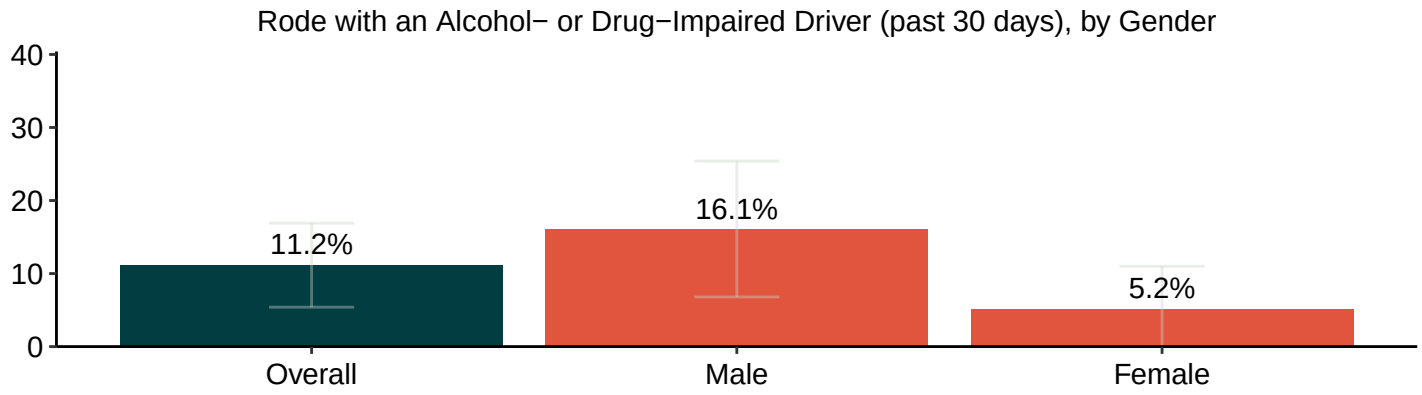


Past 30-Day Riding with an Alcohol or Drug-Impaired Driver

Q63a: During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who was intoxicated by alcohol or drugs?

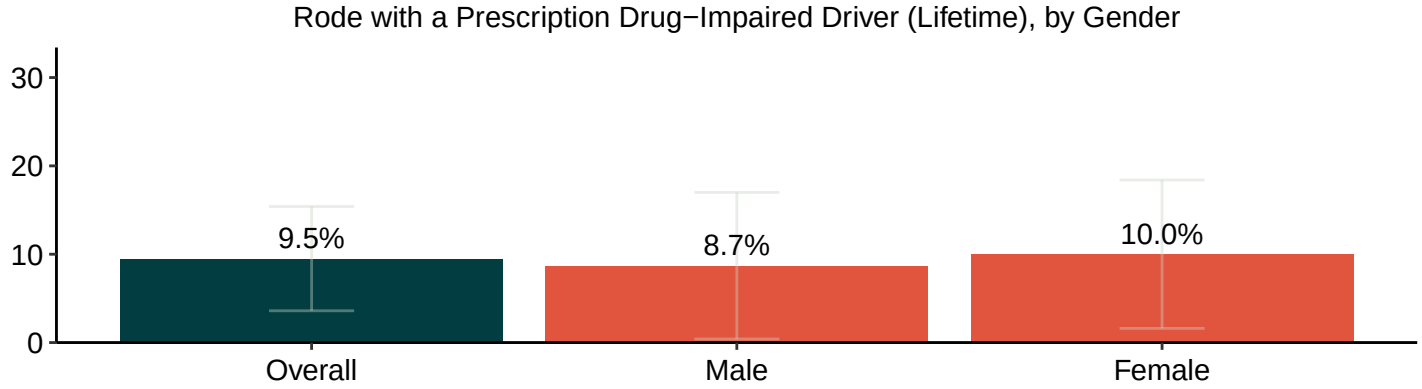
Rode with an Alcohol- or Drug-Impaired Driver (past 30 days), by Gender

	0 times	1 time	2 or 3 times	4 or 5 times	6 or more times
Overall	88.8	5.2	4.3	0.8	0.9
Male	83.9	8.1	6.5	0.0	1.6
Female	94.8	1.7	1.7	1.7	0.0



Lifetime Riding with a Prescription Drug-Impaired Driver

Q62b: Have you ever ridden in a car driven by someone who was taking or was under the influence of prescription drugs?

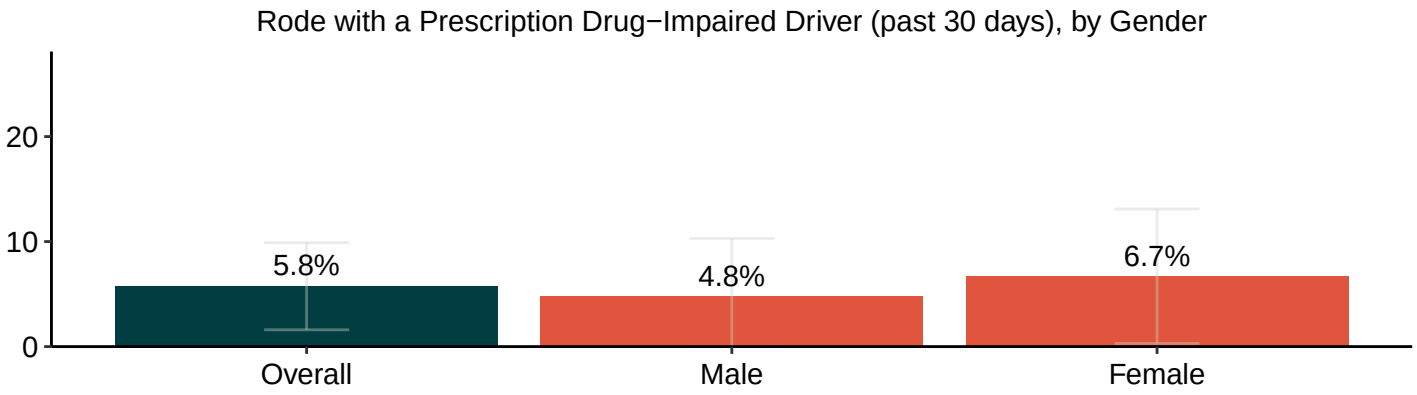


Past 30-Day Riding with a Prescription Drug-Impaired Driver

Q63b: During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who was taking or was under the influence of prescription drugs?

Rode with a Prescription Drug-Impaired Driver (past 30 days), by Gender

	0 times	1 time	2 or 3 times	4 or 5 times	6 or more times
Overall	94.2	2.5	0.0	0.9	2.4
Male	95.2	1.6	0.0	1.6	1.6
Female	93.3	3.3	0.0	0.0	3.3


Rode with a Prescription Drug−Impaired Driver (past 30 days), by Gender
20
10
0
5.8%
4.8%
6.7%
Overall
Male
Female

Friends' Substance Use

Friends' substance use was defined using students' responses to the questions, "Think of your four best friends (the friends you feel closest to). In the past year (12 months), how many, if any, of your friends have [used each substance]?"

The tables for each substance display the percent of students (weighted proportions) who reported that none of their closest friends had used (the "0 friends" column) and the proportion of students who reported each number of friends who used, shown by gender.

The bar graphs for each substance display the percent of students (weighted proportions) who reported that at least one or more of their closest friends had used each substance, shown by gender. Each bar also includes a light gray line that represents the lower and upper limit of the 95% confidence interval. Longer lines indicate that there is potential for more variation in the estimated value and shorter lines indicate less variation.

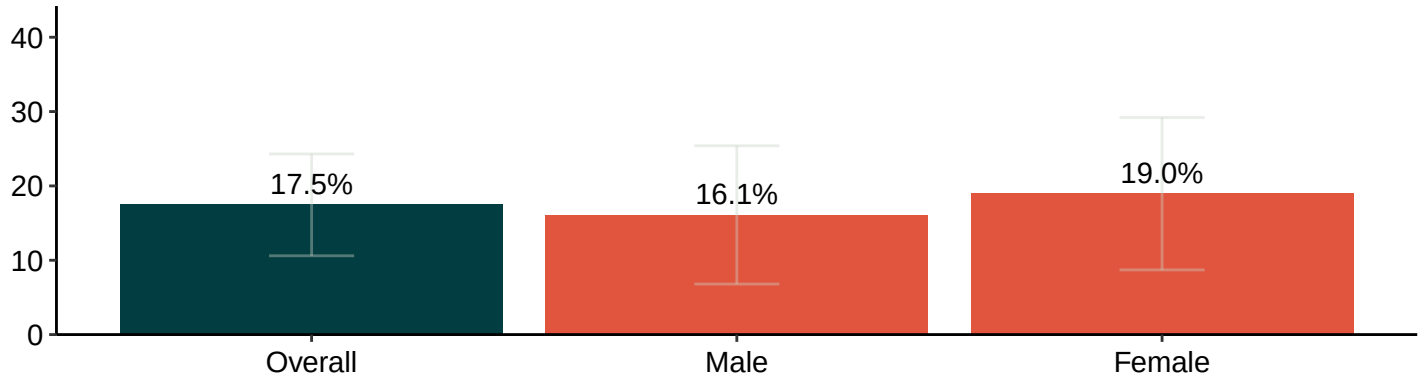
Friends' Alcohol Use

Q64a: Think of your four best friends (the friends you feel closest to). In the past year (12 months), how many, if any, of your friends have had one or more drinks of an alcoholic beverage?

Friends' Alcohol Use (past year), by Gender

	0 friends	1 friend	2 friends	3 friends	4 or more friends
Overall	82.5	8.2	4.9	1.7	2.6
Male	83.9	6.5	3.2	3.2	3.2
Female	81.0	10.3	6.9	0.0	1.7

One or More Friends Drank Alcohol (past year), by Gender

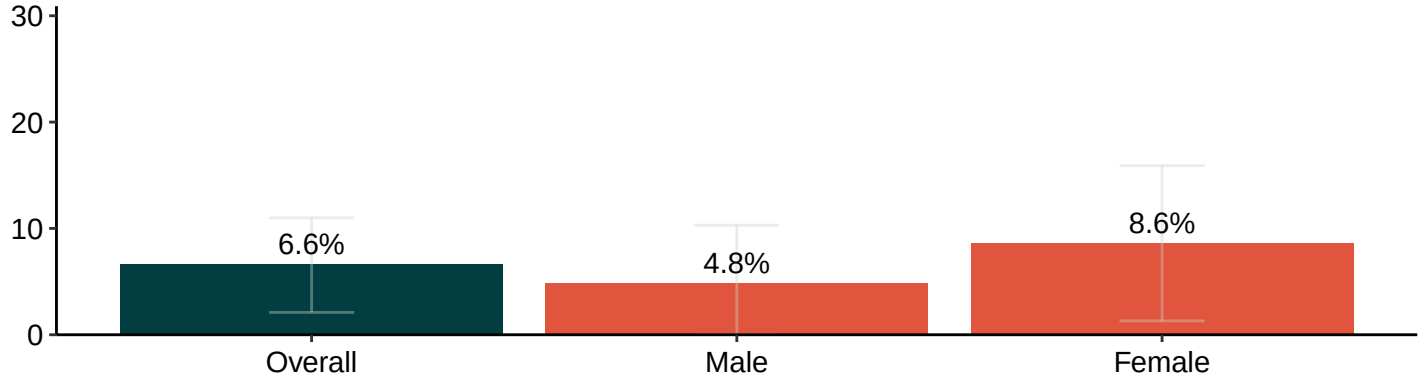


Q64b: Think of your four best friends (the friends you feel closest to). In the past year (12 months), how many, if any, of your friends have had 5 or more drinks on the same occasion?

Friends' Binge Drinking (past year), by Gender

	0 friends	1 friend	2 friends	3 friends	4 or more friends
Overall	93.4	4.1	2.5	0.0	0.0
Male	95.2	3.2	1.6	0.0	0.0
Female	91.4	5.2	3.4	0.0	0.0

One or More Friends Binge Drank (past year), by Gender



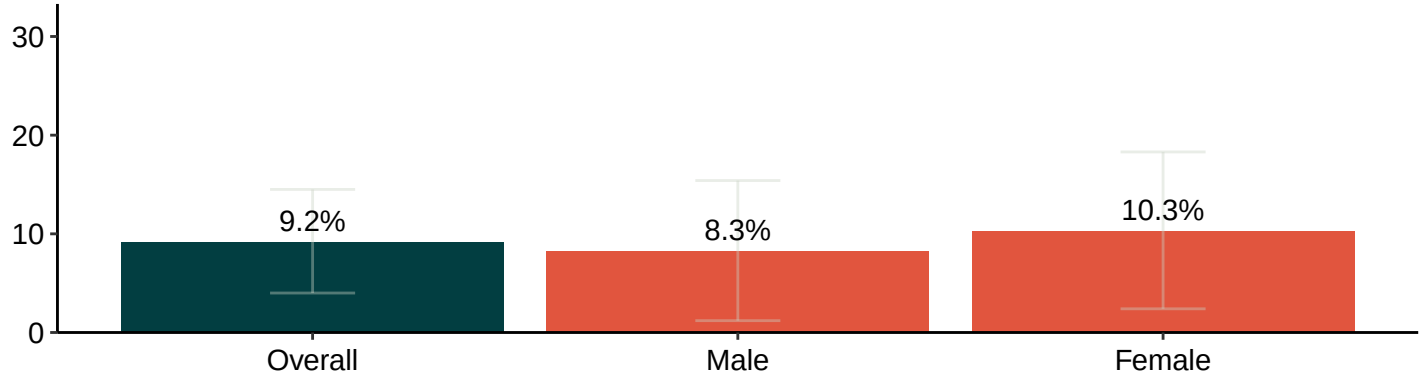
Friends' Prescription Drug Misuse

Q64c: Think of your four best friends (the friends you feel closest to). In the past year (12 months), how many, if any, of your friends have used prescription drugs not prescribed to them?

Friends' Prescription Drug Misuse (past year), by Gender

	0 friends	1 friend	2 friends	3 friends	4 or more friends
Overall	90.8	5.9	3.3	0.0	0.0
Male	91.7	6.7	1.7	0.0	0.0
Female	89.7	5.2	5.2	0.0	0.0

One or More Friends Misused Prescription Drugs (past year), by Gender



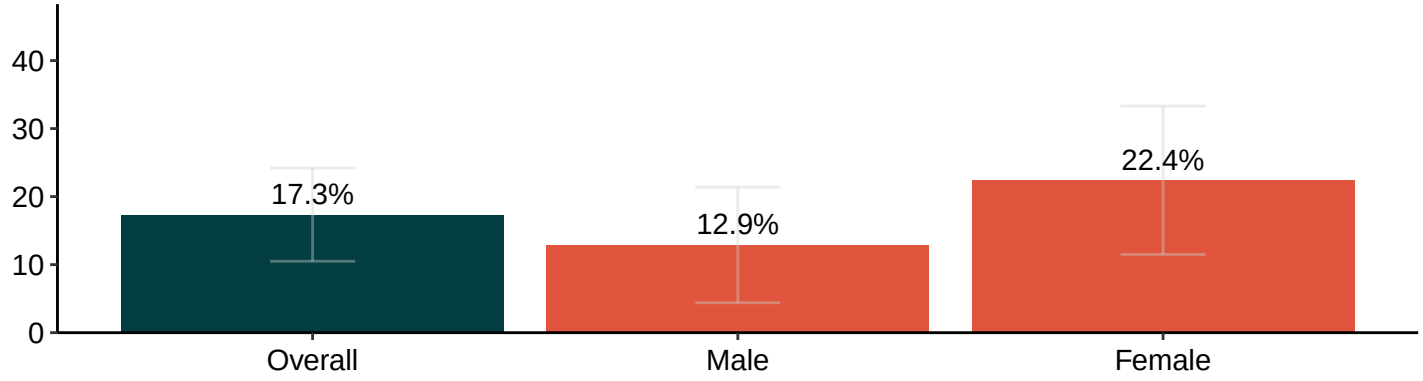
Friends' Tobacco Use

Q64d: Think of your four best friends (the friends you feel closest to). In the past year (12 months), how many, if any, of your friends have smoked part or all of a cigarette?

Friends' Cigarette Use (past year), by Gender

	0 friends	1 friend	2 friends	3 friends	4 or more friends
Overall	82.7	11.6	3.2	0.8	1.7
Male	87.1	11.3	1.6	0.0	0.0
Female	77.6	12.1	5.2	1.7	3.4

One or More Friends Smoked Cigarettes (past year), by Gender



Friends' Use of a Vaping Device

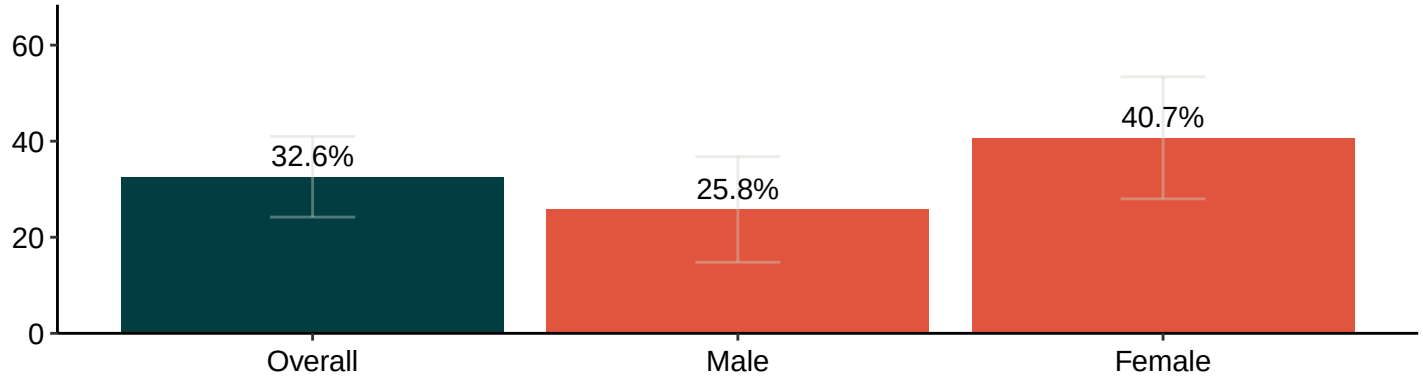
Note: Please see the next section (Friends' Marijuana Use) for friends' use of a vaping device with marijuana.

Q64e: Think of your four best friends (the friends you feel closest to). In the past year (12 months), how many, if any, of your friends have used a vaping device with nicotine?

Friends' Use of a Vaping Device with Nicotine (past year), by Gender

	0 friends	1 friend	2 friends	3 friends	4 or more friends
Overall	67.4	18.0	5.6	4.1	4.9
Male	74.2	14.5	3.2	4.8	3.2
Female	59.3	22.0	8.5	3.4	6.8

One or More Friends Used a Vaping Device with Nicotine (past year), by Gender



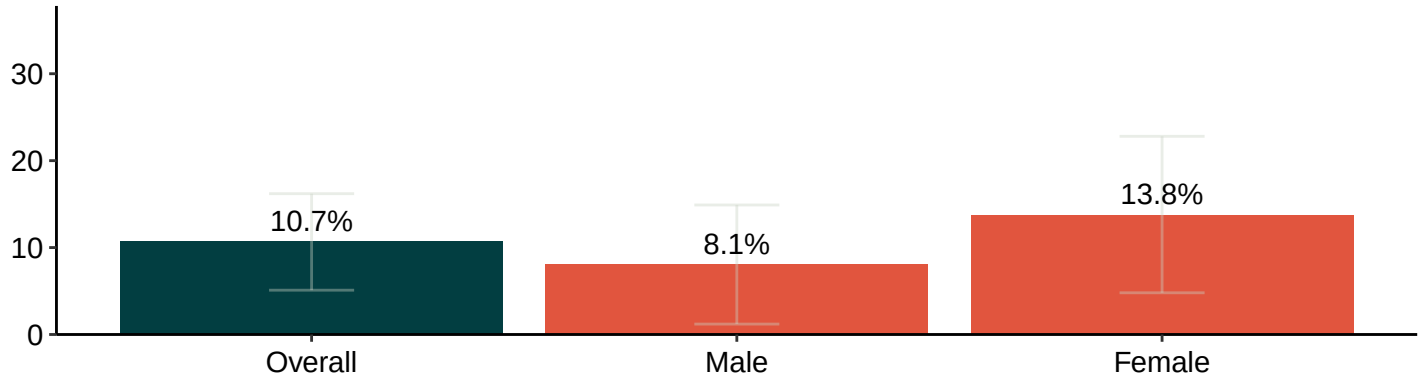
Friends' Marijuana Use

Q64f: Think of your four best friends (the friends you feel closest to). In the past year (12 months), how many, if any, of your friends have used a vaping device with marijuana?

Friends' Use of a Vaping Device with Marijuana (past year), by Gender

	0 friends	1 friend	2 friends	3 friends	4 or more friends
Overall	89.3	4.9	3.2	0.0	2.5
Male	91.9	3.2	1.6	0.0	3.2
Female	86.2	6.9	5.2	0.0	1.7

One or More Friends Used a Vaping Device with Marijuana (past year), by Gender

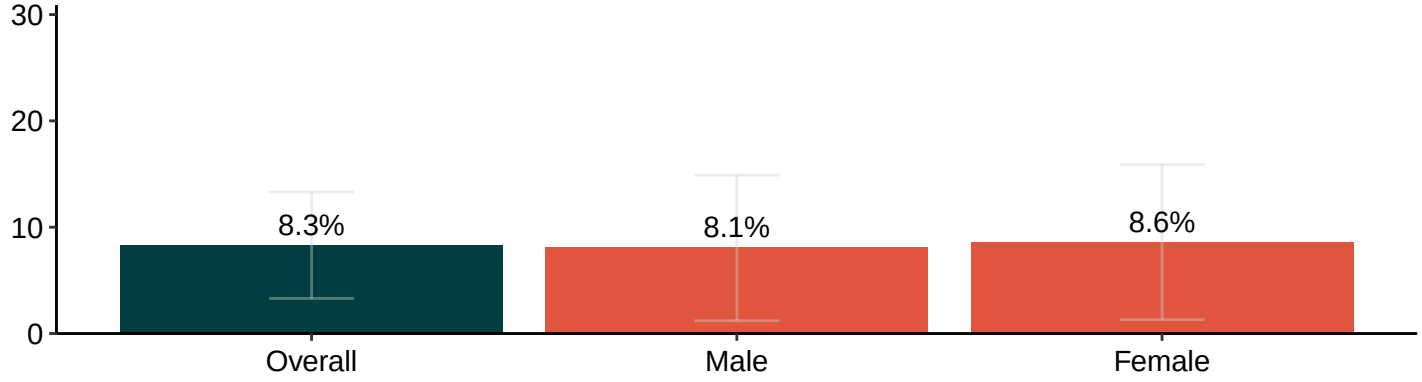


Q64g: Think of your four best friends (the friends you feel closest to). In the past year (12 months), how many, if any, of your friends have used marijuana or hashish some other way?

Friends' Marijuana Use (past year), by Gender

	0 friends	1 friend	2 friends	3 friends	4 or more friends
Overall	91.7	3.3	1.7	0.9	2.5
Male	91.9	3.2	1.6	1.6	1.6
Female	91.4	3.4	1.7	0.0	3.4

One or More Friends Used Marijuana (past year), by Gender



Parent, Peer, and Personal Disapproval of Alcohol and Other Drug Use

Parent, peer, and personal disapproval for each substance was defined using students' responses to the questions, "How wrong do your parents feel it would be for you to…", "How wrong do your friends feel it would be for you to…", and "How wrong do you think it is for someone your age to…" Students were asked to respond using a rating scale from "Not at all wrong" to "Very wrong."

The tables for each substance display the percent of students (weighted proportions) who reported each rating option ("Not at all wrong," "A little bit wrong," "Wrong," and "Very wrong"), shown by gender.

The bar graphs for each substance show the combined percent of students (weighted proportions) who reported that it was either "Wrong" or "Very wrong," shown by gender. Each bar also includes a light gray line that represents the lower and upper limit of the 95% confidence interval. Longer lines indicate that there is potential for more variation in the estimated value and shorter lines indicate less variation.

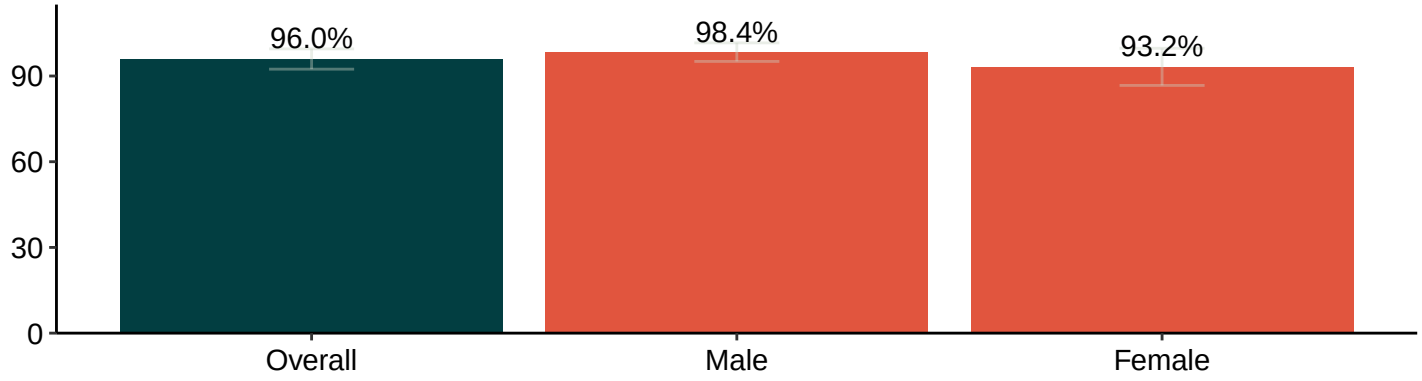
Parent Disapproval of Alcohol Use

Q65a: How wrong do your parents feel it would be for you to drink alcohol?

Parent Disapproval of Drinking Alcohol, by Gender

	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	1.6	2.5	10.8	85.2
Male	0.0	1.6	8.2	90.2
Female	3.4	3.4	13.6	79.7

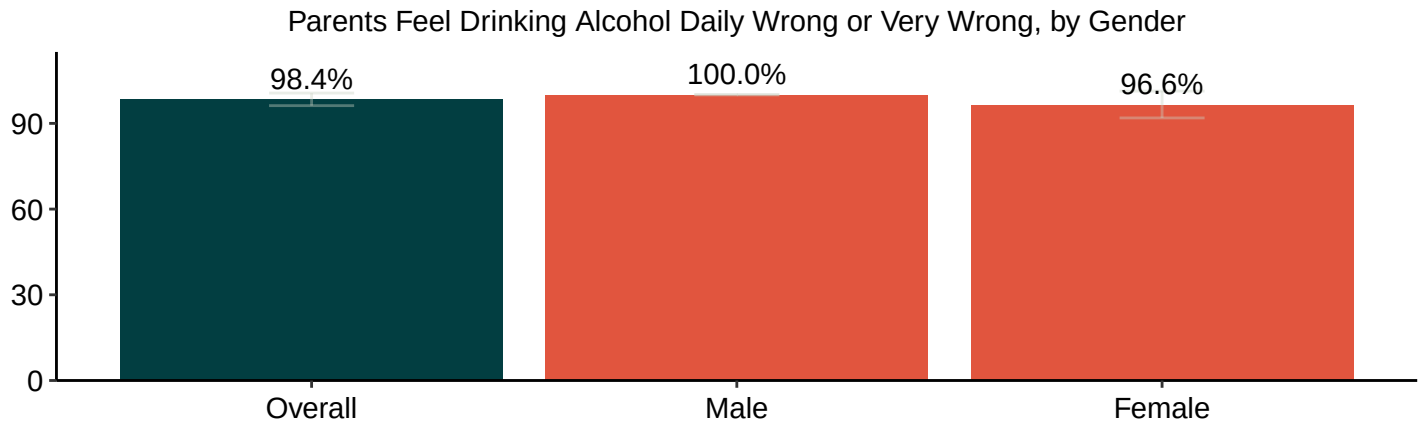
Parents Feel Drinking Alcohol Wrong or Very Wrong, by Gender



Q65b: How wrong do your parents feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day?

Parent Disapproval of Daily Drinking, by Gender

	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	0.0	1.6	8.3	90.1
Male	0.0	0.0	4.9	95.1
Female	0.0	3.4	11.9	84.7

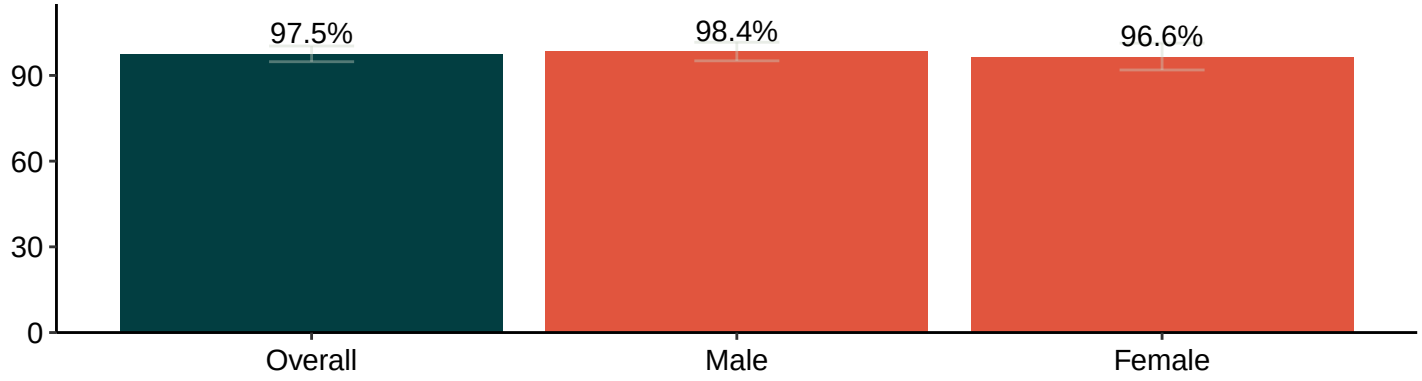


Parent Disapproval of Tobacco Use

Q65c: How wrong do your parents feel it would be for you to smoke tobacco?

Parent Disapproval of Smoking Tobacco, by Gender

	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	0.0	2.5	7.5	90.1
Male	0.0	1.6	4.9	93.4
Female	0.0	3.4	10.2	86.4



Parent Disapproval of Vaping

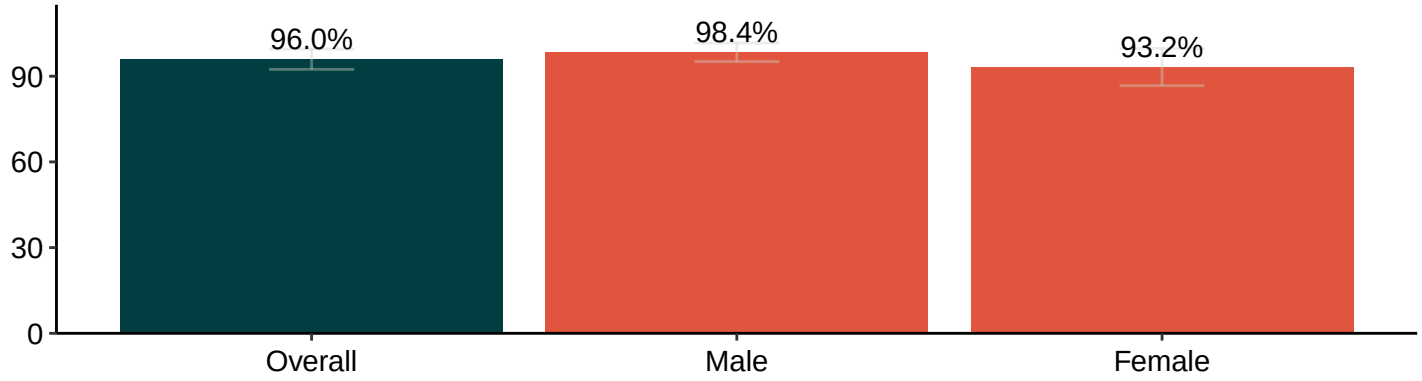
Note: Please see the next section (Parent Disapproval of Marijuana Use) for parental disapproval of use of a vaping device with marijuana.

Q65d: How wrong do your parents feel it would be for you to use a vaping device with nicotine?

Parent Disapproval of Use of a Vaping Device with Nicotine, by Gender

	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	0.8	3.2	9.1	86.8
Male	0.0	1.6	6.6	91.8
Female	1.7	5.1	11.9	81.4

Parents Feel Use of a Vaping Device with Nicotine Wrong or Very Wrong, by Gender

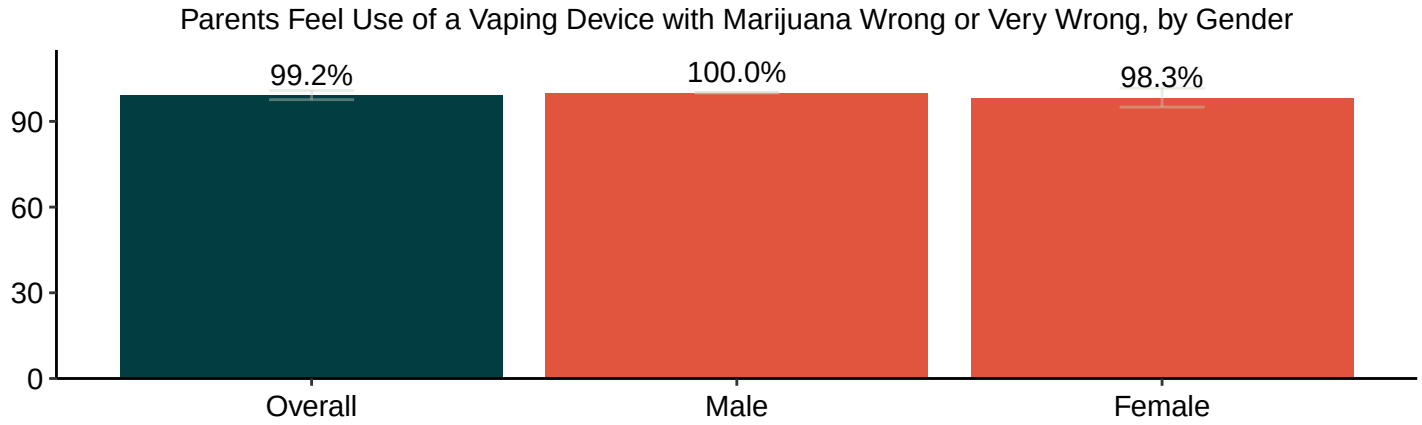


Parent Disapproval of Marijuana

Q65e: How wrong do your parents feel it would be for you to use a vaping device with marijuana?

Parent Disapproval of Use of a Vaping Device with Marijuana, by Gender

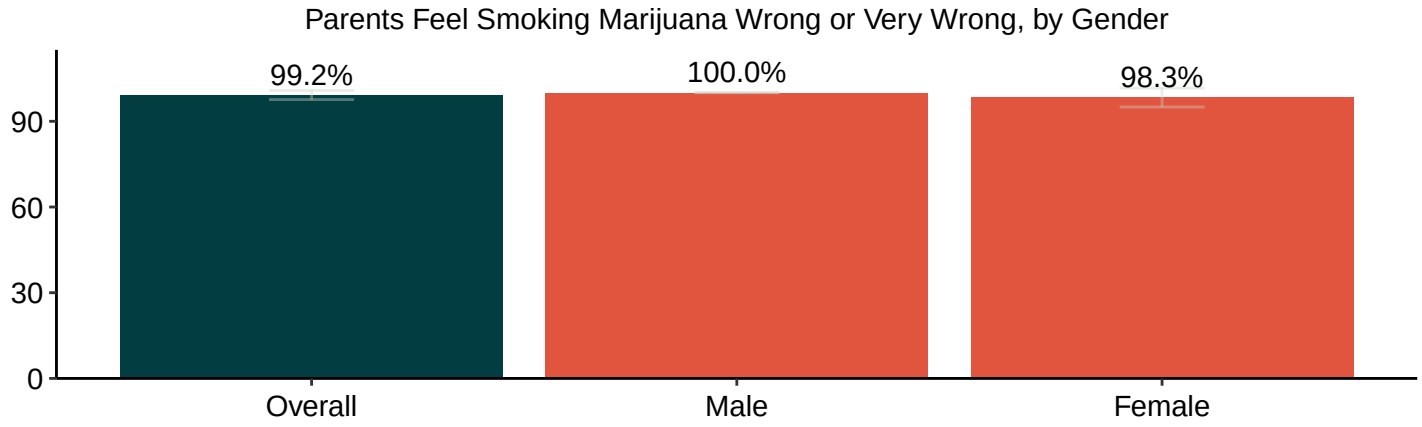
	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	0.0	0.8	6.5	92.7
Male	0.0	0.0	3.3	96.7
Female	0.0	1.7	10.2	88.1



Q65g: How wrong do your parents feel it would be for you to smoke marijuana?

Parent Disapproval of Smoking Marijuana, by Gender

	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	0.0	0.8	6.5	92.7
Male	0.0	0.0	3.3	96.7
Female	0.0	1.7	10.2	88.1



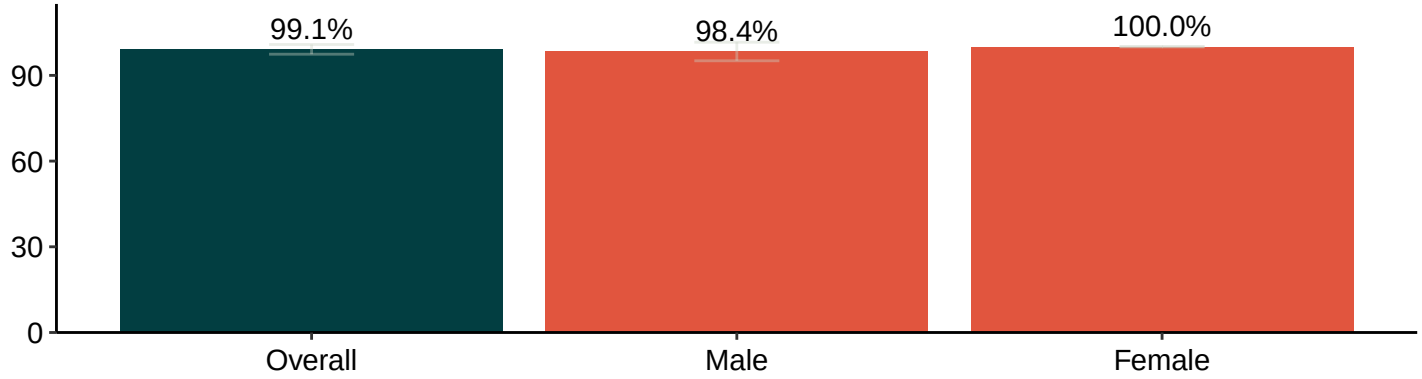
Parent Disapproval of Prescription Drug Misuse

Q65g: How wrong do your parents feel it would be for you to use prescription drugs not prescribed to you?

Parent Disapproval of Prescription Drug Misuse, by Gender

	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	0.0	0.9	6.6	92.6
Male	0.0	1.6	4.9	93.4
Female	0.0	0.0	8.5	91.5

Parents Feel Misusing Prescription Drugs Wrong or Very Wrong, by Gender



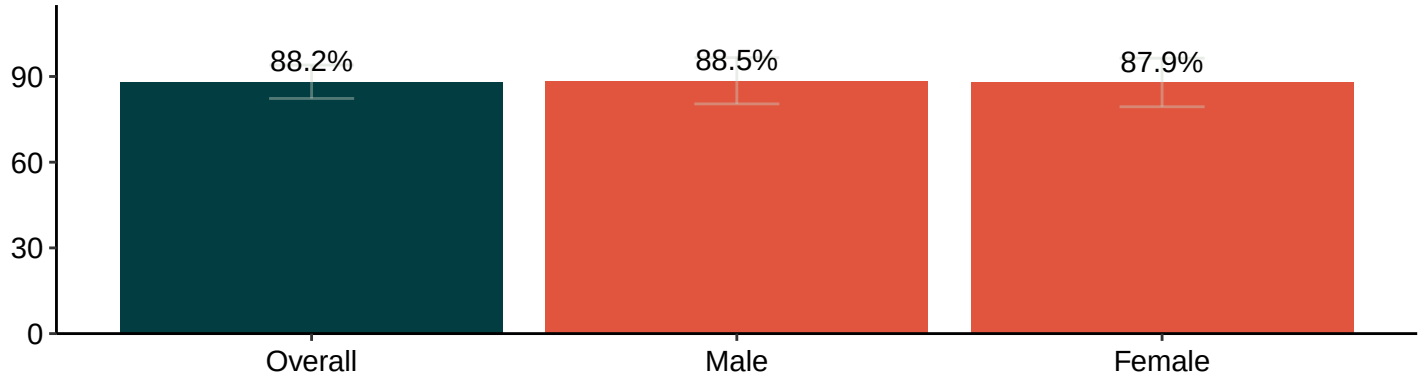
Peer Disapproval of Alcohol Use

Q66a: How wrong do your friends feel it would be for you to drink alcohol?

Peer Disapproval of Alcohol Use, by Gender

	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	5.2	6.6	21.0	67.2
Male	6.6	4.9	19.7	68.9
Female	3.4	8.6	22.4	65.5

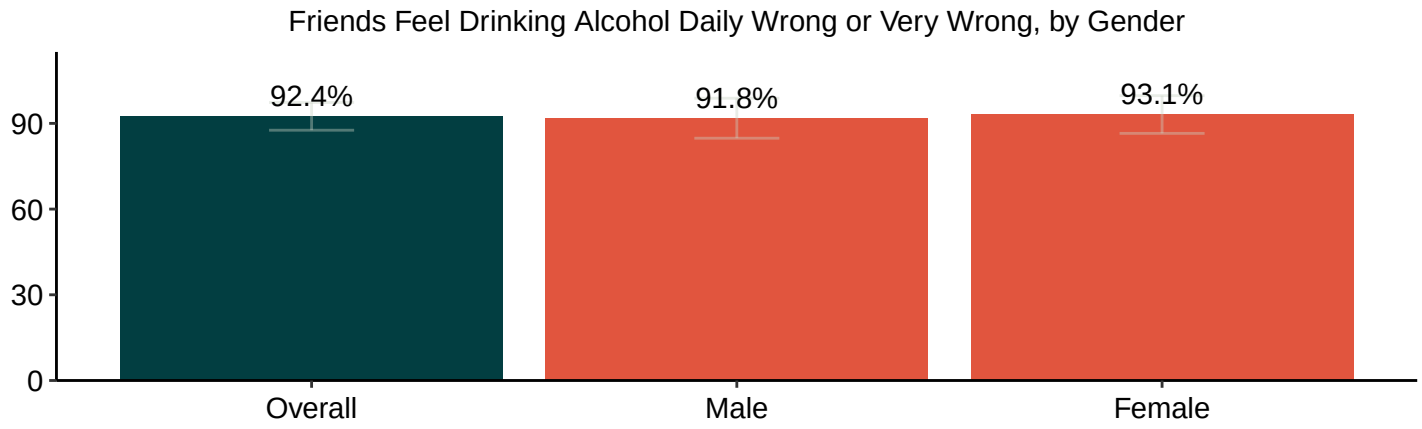
Friends Feel Alcohol Use Wrong or Very Wrong, by Gender



Q66b: How wrong do your friends feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day?

Peer Disapproval of Daily Drinking, by Gender

	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	4.1	3.4	21.0	71.4
Male	3.3	4.9	19.7	72.1
Female	5.2	1.7	22.4	70.7

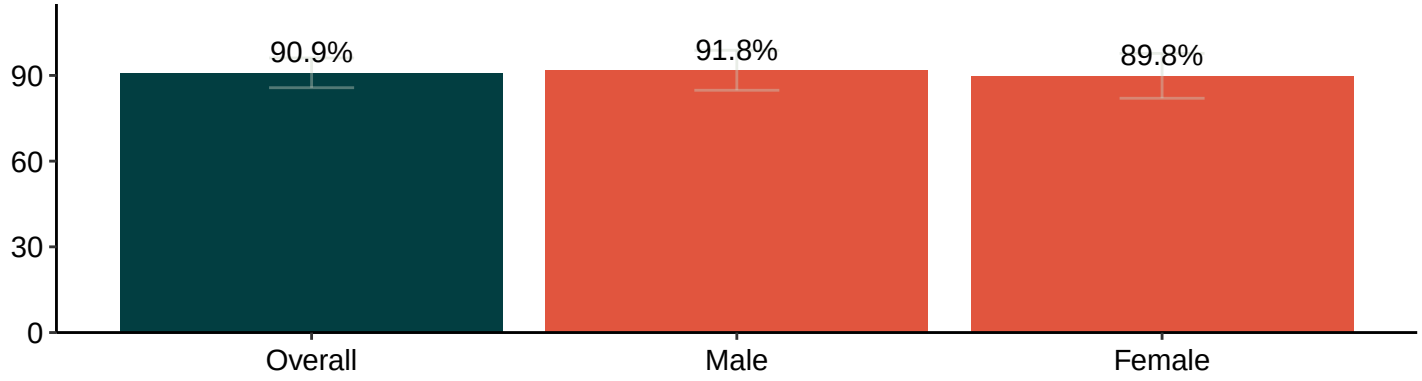


Peer Disapproval of Tobacco Use

Q66c: How wrong do your friends feel it would be for you to smoke tobacco?

Peer Disapproval of Tobacco Use, by Gender

	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	3.3	5.8	23.5	67.4
Male	3.3	4.9	23.0	68.9
Female	3.4	6.8	23.7	66.1



Peer Disapproval of Vaping

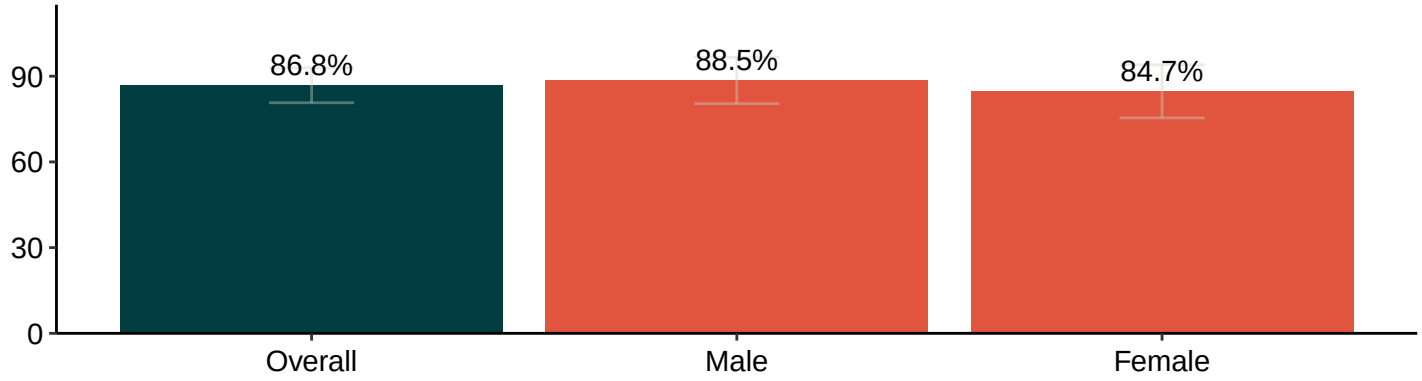
Note: Please see the next section (Peer Disapproval of Marijuana Use) for peer disapproval of use of a vaping device with marijuana.

Q66d: How wrong do your friends feel it would be for you to use a vaping device with nicotine?

Peer Disapproval of Use of a Vaping Device with Nicotine, by Gender

	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	6.7	6.5	21.8	65.0
Male	8.2	3.3	23.0	65.6
Female	5.1	10.2	20.3	64.4

Friends Feel Use of a Vaping Device with Nicotine Wrong or Very Wrong, by Gender

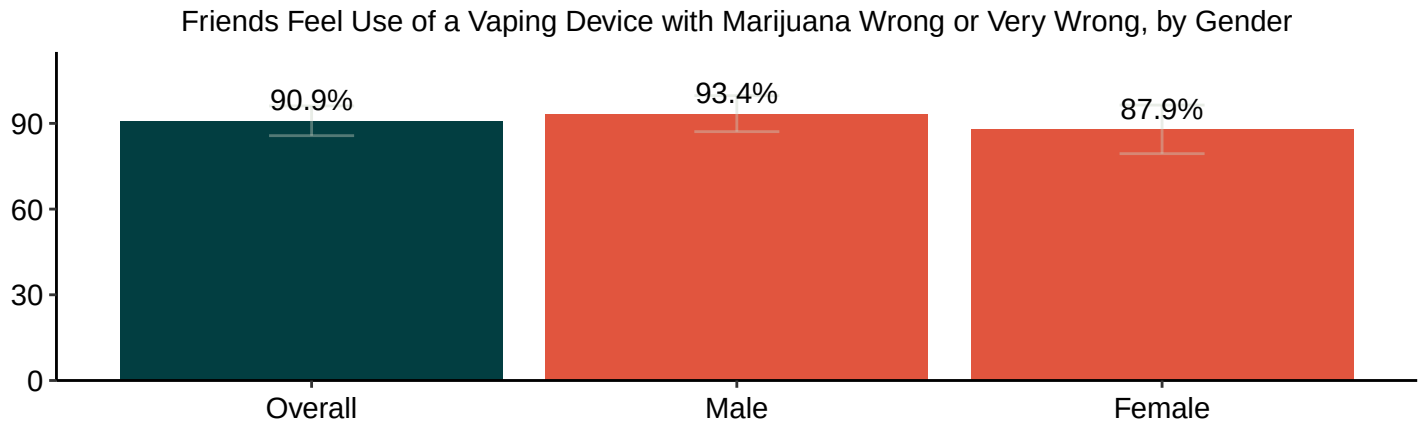


Peer Disapproval of Marijuana Use

Q66e: How wrong do your friends feel it would be for you to use a vaping device with marijuana?

Peer Disapproval of Use of a Vaping Device with Marijuana, by Gender

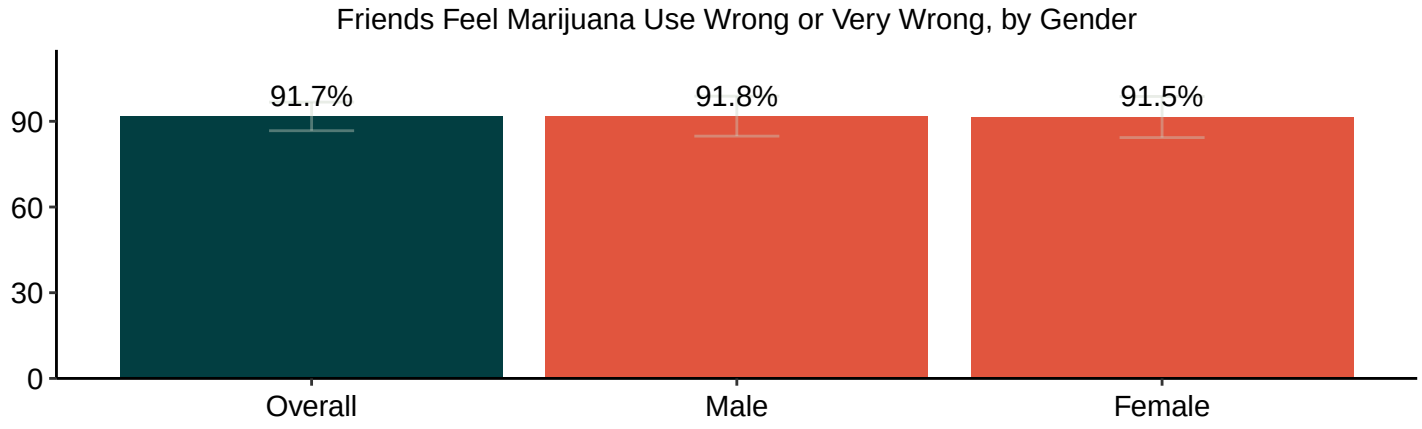
	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	3.3	5.7	18.5	72.4
Male	3.3	3.3	19.7	73.8
Female	3.4	8.6	17.2	70.7



Q66f: How wrong do your friends feel it would be for you to smoke marijuana?

Peer Disapproval of Marijuana Use, by Gender

	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	3.3	5.0	17.4	74.3
Male	3.3	4.9	16.4	75.4
Female	3.4	5.1	18.6	72.9

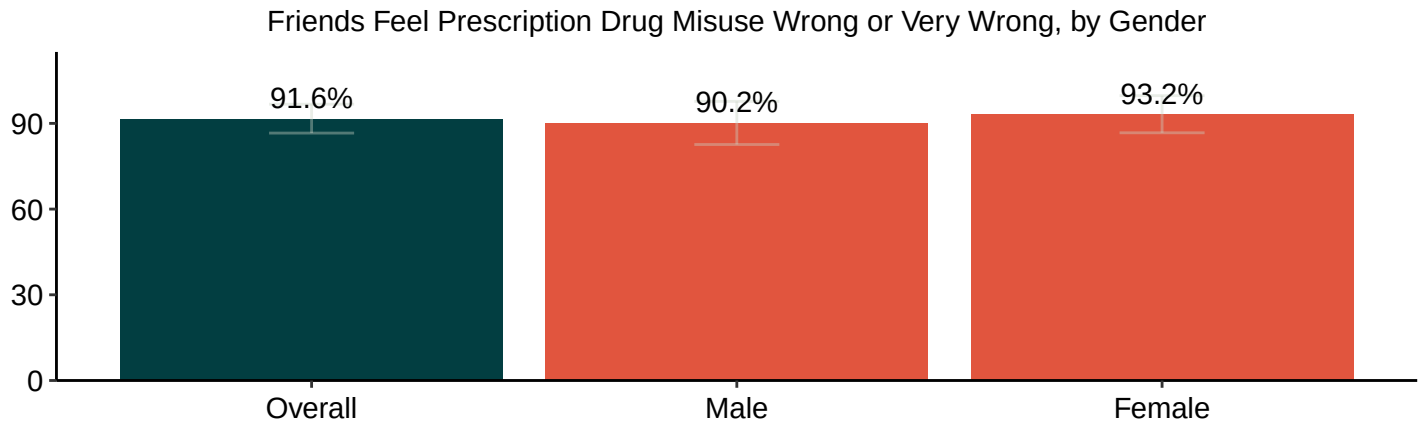


Peer Disapproval of Prescription Drug Misuse

Q66g: How wrong do your friends feel it would be for you to use prescription drugs not prescribed to you?

Peer Disapproval of Prescription Drug Misuse, by Gender

	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	3.4	5.0	17.4	74.3
Male	4.9	4.9	13.1	77.0
Female	1.7	5.1	22.0	71.2

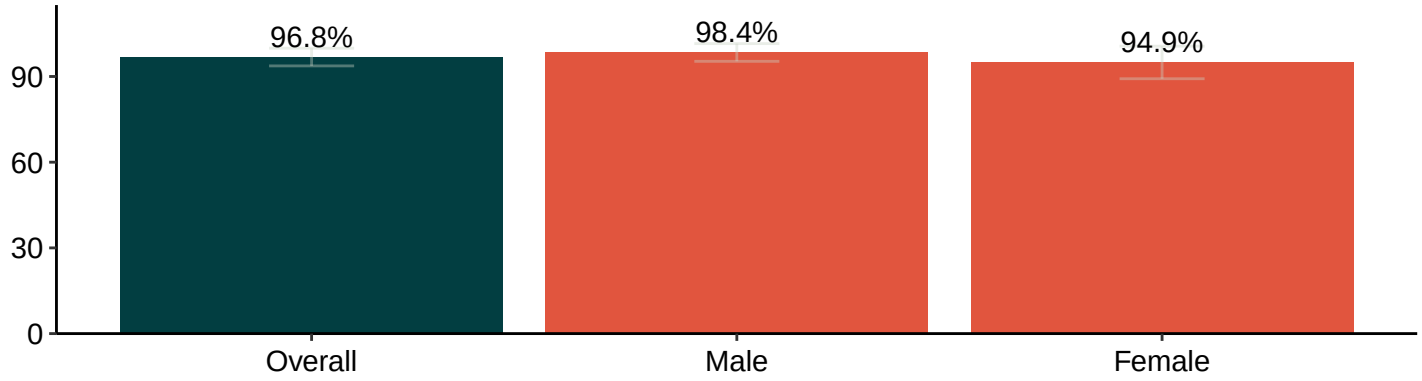


Personal Disapproval of Alcohol Use

Q67a: How wrong do you think it is for someone your age to drink alcohol?

Personal Disapproval of Alcohol Use, by Gender

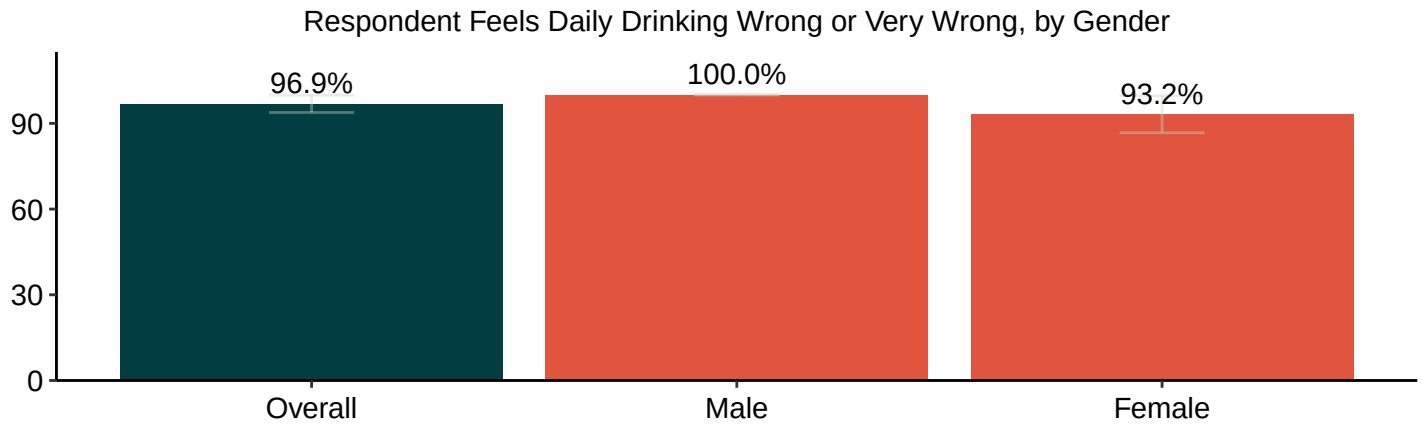
	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	0.8	2.4	12.5	84.4
Male	0.0	1.6	14.3	84.1
Female	1.7	3.4	10.2	84.7



Q67b: How wrong do you think it is for someone your age to have one or two drinks of an alcoholic beverage nearly every day?

Personal Disapproval of Daily Drinking, by Gender

	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	0.8	2.3	10.8	86.1
Male	0.0	0.0	12.7	87.3
Female	1.7	5.1	8.5	84.7

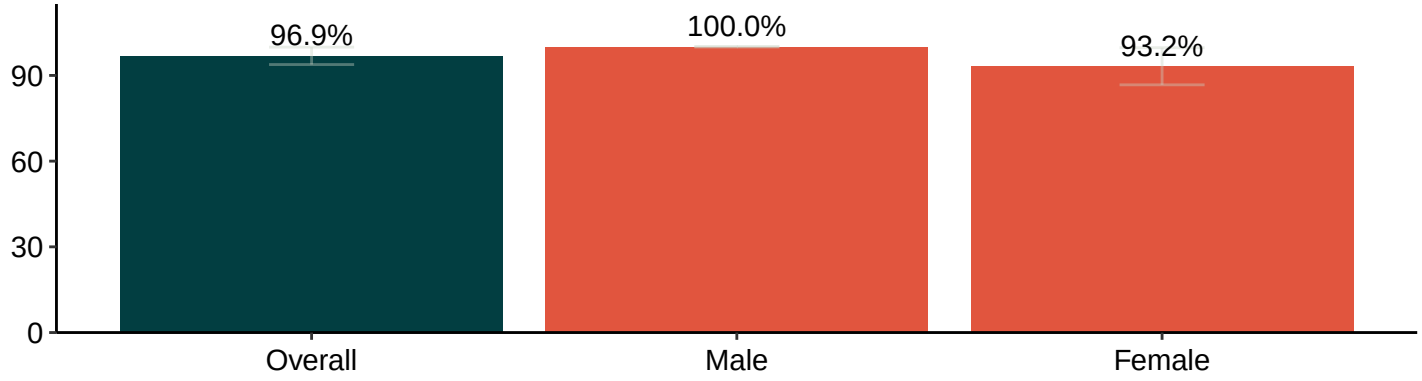


Personal Disapproval of Tobacco Use

Q67b: How wrong do you think it is for someone your age to smoke tobacco?

Personal Disapproval of Tobacco Use, by Gender

	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	0.8	2.4	10.1	86.8
Male	0.0	0.0	11.3	88.7
Female	1.7	5.1	8.5	84.7



Personal Disapproval of Vaping

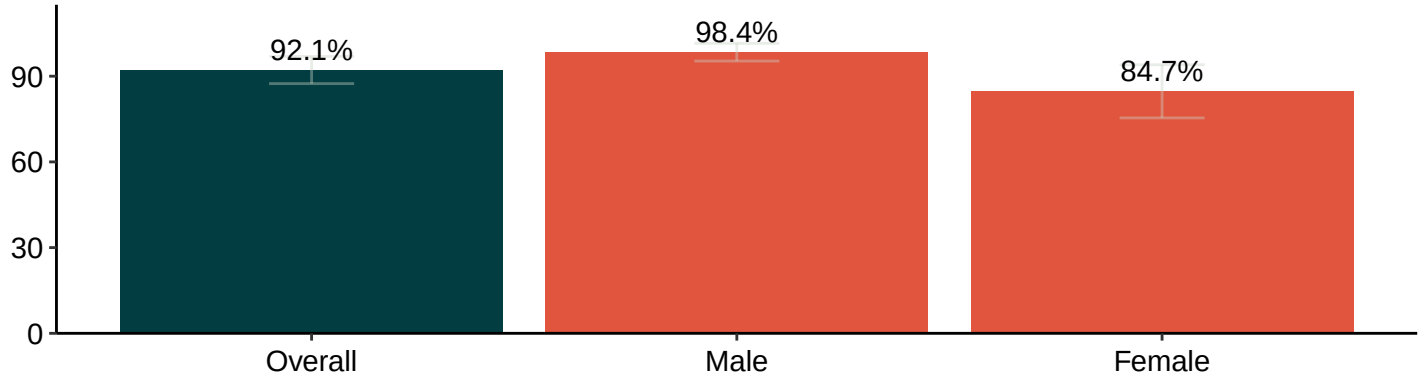
Note: Please see the next section (Personal Disapproval of Marijuana Use) for personal disapproval of use of a vaping device with marijuana.

Q67d: How wrong do you think it is for someone your age to use a vaping device with nicotine?

Personal Disapproval of Use of a Vaping Device with Nicotine, by Gender

	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	2.3	5.5	8.5	83.6
Male	0.0	1.6	12.7	85.7
Female	5.1	10.2	3.4	81.4

Respondent Feels Use of a Vaping Device with Nicotine Wrong or Very Wrong, by Gender

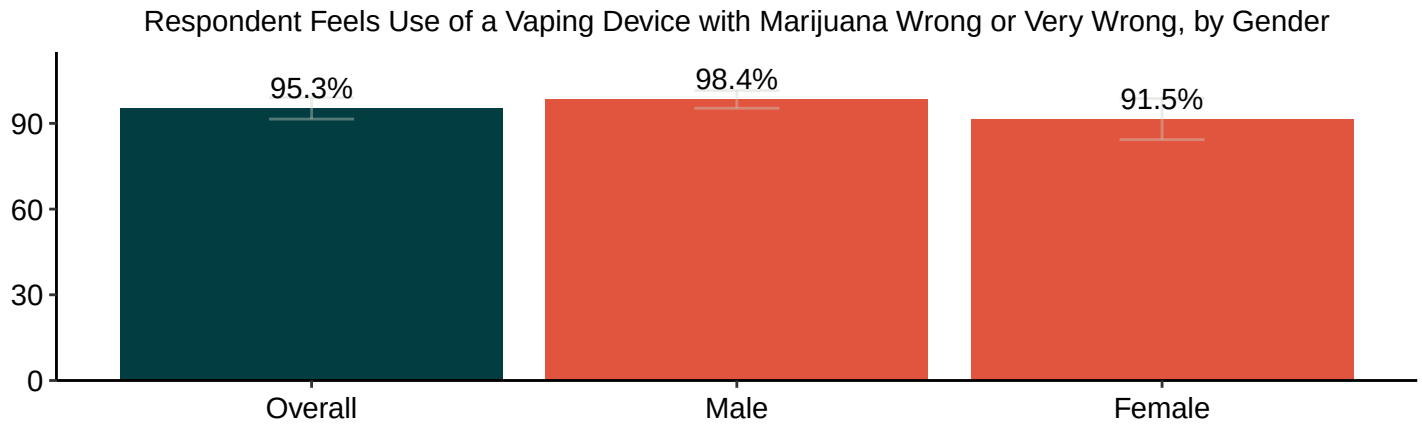


Personal Disapproval of Marijuana Use

Q67e: How wrong do you think it is for someone your age to use a vaping device with marijuana?

Personal Disapproval of Use of a Vaping Device with Marijuana, by Gender

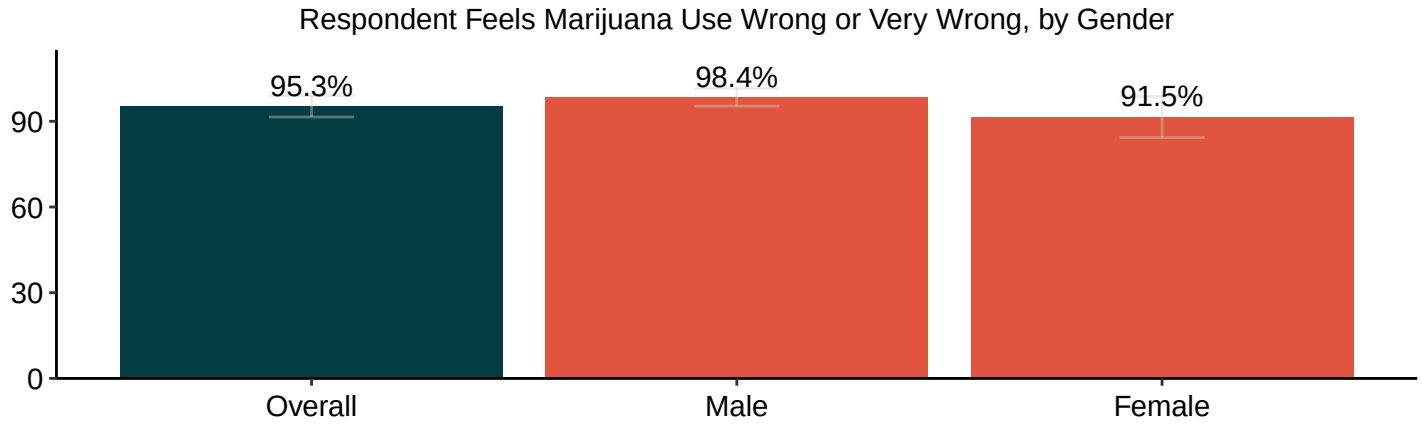
	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	1.6	3.2	9.9	85.4
Male	0.0	1.6	11.1	87.3
Female	3.4	5.1	8.5	83.1



Q67f: How wrong do you think it is for someone your age to use marijuana (some other way)?

Personal Disapproval of Marijuana Use, by Gender

	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	1.6	3.2	9.0	86.2
Male	0.0	1.6	9.5	88.9
Female	3.4	5.1	8.5	83.1

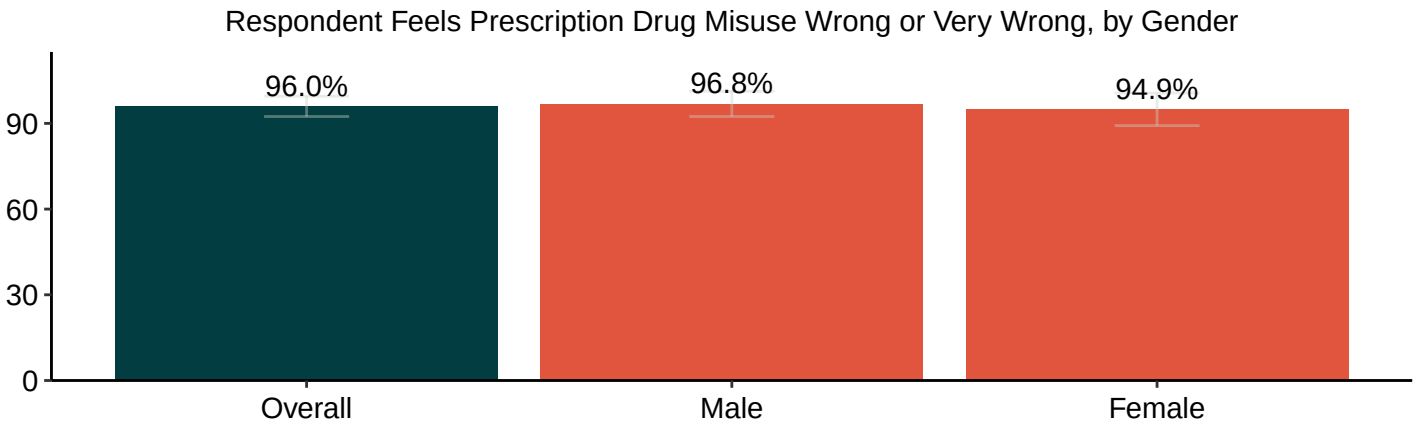


Personal Disapproval of Prescription Drug Misuse

Q67g: How wrong do you think it is for someone your age to use prescription drugs not prescribed them?

Personal Disapproval of Prescription Drug Misuse, by Gender

	Not at all wrong	A little bit wrong	Wrong	Very wrong
Overall	0.8	3.3	10.6	85.4
Male	0.0	3.2	9.5	87.3
Female	1.7	3.4	11.9	83.1


Respondent Feels Prescription Drug Misuse Wrong or Very Wrong, by Gender
96.0%
96.8%
94.9%
90
60
30
0
Overall
Male
Female

Perception of Risk

Perception of risk for each substance was defined using students' responses to the questions, "How much do you think people risk harming themselves physically or in other ways if they..." Students were asked to respond using a rating scale from "No risk" to "Great risk."

The tables for each substance display the percent of students (weighted proportions) who reported each rating option ("No risk," "Slight risk," "Moderate risk," and "Great risk"), shown by gender.

The bar graphs for each substance show the combined percent of students (weighted proportions) who reported either "Moderate risk" or "Great risk," shown by gender. Each bar also includes a light gray line that represents the lower and upper limit of the 95% confidence interval. Longer lines indicate that there is potential for more variation in the estimated value and shorter lines indicate less variation.

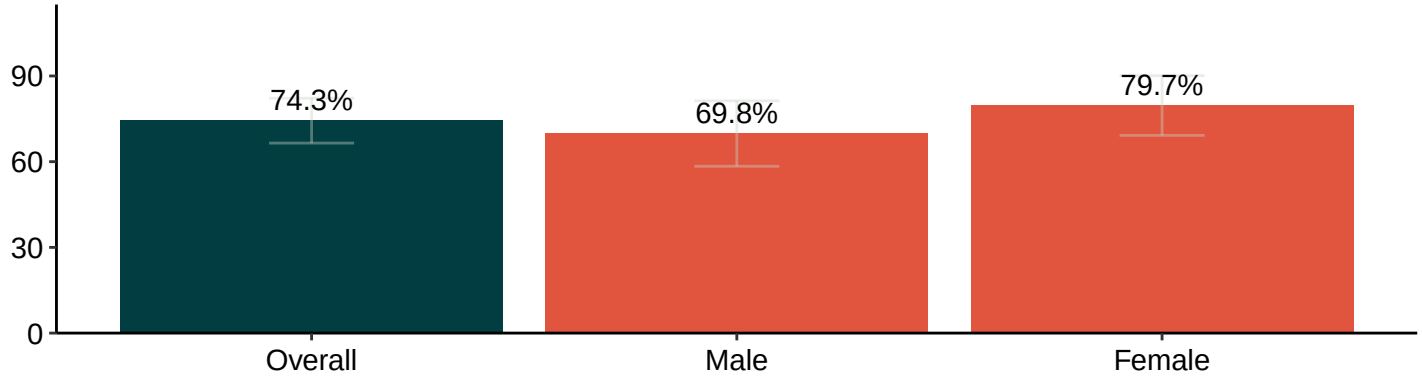
Perceived Risk of Alcohol Use

Q68a: How much do you think people risk harming themselves physically or in other ways if they drink alcohol?

Perceived Risk of Alcohol Use, by Gender

	No risk	Slight risk	Moderate Risk	Great risk
Overall	10.8	14.9	19.4	54.9
Male	11.1	19.0	15.9	54.0
Female	10.2	10.2	23.7	55.9

Perceived Risk of Alcohol Use Moderate or Great, by Gender

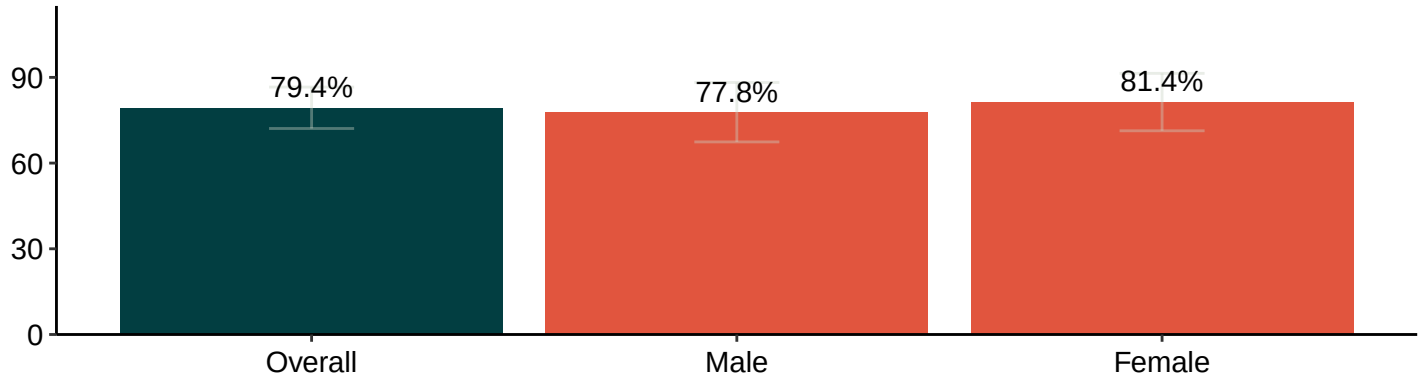


Q68b: How much do you think people risk harming themselves physically or in other ways if they have five or more drinks of an alcoholic beverage (beer, wine, liquor) once or twice a week?

Perceived Risk of Regular Binge Drinking, by Gender

	No risk	Slight risk	Moderate Risk	Great risk
Overall	7.5	13.1	10.6	68.7
Male	7.9	14.3	11.1	66.7
Female	6.8	11.9	10.2	71.2

Perceived Risk of Regular Binge Drinking Use Moderate or Great, by Gender



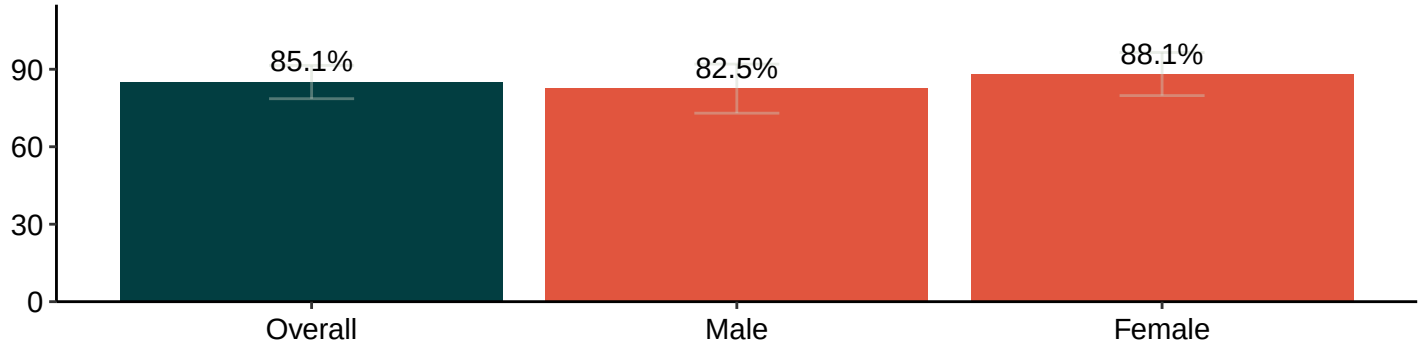
Perceived Risk of Tobacco Use

Q68c: How much do you think people risk harming themselves physically or in other ways if they smoke one or more packs of cigarettes a day?

Perceived Risk of Smoking One or More Packs of Cigarettes a Day, by Gender

	No risk	Slight risk	Moderate Risk	Great risk
Overall	8.3	6.7	13.0	72.1
Male	7.9	9.5	11.1	71.4
Female	8.5	3.4	15.3	72.9

Perceived Risk of Smoking One or More Packs of Cigarettes a Day Moderate or Great, by Gender



Perceived Risk of Vaping

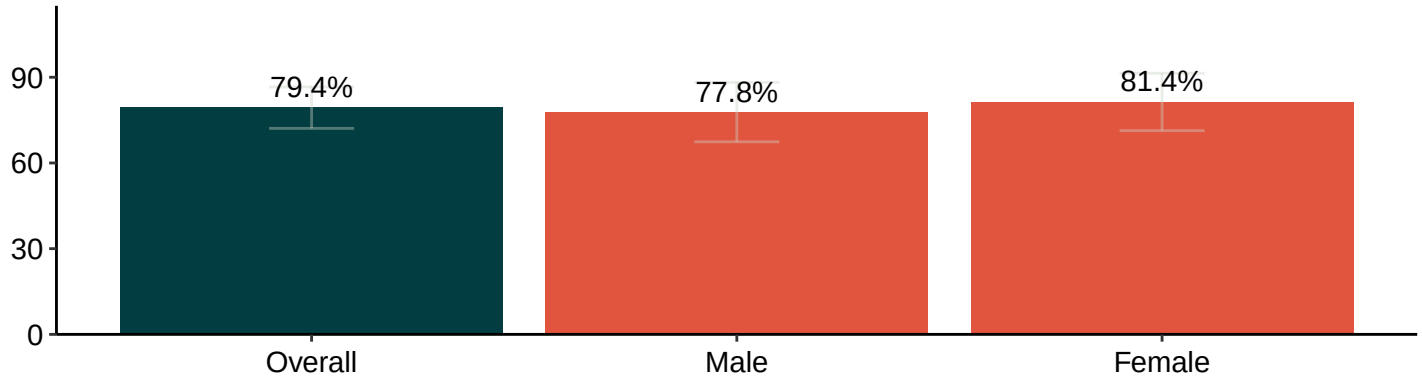
Note: Please see the next section (Perceived Risk of Marijuana Use) for perceived risk of use of a vaping device with marijuana.

Q68d: How much do you think people risk harming themselves physically or in other ways if they use a vaping device with nicotine?

Perceived Risk of Use of a Vaping Device with Nicotine, by Gender

	No risk	Slight risk	Moderate Risk	Great risk
Overall	9.2	11.4	14.0	65.4
Male	11.1	11.1	15.9	61.9
Female	6.8	11.9	11.9	69.5

Perceived Risk of Use of a Vaping Device with Nicotine Moderate or Great, by Gender



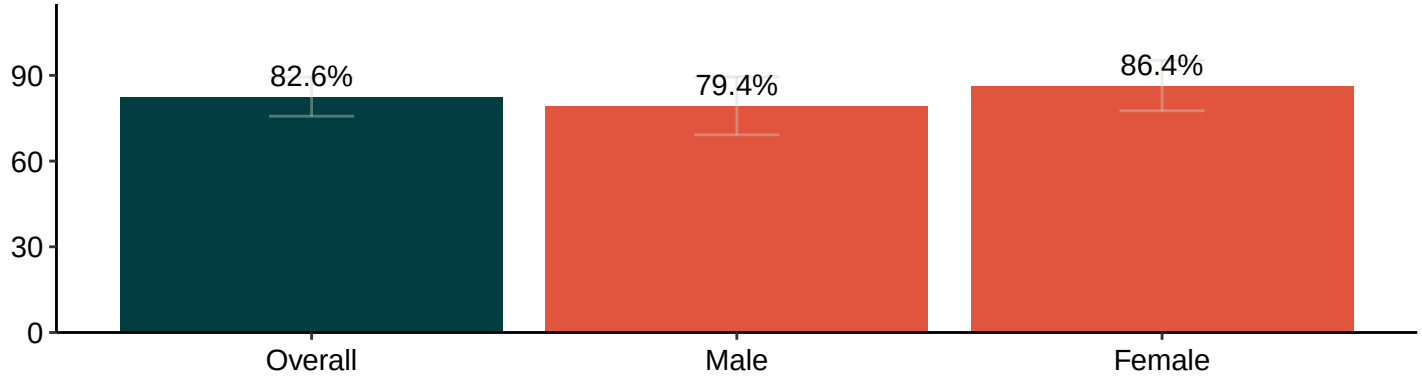
Perceived Risk of Marijuana Use

Q68e: How much do you think people risk harming themselves physically or in other ways if they use a vaping device with marijuana?

Perceived Risk of Use of a Vaping Device with Marijuana, by Gender

	No risk	Slight risk	Moderate Risk	Great risk
Overall	8.3	9.1	7.2	75.3
Male	9.5	11.1	4.8	74.6
Female	6.8	6.8	10.2	76.3

Perceived Risk of Use of a Vaping Device with Marijuana Moderate or Great, by Gender

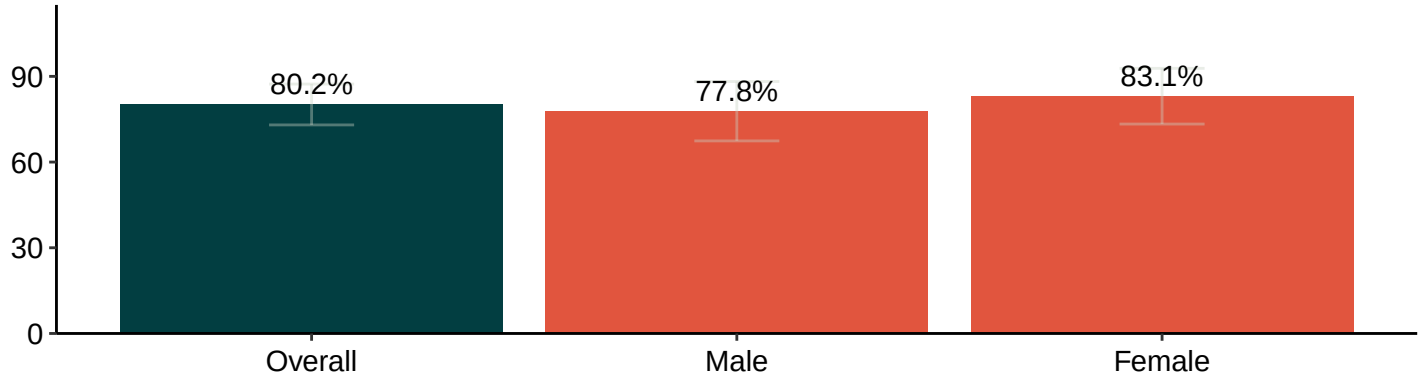


Q68f: How much do you think people risk harming themselves physically or in other ways if they try marijuana once or twice?

Perceived Risk of Trying Marijuana, by Gender

	No risk	Slight risk	Moderate Risk	Great risk
Overall	9.1	10.7	13.0	67.2
Male	9.5	12.7	11.1	66.7
Female	8.5	8.5	15.3	67.8

Perceived Risk of Trying Marijuana Moderate or Great, by Gender



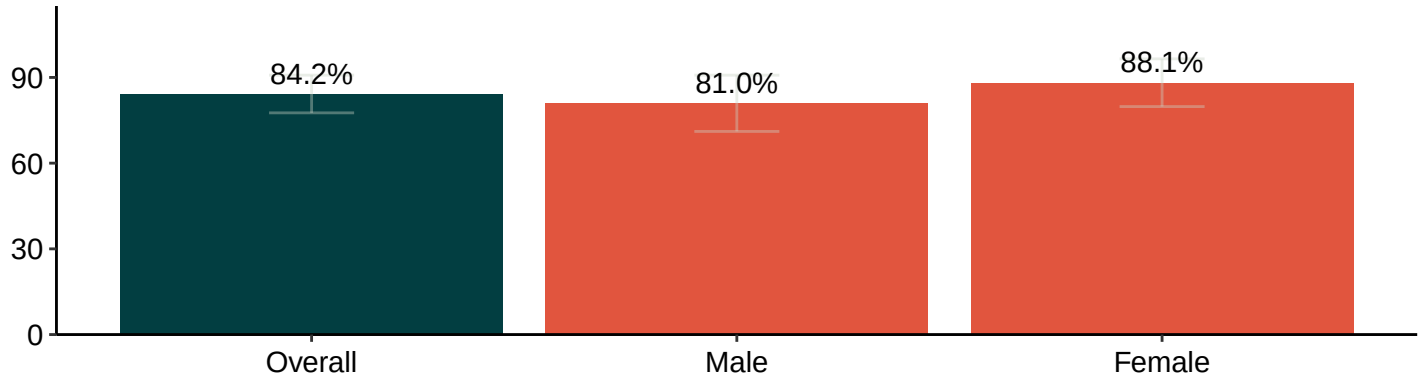
Perceived Risk of Prescription Drug Misuse

Q68h: How much do you think people risk harming themselves physically or in other ways if they use prescription drugs that are not prescribed to them?

Perceived Risk of Prescription Drug Misuse, by Gender

	No risk	Slight risk	Moderate Risk	Great risk
Overall	7.5	8.3	9.7	74.5
Male	7.9	11.1	7.9	73.0
Female	6.8	5.1	11.9	76.3

Perceived Risk of Prescription Drug Misuse Moderate or Great, by Gender

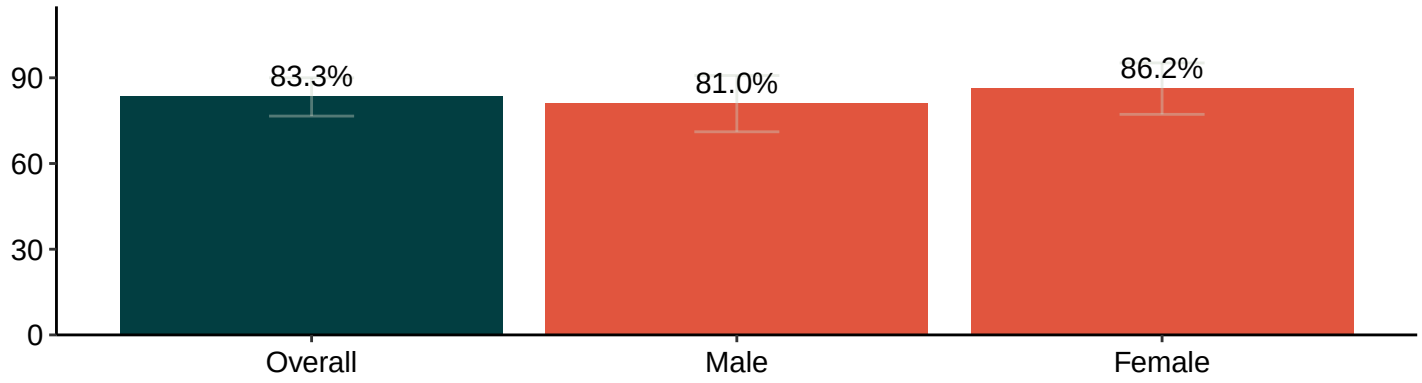


Q28g: How much do you think people risk harming themselves physically or in other ways if they smoke marijuana once or twice a week?

Perceived Risk of Regular Marijuana Use, by Gender

	No risk	Slight risk	Moderate Risk	Great risk
Overall	7.6	9.2	11.5	71.8
Male	7.9	11.1	11.1	69.8
Female	6.9	6.9	12.1	74.1

Perceived Risk of Regular Marijuana Use Moderate or Great, by Gender



Psychological Distress

Psychological distress was measured using the Kessler Psychological Distress Scale (K-6). This six-item scale asked students how often they have had six different feelings in the past 30 days.

The tables for each of the six scale items display the percent of students (weighted proportions) who reported each likert response option ("None of the time", "A little of the time", Some of the time", "Most of the time", "All of the time"), shown by gender.

The bar graph displays the weighted average scale score, shown by gender. Scale scores were calculated by adding up each respondent's responses to the six items. A response of "All of the time" was 4 points; "None of the time" was 0 points. For example, if a student reported feeling each of the six feelings "All of the time" s/he would have a score of 24. Therefore, higher scores on this scale indicate greater psychological distress. Each bar in the bar graph also includes a light gray line that represents the lower and upper limit of the 95% confidence interval. Longer lines indicate that there is potential for more variation in the estimated value and shorter lines indicate less variation.

Feeling Nervous

Q69a: Thinking about the past 30 days, about how often have you felt nervous?

Feeling Nervous in the Past 30 Days, by Gender

	None of the time	A little of the time	Some of the time	Most of the time	All of the time
Overall	20.9	21.9	25.6	15.4	16.2
Male	28.6	19.0	28.6	12.7	11.1
Female	11.9	25.4	22.0	18.6	22.0

Feeling Hopeless

Q69b: Thinking about the past 30 days, about how often have you felt hopeless?

Feeling Hopeless in the Past 30 Days, by Gender

	None of the time	A little of the time	Some of the time	Most of the time	All of the time
Overall	47.6	13.2	12.4	14.6	12.3
Male	55.6	12.7	12.7	9.5	9.5
Female	37.9	13.8	12.1	20.7	15.5

Feeling Restless or Fidgety

Q69c: Thinking about the past 30 days, about how often have you felt restless or fidgety?

Feeling Restless or Fidgety in the Past 30 Days, by Gender

	None of the time	A little of the time	Some of the time	Most of the time	All of the time
Overall	36.8	15.7	11.7	13.1	22.6
Male	50.0	9.7	11.3	8.1	21.0
Female	21.1	22.8	12.3	19.3	24.6

Feeling Depressed

Q69d: Thinking about the past 30 days, about how often have you felt so depressed that nothing could cheer you up?

Feeling So Depressed that Nothing Could Cheer You Up in the Past 30 Days, by Gender

	None of the time	A little of the time	Some of the time	Most of the time	All of the time
Overall	52.1	19.4	7.2	9.9	11.4
Male	60.3	15.9	3.2	12.7	7.9
Female	42.4	23.7	11.9	6.8	15.3

Feeling That Everything Was an Effort

Q69e: Thinking about the past 30 days, about how often have you felt that everything was an effort?

Feeling That Everything Was an Effort in the Past 30 Days, by Gender

	None of the time	A little of the time	Some of the time	Most of the time	All of the time
Overall	41.0	18.8	8.3	14.0	17.9
Male	42.9	19.0	6.3	15.9	15.9
Female	39.0	18.6	10.2	11.9	20.3

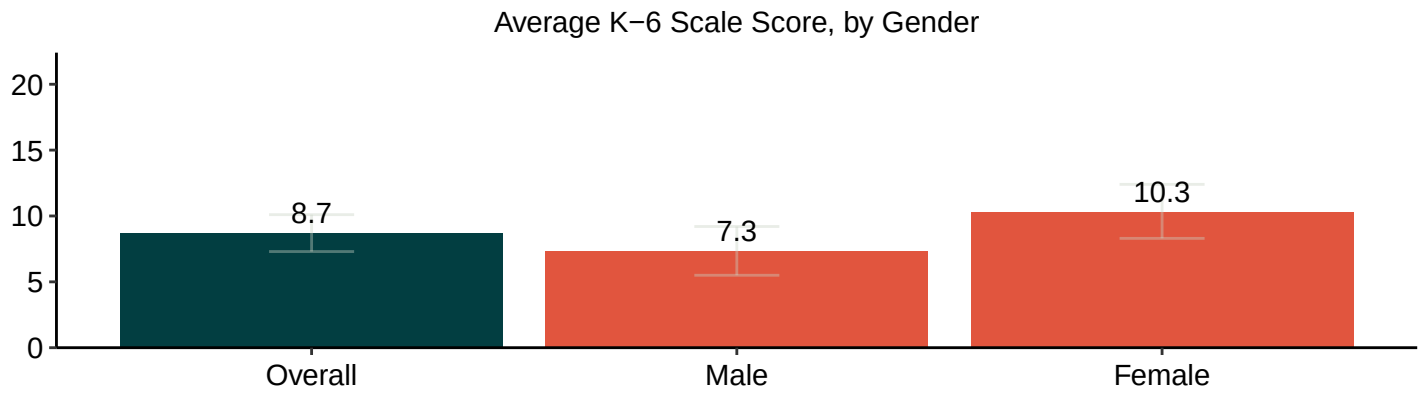
Feeling Worthless

Q69f: Thinking about the past 30 days, about how often have you felt worthless?

Feeling Worthless in the Past 30 Days, by Gender

	None of the time	A little of the time	Some of the time	Most of the time	All of the time
Overall	52.2	10.8	7.1	10.6	19.3
Male	61.9	14.3	1.6	11.1	11.1
Female	40.7	6.8	13.6	10.2	28.8

K-6 Scale Score



Family Communication about Substance Use

Family communication about substance use for each substance was defined using students' responses to the questions, "During the past 12 months, have you talked with at least one of your parents about the dangers of... [substance use]? By parents, we mean your adult guardians, whether they live with you or not."

The tables for each substance display the percent of students (weighted proportions) who reported no conversations (the "No" column), one conversation (the "Yes" column), and multiple conversations (the "Yes, more than once" column), shown by gender.

The bar graphs for each substance display the percent of students (weighted proportions) who reported at least one or more conversations, shown by gender. Each bar also includes a light gray line that represents the lower and upper limit of the 95% confidence interval. Longer lines indicate that there is potential for more variation in the estimated value and shorter lines indicate less variation.

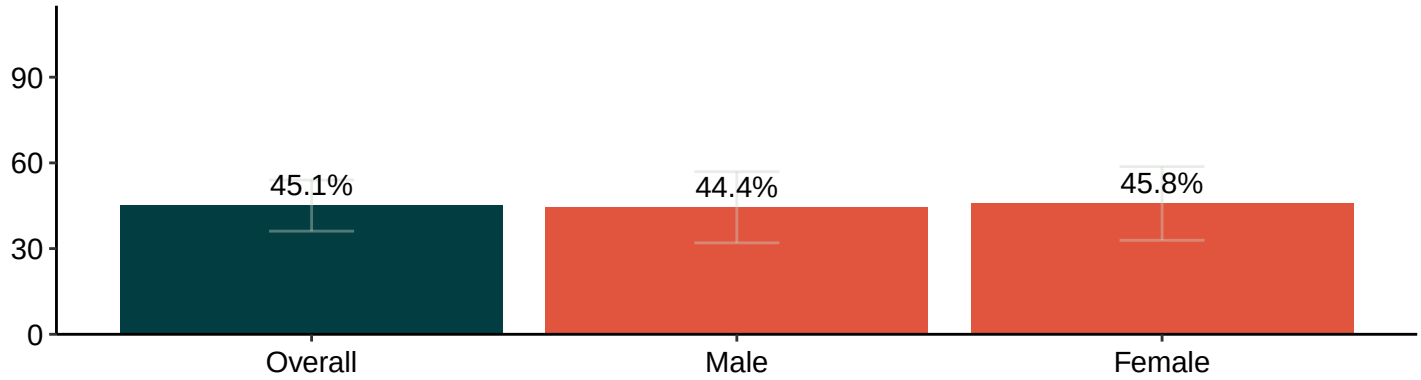
Family Communication about the Dangers of Alcohol, Tobacco, and Other Drug (ATOD) Use

Q70: During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use?

Family Communication about the Dangers of ATOD Use, by Gender

	No	Yes	Yes, more than once
Overall	54.9	26.2	18.9
Male	55.6	23.8	20.6
Female	54.2	28.8	16.9

Family Communicated about the Dangers of ATOD Use At Least Once, by Gender



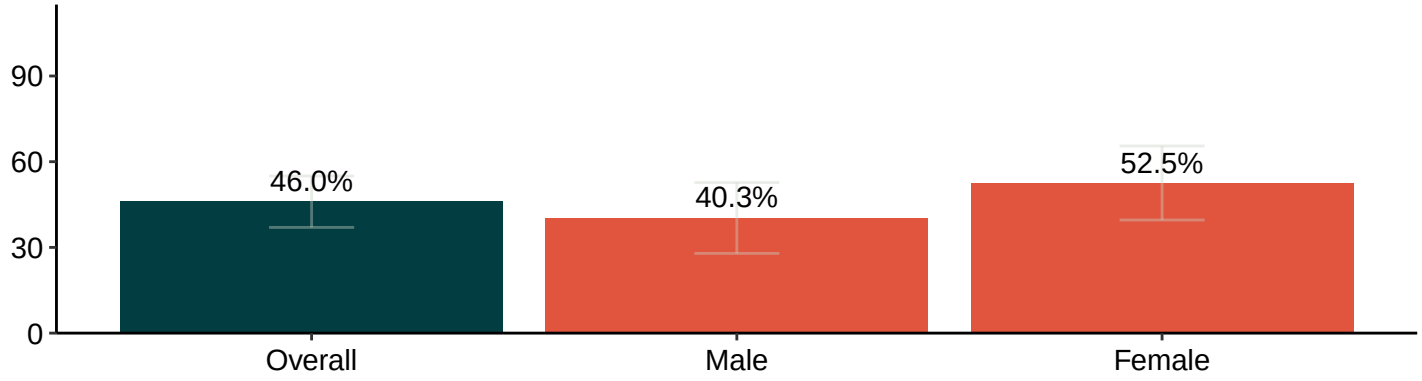
Family Communication about the Dangers of Vaping

Q71: During the past 12 months, have you talked with at least one of your parents about the dangers of vaping?

Family Communication about the Dangers of Vaping, by Gender

	No	Yes	Yes, more than once
Overall	54.0	32.8	13.2
Male	59.7	27.4	12.9
Female	47.5	39.0	13.6

Family Communicated about the Dangers of Vaping At Least Once, by Gender

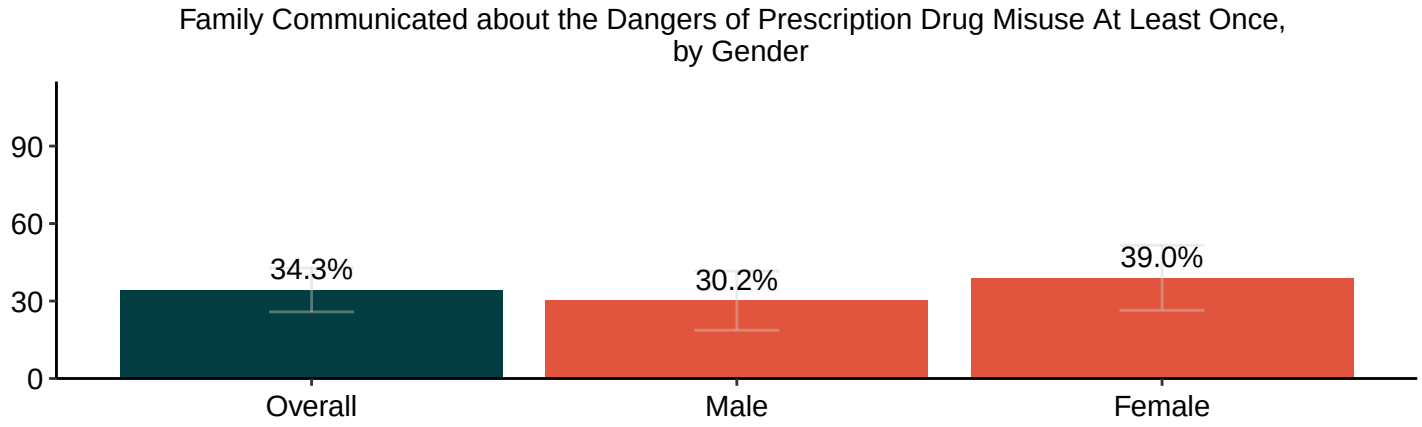


Family Communication about the Dangers of Prescription Drug Misuse

Q72: During the past 12 months, have you talked with at least one of your parents about the dangers of using prescription drugs not prescribed to you?

Family Communication about the Dangers of Prescription Drug Misuse, by Gender

	No	Yes	Yes, more than once
Overall	65.7	23.0	11.3
Male	69.8	22.2	7.9
Female	61.0	23.7	15.3


Family Communicated about the Dangers of Prescription Drug Misuse At Least Once, by Gender
90
60
30
0
34.3%
30.2%
39.0%
Overall
Male
Female

Exposure to Prevention and Other Messaging

Exposure to prevention messaging was defined using students' responses to the question, "During the past 12 months, do you recall hearing, reading, or watching an advertisement about the dangers of using prescription drugs not prescribed to you?" Exposure to other messaging was defined using students' responses to the question, "During the past 12 months, do you recall seeing anything online or on social media encouraging underage drinking, vaping, marijuana, or other drug use?"

The tables for each question display the percent of students (weighted proportions) who reported no exposure (the "No" column), one exposure (the "Yes" column), and multiple exposures (the "Yes, more than once" column), shown by gender.

The bar graphs for each question display the percent of students (weighted proportions) who reported at least one or more exposures, shown by gender. Each bar also includes a light gray line that represents the lower and upper limit of the 95% confidence interval. Longer lines indicate that there is potential for more variation in the estimated value and shorter lines indicate less variation.

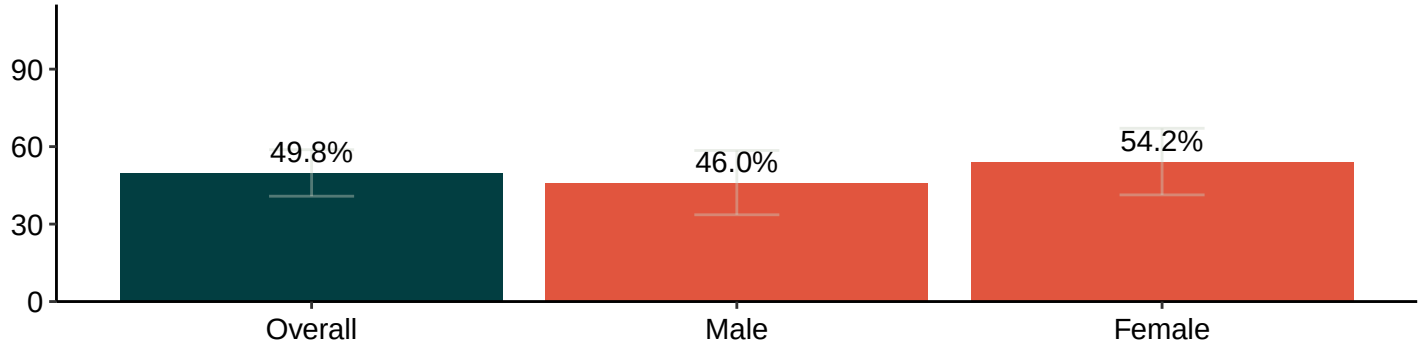
Exposure to Prevention Messaging about the Dangers of Prescription Drug Misuse

Q73: During the past 12 months, do you recall hearing, reading, or watching an advertisement about the dangers of using prescription drugs not prescribed to you?

Exposure to Prevention Messaging about the Dangers of Prescription Drug Misuse, by Gender

	No	Yes	Yes, more than once
Overall	50.2	31.8	18.0
Male	54.0	27.0	19.0
Female	45.8	37.3	16.9

Exposed to Prevention Messaging About the Dangers of Prescription Drug Misuse At Least Once, by Gender



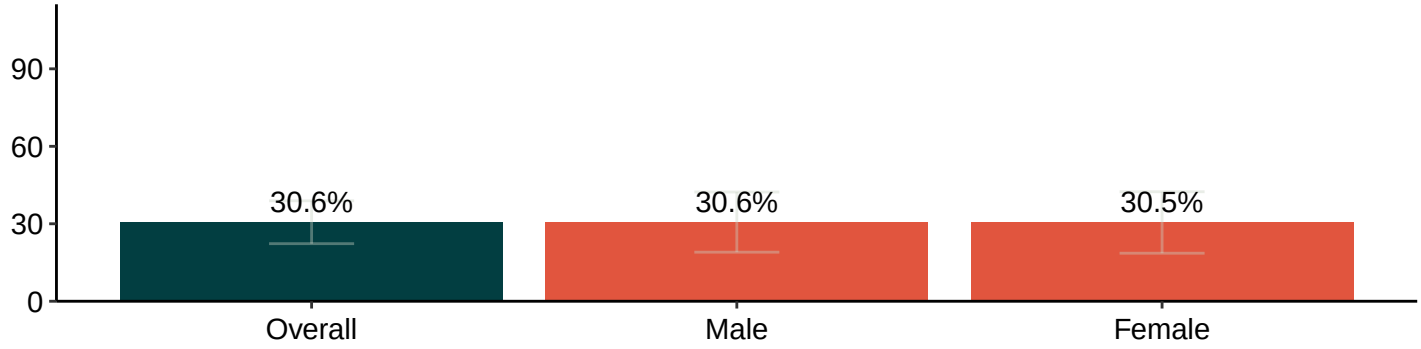
Exposure to Online Messaging Encouraging Underage Substance Use

Q74: During the past 12 months, do you recall seeing anything online or on social media encouraging underage drinking, vaping, marijuana, or other drug use?

Exposure to Online Messaging Encouraging Underage Substance Use, by Gender

	No	Yes	Yes, more than once
Overall	69.4	21.5	9.2
Male	69.4	19.4	11.3
Female	69.5	23.7	6.8

Exposed to Online Messaging Encouraging Underage Substance Use At Least Once, by Gender



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Additionally, we would like to recognize the Unicoi County Middle School administration, teachers, and other key school staff members who worked to implement this survey in their school. We would also like to thank the Unicoi County parents and students for allowing this survey to take place in your communities and for your open and honest reporting about these key metrics.

For questions about this report or the Unicoi County 6th-Grade Student Survey please reach out to Lacey Hartigan, PhD, Research Director at EMT Associates, Inc. (lacey@emt.org; 615-678-1037).